



Wheel of the Sangha

Volume 31 Issue 11 November 2012
A monthly publication by **Seattle Buddhist Church**
*May peace and tranquility prevail
throughout the world*

Seattle Buddhist Church

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This is a cover
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please scroll
down for
newsletter...

Ministers
Rimban Don Castro
24 hours: (206) 779 -2214
Reverend Jim Warrick

Seattle Betsuin Vision
*Embrace true and
real life
in Nembutsu*



Seattle Betsuin Mission
*Promote, protect, and
share the Buddha,
Dharma and Sangha*

Wheel of the Sangha
NEWSLETTER
Editors: English - Irene Goto
Newsletter@SeattleBetsuin.com
Japanese - Machiko Wada
Newsletter-Jpn@SeattleBetsuin.com

Saturday, November 3 **Seminar:** Rev. Ryo Imamura
"Psychological Benefits of Buddhist Thought and Practice" 10:00 am
to 4:00 pm see p. 10 [First Saturday Study Group is cancelled]
November 4 10:00 am **EITAIKYO MUEN HOYO SERVICE** with **Ochigo**
November 22, 23 Office Closed for Thanksgiving Holiday
November 25 10:00 am **FAMILY MUSIC SERVICE**

Saturday, November 3 Seminar with Rev Ryo Imamura: *Buddhism & Psychology*

<p>1 Temple Contact Information</p> <p>2 Calendar of Events, Newsletter Deadline: Monday, November 19, 2012 8:00 pm</p>	<p>3 President's Message</p> <p>4 SBC Women in Buddhism Conference Review, Thank You</p> <p>5 SBWA</p> <p>6 SBC Donations</p>	<p>7 Special Service Donations, Study Groups, Troop 252 Scouts</p> <p>8 Notes on Dharma Exchange, Membership, Scrip Fundraiser Program</p>	<p>9 Dharma School, Jr/Sr YBA, Lost and Found, SBBWA Calendar</p> <p>10 Musical Notes, Ryo Imamura Seminar</p>
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Betsuin Events for November 2012

EVERY SUNDAY All are invited:

- 8:45 am *MEDITATION SERVICE at 1441 S. Main St; Sutra Chanting, 20-minute meditation, discussion.
10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk
11:00 am DHARMA EXCHANGE – in dining room, Q/A, dialogue with minister and ministers assistants

EVERY WEDNESDAY **10:30 am DHARMA SUPPORT GROUP with Meditation WEEKLY

SUNDAYS *8:45 am Meditation Service Weekly!

November 4

- 10:00 am EITAIKYO MUEN HOYO SERVICE
with Ochigo Procession
Family: Rinban Castro
DSDX: Rinban Castro
DX: MA Irene Goto
Japanese Program
11:45 am SBBWA Board Meeting
1:30 pm Sangha Award Class (Rinban Castro)

November 11 Rinban Castro in Yakima for Eitaikyo

- Muen Hoyo Service
10:00 am FAMILY SERVICE AND
CHILDREN'S SERVICE
Children: MA Joe Schwab
Youth/Adult: Rev. Warrick
Japanese Program
DSDX: MA Joe Schwab
DX: Rev. Warrick
1:00 – 3:30 pm Minister's Assistant Seminar in
Yakima (Rinban Castro)

November 18

- 10:00 am FAMILY SERVICE
Youth: MA Irene Goto
Adult: Rinban Castro
Japanese Program
DSDX: TBD
DX: Rosalie Town and Matt May
11:45 am SBBWA General Membership Meeting
(Sokai) followed by Luncheon for SBBWA
Board of Directors (Irokai)
1:30 pm Sangha Award Class (Elliott Zimmerman)

November 25

- 10:00 am FAMILY MUSIC SERVICE
Youth: MA Joe Schwab
Adult: Rinban Castro
Japanese: Guest Speaker Rev. Yasuo Izumi,
Buddhist Temple of Southern
Alberta, Canada
DSDX: Rinban Castro
DX: MA Irene Goto
11:45 am SBBWA Board Meeting

MONDAYS

- November 5 Rinban Castro (Day Off)
November 12 Office Closed for
Veteran's Day Holiday

TUESDAYS

- November 6 Rinban Castro (Study Day Off)
November 13 7:30 pm Minister's Assistant Training
November 27 10:00 am **SBBWA/Betsuin Keiro Visit**
10:30 am Keiro Service (Rinban Castro)
7:30 pm Minister's Assistant Training

WEDNESDAYS **10:30 am Dharma Support Weekly!

- November 7 Rinban Castro (Vacation)
7:30 pm Dharma School Board Meeting

THURSDAYS

- November 1 1:30 pm Nikkei Manor Service
November 8 Rinban Castro (Vacation)
November 15 1:30 pm
Nikkei Manor Service (Rinban Castro)
November 22 Office Closed
for Thanksgiving Holiday
November 29 Rinban Castro (Study Day Off)

FRIDAYS

- November 2 12:00 pm **Gojikai Service/Luncheon Mtg**
November 9 Rinban Castro (Vacation)
November 16 10:00 am Shinran Shonin Monthly
Memorial Service (Rinban Castro)
November 23 Office Closed Day after Thanksgiving
November 23, 30 Rinban Castro (Days Off)

SATURDAYS

- November 3 10:00 am – 4:00 pm Seminar –
"Psychological Benefits of Buddhist Thought and
Practice" with guest speaker Rev. Ryo Imamura,
PhD, Professor of East-West Psychology at
Evergreen State College; registration on p. 10
November 10, 17, 24 Rinban Castro **vacation/day off**

DECEMBER 2012: Major Events of Interest

Sundays:

- Dec. 2 Bodhi Day Service/Potluck Luncheon
Dec. 9 Temple Clean up
Dec. 16 Betsuin Annual General Meeting

Saturday:

- Dec. 29 Mochi Making Betsuin Youth Groups

Monday: Dec. 31 New Year's Eve Service

<p><u>November Newsletter Deadline:</u> Monday, November 19, 2012 8:00 pm</p>
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President's Message By Yukio Morikubo

“Rockin” and “religious programming” might seem like they don’t fit in the same sentence, but they do at the Seattle Betsuin. Thanks to our dedicated Religious Department, the Betsuin continues to benefit from rich and varied programming that is both expanding Jodo Shinshu’s cultural boundaries as well as deepening its relevance to us in 21st century America.

Several highlights come quickly to mind. Earlier this year, the Department organized the Betsuin’s spring seminar around the theme of music in Buddhism. Kemi Nakabayashi, Lani Carpenter and others lead the planning and execution for this ambitious event. Thanks to their efforts, and the contributions of out-of-town friends Rev. Harry Bridge and Dii Lewis, we were treated to an experience that stretched the boundaries of what services and seminars at the Betsuin look like. It wasn’t exactly a “Sister Act” moment but it came close, and it opened up a new way (at least for the Seattle Betsuin) of conveying and comprehending the Dharma.

Also earlier this year, Alan Hoshino, chair of the Religious Department, helped to coordinate an extended visit by Rev. Kenji Akahoshi. Rev. Akahoshi, a retired dentist with a deep interest in and understanding of the Buddha Dharma, has done much to help translate the abstract concepts of Buddhism and particularly Jodo Shinshu into words that modern English speakers can understand. He is helping to advance new images and cultural



references that better convey Jodo Shinshu principles to a generation of followers that is less culturally Japanese than ever before.

And just recently, the Betsuin -- with the leadership of a number of a number of strong women including Irene Goto, Machiko Wada, Shizue Yahata, And Oxrieder and Gail

Kamanishi – held our fall women’s conference with the theme of Being Buddhist in a Christian Society: Focus on Women. The seminar featured three prominent women teachers – Dr. Sharon Suh from Seattle University, Rev. Patti Oshita from Sacramento, and Rev. Dr. Shoyo Taniguchi. It was a thought-provoking conference that attracted more than 100 participants. Given the controversy of the role of women in other religious organizations, it felt comfortably free of feminist foment and instead focused on fostering understanding and self-awareness.

I hope you’ll take advantage of the religious programming offered by the Seattle Betsuin. The programming is only relevant to you if you make the effort to participate.

Our Religious Department is entirely comprised of volunteers who work simply to enable all of us to access the storehouse of wisdom that is the Buddha Dharma. Thank you to all of our Religious Department volunteers and our other members who give their time, effort and creative energy to make our programming dynamic and relevant. Gokuroosama!

THANK YOU FOR ATTENDING



THE FIRST WOMEN IN BUDDHISM SEMINAR AT SEATTLE BETSUIN HELD ON SATURDAY, SEPTEMBER 29, 2012

See page 4 for an article by Midori Takagi

Seattle Buddhist Temple Fall Conference, “Being Buddhist in a Christian Society: Focus on Women,” September 29, 2012 by Midori Takagi

Last month the Seattle Buddhist Temple held a day-long conference on “Being Buddhist in a Christian Society: Focus on Women,” which featured three engaging speakers: Reverend Patti Oshita from the Buddhist Church of Sacramento, Dr. Sharon Suh, Chair and Associate Professor of Theology and Religious Studies at Seattle University, and Reverend Dr. Shoyo Taniguchi from the Southern Alameda County Buddhist Church.

Dr. Suh gave the keynote address, which kicked off the entire Saturday event. She discussed the meaning of being a Buddhist in a Christian society and how the teachings and philosophy of Buddha are still misunderstood by western society. Many non-Buddhists, for example, imagine American-based temples are filled with robed monks sitting on *zabutons*, chanting and meditating in a foreign language. Dr. Suh also pointed out that many scholars and students of Buddhist studies mistaken the teachings to be solely an intellectual pursuit and have little to do with the “real” world and issues of social justice. The combination of these two misperceptions affects the Betsuin and its members by perpetuating the notion that Shin Buddhism is foreign and exotic (e.g. not American), and that the teachings of Buddha are other-worldly and not applicable to daily life.

The session presentations following the opening address offered participants three different ways to think about being a Buddhist: on an everyday level, through an ethnographic approach, and a neurological perspective. Reverend Oshita, for example, encouraged everyone to be mindful of larger and more important things and not get bogged down by the mundane. As an example Rev. Oshita related the experience of her mother’s death. During this trying time, Rev. Oshita felt only the love for her mother and was grateful for the time they had together. This experience also demonstrated how the everyday petty arguments between parents and children are meaningless when one focuses on love, gratitude and the impermanence of life. To help the audience be mindful of these lessons, Rev. Oshita challenged everyone to spend 24 hours without complaining – a “no *monku*” day – as a way to become more aware and appreciative.

Reverend Dr. Shoyo Taniguchi presented the “science” behind compassion and happiness. She referred to recent medical studies that show Buddhist practices can physically promote happiness and well-being. According to scientists, the more compassion one demonstrates towards others helps reduce the ego and self-centeredness, which are common sources of unhappiness. One particular study found that individuals who help others are happier and healthier than their counterparts who either complain or selfishly indulge themselves.

Dr. Suh, in her solo session, further discussed the issues of being a Buddhist in a Christian society based on her personal and academic experiences with Korean American Buddhists in Los Angeles. Korean American Buddhists, for example, struggle to maintain their beliefs and identities on two fronts: within the larger non-Asian Christian society as well as within the largely Christian Korean American community. Korean American Buddhists often do not publicly speak about their beliefs to non-Asians in order to seem more “American,” nor to fellow Koreans in order to seem more “Asian.” Dr. Suh notes that most Asian American Buddhists experience similar feelings of marginalization within the larger American society, but also within their own temples as more non-Asians join the *sanghas*.

While the presentations were thoughtful and thought-provoking, the issue of women in Buddhism was not really discussed. Other than the fact that all three presenters were women, gender was implied, but was not a focus. Aside from this omission, this event was a wonderful success and the fact that one hundred people registered to attend is a clear indication that the conference should be an annual occurrence.

Thank You, SBBWA, for celebrating Eshinniko and Kakushinniko and for inviting Reverend Patti Oshita for this observance. Her invitation was the seed for the first Women in Buddhism Conference at Seattle Betsuin. SBBWA members donated refreshments, hospitality, (Aiko Fujii and Yoshie Dodobara), time and manpower, including Junko Nakano and Ritsuko Kawahara who helped with lunch, tea and clean up. In addition, Karen and Yukio Morikubo donated beverages and The Betsuin Choir opened our event with two numbers, (see p. 10 Musical Notes). Alan Hoshino advised us throughout – *namoamidabutsu!* Jr/Sr. YBA and the Friday night basketball players helped with set-up and Ed Kato was our A/V man. Reverend Yukawa assisted us in transportation and hospitality. Julie Mayeda and Akico Taniguchi were our photographers. Joan Nakano played a huge role. The Planning Committee thanks all of you and all others who lent a hand. Namō Amida Butsu. Submitted by Irene Goto

Seattle Betsuin Buddhist Women's Association

President's Message Submitted by Janet Baba
Seminar Focused on Women: The Fall Buddhist Women's Seminar held on September 29 was a resounding success. Over 100 women and several men attended the first women's conference, "Being Buddhist in a Christian Society: Focus on Women." Our speakers were Rev. Dr. Shoyo Taniguchi of Southern Alameda County Buddhist Church, Dr. Sharon Suh, Seattle University, and Rev. Patti Oshita of Buddhist Church of Sacramento. Dr. Suh gave the opening address followed by three sessions, with a Question/Answer Panel. The Seattle Betsuin Choir performed musical selections. This meaningful and educational conference was sponsored by our Seattle Buddhist Church *Nishi Hongwanji-ha* and the Seattle Betsuin Buddhist Women's Association. Seminar Committee members were Rimban Don Castro, Irene Goto, Gail Kaminishi, Ann Oxrieder, Machiko Wada, and Shizue Yahata.



Dr. Suh, Rev. Oshita and Rev. Dr. Taniguchi at the Fall Buddhist Women's

Eshinni-ko and Kakushinni-ko Service: SBBWA sponsored the annual Eshinni-ko and Kakushinni-ko service as a memorial tribute to two inspirational Buddhist women. Rev. Patti Oshita delivered a moving Family Dharma Talk, and Rev. Dr. Shoyo Taniguchi spoke at the Japanese Language Service. The offertory received from this service will be donated to the youth groups of our temple.

Federation Conference of BWA: The 42nd Conference was held in San Jose, California on October 12-14 sponsored by the Coast District. Twenty-two SBBWA members accompanied by Rimban Castro traveled for this inspirational event titled, "Diversity in Oneness, Oneness in Diversity." A wide variety of workshops were offered ranging from "Why I Am Jodo Shinshu Buddhist," "Women in Diverse Religious Roles," to Qigong. Official Delegates and General Meetings were held. Four-hundred-sixty members, ministers, and family took

part in this successful conference to deepen our appreciation of the Buddha Dharma.



Seattle BWA Delegation
at the Federated FBWA Conference in San Jose

Orion Center Dinner: Our members prepared and served dinner to 35 homeless youths on September 21. A balanced meal was planned by members, Gwen Florence, Gail Suzaka, Susanne Umeda, with help by Jameson Florence, Kelsey Florence, Tyler Moriguchi, and Marianne Wick.

Cooking Class: *Takikomi* Rice Making Class was taught by Norigiku Horikawa on Oct. 10. Eight members learned how to make this rice dish with vegetables and kombu dashi flavoring. Matsutake gohan can also be made with this recipe. This healthy rice is perfect for the autumn season. Upcoming classes are a Card Making Class given by Darlene Shimizu on Oct. 24 and a Medicare Update Class is offered by Cho Shimizu on Nov. 7. Sign-up sheets can be found in the temple hallway.



Takikomi Rice cooking class taught by Norigiku

Donations - Submitted by SBBWA Treasurer Shizue Kaku

Tomi Zumoto – Donation designated for Future SBBWA Seminars

Please find the SBBWA Calendar on page 9

Submitted by Joan Nakano

The Seattle Betsuin Gratefully Acknowledges the Following Donations for September – October 2012

Funeral / Memorial / Nokotsudo:

Minoru Mihara – 33 rd Year Memorial Service	\$ 500	Akihiko & Tome Mihara
Takeo Katayama – Memorial Service	\$ 500	Mary Katayama
Cherrie Tsubota – 3 rd Year Memorial	\$ 500	Charlene & Curtis Nakayama
Noritoshi Higashi – Interment Service	\$ 300	Kimiye Higashi
Fumiko Ekinaka – Memorial Service	\$ 300	Sandra Nakamura
John Sumida – 1 st Year Memorial Service	\$ 300	Florence Sumida
Nokotsudo - Nobuyoshi Kano	\$ 100	Tamako Niwa Kano
Nokotsudo	\$ 100	Grace Brundige

Given by:

Remembrances for:

Ron Hanada	Masaru & Anna Tahara
Noritoshi Higashi	Ritsuko Kawahara
Takeo Katayama	Judith & Yoshio Nakamura; Judy Suto
Asamitsu Maeshiro	Ritsuko Kawahara
Saburo Sakamoto	Irene Saito
John Sumida	Irene Saito; Leslie Sumida
Thomas Yamaguchi	Gene & Yuki Arinobu (correction)
Tatsuya Yamamoto	Nobuko Otsuji
Dick Yoshimura	Gene & Yuki Arinobu (correction); R. Alan & Kristin Bushley; Bud & Charlene Ishida; Kris & Keiko Kosugi; James & Amy Matsuoka; Albert & Fran Shintaku; Kiyoko Takashima; Barbara Wakazuru

Given by:

Temple Supervision:

Yakima Buddhist Church	\$ 200
Spokane Buddhist Church	\$ 100

Wedding Vow Renewal

Andrew McConnell & Helen Maynard	\$ 100
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Other Donations:

<u>Donor:</u>	<u>For:</u>
Yoko Muramatsu	Offering in Memory of Great-Grandfather Rev. Ehan Fujiyeda
First Hill Lions Club	General Donation
Nelson Harano	Appreciation for Facility Use
Reiko Hara	General Donation – United Way, Nordstrom
Laverne Imori	General Donation – United Way, Nordstrom
Gary & Madeline Kato	General Donation – United Way, Nordstrom
Mary S. Shigaya	Donation for Onenju Repair
Mark & Haru Hirota	General Donation
Mike & Debbie Akiyama	General Donation
Steven Reed & Marianne Nakahara	Memorial Donation

Special Service Donations The Betsuin gratefully acknowledges the donations received for the following special services. If your name is not listed, the donation may have been received after the deadline for this newsletter and will be listed in the next edition. Please accept our apologies for any inadvertent misspelling of names:

Ohigan – Fall Aisaka, Steven; Aramaki, Hanako; Aratani, Lauren Asaba -; Asaba, Marian; Baba, Janet; Brundige, Grace Tazuma -; Chadwick, Tsuyako; Deguchi, Jene; Deguchi, Mae; Desaki, Yasuko; Dodobara, Kenny & Yoshie; Doi, James; Fujii, Minoru & Aiko; Fujino, Suteko (Sue); Fujita, Florence; Fujita, Lutes; Fujita, Nobuichi & Sachiko; Fukeda, George & Toshiko; Fukuhara, Mitsuko; Furuta, Mary Y.; Habu, Jack & Fumi; Hamakawa, Ron; Hamanaka, Yoko; Hamatani, Jane; Hanada, Miyuki; Hanada, Peggy; Hara, Reiko; Harada, Setsuko; Harano, Nelson; Hasegawa, James & Hiroko; Hatai, Susan; Hirasawa, Amy; Honmyo, Mas; Hoshino, Alan A.; Ichikawa, Satoru & Grace; Ise, Haruo Hal; Isomura, Toshiko; Jeffereis, Gail Kaminishi -; Kaku, Dale & Shizue; Kashima, Tetsuden & Cecilia Kanako; Kashiwa, Ann T.; Katayama, Takeo & Mary K.; Kato, Edward & Joyce; Kato, Kazue (Katie); Kawaguchi, Miyoko; Kawahara, Ritsuko; Kawamoto, Masako; Keltner, Marc & Janice Nakamura -; Kido, Momoko; Kikuchi, Shizue; Ko, Jeffrey & Tina Zumoto -; Kobuki, Haruko; Kogita, Paul & Takako; Kojima, Esther; Komoto, Frank; Kosai, June (Yoshie); Kubo, Masayoshi & Masako; Kunihiro, Carolyn; Kuramoto, Daisy Toyoko; Kuwahara, Kinue; Litz, John; Mano, George & Irene; Mano, Mariko; Matsubayashi, Hugh; Matsui, Jack T.; Mayeda, Julie; McKinney, Susan Taketa -; Mitchell, Lisa Kumasaka -; Miyauchi, Takiko; Mizuki, Helen; Morikubo, Yukio & Karen; Morimoto, Eiichi & Ruth Shigeko; Nakabayashi, Kemi; Nakamura, Ted; Nakamura, Yoshio & Judith; Nakanishi, Kiyoko; Nakano, Craig & Joan; Nakano, Junko; Nishikawa, Noriko; Nishimura, Hiro & Dorothy; Nishizaki, Akio & Mabel; Ohtani, Michiye; Okada, Emiko; Okamura, Ray & Mineko; Osako, Yasumi; Otsuji, Nobuko; Oye, Sunako (Sunkie); Sakamoto, M. Karry; Sako, Masako; Sakuma, Pauline; Sawyer, Paul; Shibata, Dennis M.; Shigaya, Harry & Teruko (Terrie); Shigaya, Kenneth; Shigaya, Mary S.; Shimada, Shirley; Shimbo, Ben & Etsu; Shimizu, Haruko; Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shintaku, Albert & Frances; Sordetto, Gayle; Sumida, Florence; Sumida, Leslie; Suzaka, Gail; Tahara, Masaru & Anna; Takamura, Kuniko; Takashima, Kiyoko; Takemura, Yoshiaki & Naomi; Taketa, Haruso & Sonoe; Taketa, Jean; Taki, Noboru & Takako; Tanaka, Rikuko; Tanaka, Tom; Taniguchi, Fumiye; Taniguchi, Martha (Masayo); Taniguchi, Theodore & Akico; Tanino, Katsumi & Terrie; Tanino, Ryomi; Tazuma, Miyoko; Terada, Allan & Kayoko; Terada, Calvin J. & Yvette; Terada, Janet; Terada, Joe & Hideko; Terada, Ronald & Suzuko; Teramoto, Margaret; Teramoto, Stuart; Tomita, Paul & Mabel; Uchida, Sam & Masako; Uyenishi, Tazuko; Vaart, Michiko Jean; Wada, Machiko; Watanabe, Keiko; Yahata, Shizue; Yamaguchi, Fumiko; Yamasaki, Fujie; Yamasaki, Steve & Valerie; Yamashita, Dennis; Yanagimoto, Michiko; Yasui, Ayako (Ruby); Yokota, Sumie; Yokoyama, Kevin & Kari Ann; Yorita, Takako; Yoshida, Fuyo; Yutani, Nobuo; Zumoto, James & Tomiko;

Hatsubon / Obon: Sakamoto, Kengo; Suguro, Nori

Study Groups at Seattle Buddhist Temple

November 3 Study group will be cancelled due to the Seminar with Reverend Ryo Imamura. Please attend his seminar; the flyer/registration is on page 10.

November 20 Third Tuesday Study Group – please call the office for current updates. – IHG



BOY SCOUTS OF AMERICA®

Boy Scout Troop 252 Troop 252 recently went camping at Camp Pigott on October 5-7. We had a great time and we look forward to next year. Also, we would like to thank everybody who came out to support our beef bowl and locomoco plate lunch fundraisers. They were both a great success! Finally, the troop looks forward to going on our camping trip this November at the temple North Bend property. In Gassho, Alex S

NOTES FROM DHARMA EXCHANGE

Oct. 7, 2012 - Joe Schwab, MA, led the DX. . . A participant passed a book of photos and history from the Museum of International Folk Art, Santa Fe, NM. The photos were of outstanding artwork done by Japanese Americans while incarcerated. . . A participant queried, "how do we feel about the non- elected candidate?" Rev. Warrick responded, "rely on the Four Noble Truths" for difficult questions. . .

A participant urged everyone to vote in this election. . . Buddhism is about living the life of the Nembutsu. . . A participant charged Rev. Jim Warrick with investigating an invitation to former Betsuin member, Rev. Kurt Rye, as guest minister.

Oct. 14 - Rev. Jim Warrick led the DX, and expanded his Dharma talk further on paying attention. He described his trip through a desolate 100 miles in Wyoming on a business trip where he saw a sign that admonished drivers to "Pay Attention or Pay the Price." A bit later another sign cautioned, "Slow to 45 MPH." He wondered why but complied as he approached a hill. At the bottom of the hill was unexpected gravel that an 18-wheeler hit and ended up in a ditch. The driver had no injuries, but the truck was damaged. . . He commented that Buddhism is our life and the only life we know how to live. Sensei said it is hard to hold several thoughts simultaneously. He feels that Amida Buddha resides right here, right now in the present moment. . . A participant reminds her five year-old to "know where your hands and feet are while playing on monkey bars.



In gassho, Pat Bobrow

ON BEHALF OF THE MEMBERSHIP COMMITTEE... We would like to **"thank"** the following **regular members**, for contributing at least the minimum annual Ijikai dues (the basic dues toward the Temple maintenance/operations). This is a list of those paid members that have paid for the 2012 fiscal year since our last posting:

Steve Aisaka; Jim & Louise Akizuki; Sarah Aoki; Jim Canfield; Leonora Clarke; Patrick & Joann Eng; Kelly Enstrom; Mark Fordham; George & Toshiko Fukeda; Cathleen Goshō; John & Lynda Hamakami; Frances Hamanishi; Robert Hamatani; Reiko Hara; Nelson Harano; Steve Hasegawa; Tom Hasegawa; Cyrus & May Chin-Honmyo; David Ichikawa; Hal Ise; Gail Kaminishi-Jeffereis; Ed & Joyce Kato; Nina Tomita-Kato; Noburo & Hatsuye Kawada; Masako Kawamoto; Sanaye Kawamura; Pat Kihara; Paul & Janet Knutzen; Jeff & Tina Ko; David & Dianne Kosai-Lee; John Litz; Howard & Marie Kosai-Luke; Teruo Maruk; Takashi Matsui; Duane & Ann Mayeda; Susie Taketa-McKinney; Paul & Teresa Mori; Ken & Jean Moriyama; Corey & Claire Murata; Kiyoko Nakanishi; Junko Nakano; Akira Nakashima; Craig & Dana Nakashima; Ryan & Stacy Nakata; Curtis & Charlene Nakayama; Tsukasa & Keiko Namekata; Dorothy Nishimura; Donna Nobuyama; Michiye Nomura; Stephanie Ojima; Barry & Marlene Okada; Gerald Quintua; Aiko Shimizu; Sono Sakaguchi; Paul Sawyer; Judy Suto; Gail Suzaka; Kazue Tagami; Ysuko Jean Takano; Elmer Tazuma; Michael & Gayle Teramoto; Paul & Mabel Tomita; Tatsuko Tsunehara; Fumiko Yamaguchi; Masao Yamaguchi; Mitsuo Yamamura; Ronald & Kiyoko Yoshida; Mark Yuasa

THANK YOU, to all our members, for your continued support during this past year! - Steph Ojima

Seattle Buddhist Church Scrip Program Thank you to those of you that have signed up for the scrip program at a designated local drug store. The Temple receives a percentage of your eligible purchases as a direct contribution from the vendor as their way to support non-profit organizations in the community with funds deposited directly into the Temple's bank account. Monthly contributions since starting in the late Spring of this year have been around \$15 - \$20 per month. Sign-up is easy and the Temple's group number can be found on the form in the Temple's foyer. Please complete the form, take it to the store and start having a percentage of your eligible purchases contributed to the Temple. The contribution is from the store and is not an additional amount added to the cost of your purchases. Submitted by H. L.

Dharma School submitted by Joyce Tsuji

Dharma School hosted the Hatsumairi celebration on October 28. A big welcome to those who participated in our Hatsumairi or “first visit to temple” ceremony. Also thanks go out to the volunteers who helped with the festivities, including picture taking, service program, certificates, and refreshments.

Classroom Reports

1st/2nd grade

We decided on rules we could all follow and signed our classroom contract. We decorated our “thank you” books where we will write things we are thankful for and started with our first entry. We discussed the frog mind and made frog puppets so we could demonstrate the proper and improper ways of behaving in temple, including service etiquette and also how the frog mind helps us outside of church. Finally we have begun our discussion of the Golden Chain, defining the words and concepts. We made our own golden chain with links where we wrote our names and those of people we are connected to. We will continue with this next month. Come to our room to see our chain up around our globe.

6/7/8 grade class

Our 6/7/8 class visited the 3/4/5 class to share the 6 Paramitas as the focus on Ohigan continued. It was an interactive session as we all reinforced our understanding of the Paramitas. We also shared the game portion of our lesson with the Pre-K, K class. At the end of the month we held our always popular Dana (giving) Halloween party for the Infant/Toddler, Pre-K,K and 1/2...we were very busy.

Junior and Senior YBA

Host Reverend Bob and Reverend Patti

Members of Junior and Senior Young Buddhist Association at Seattle Betsuin enjoyed dinner and fellowship with Rimban Bob Oshita and Reverend Patti Oshita advisors of the Youth Advocacy Committee on Friday, September 28, 2012 at Seattle Betsuin. Dinner was prepared by Seattle JrYBA advisors, Ron Hamakawa and Steph Ojima, as well as Marie Kosai Luke, Susie Taketa, and Julianne Tosaya. Submitted by Alex S



Lost & Found: Please check the office if you have lost your *onenju* or have recently lost money. –JN

...continued from page 4 SBBWA Calendar

Sunday, November 4	11:45 am	SBBWA BoD Meeting
Sunday, November 18	11:45 am	SBBWA General Membership Meeting (Sokai) followed by Irokai Luncheon for BoD
Sunday, November 25	11:45 am	SBBWA December BoD Meeting
Tuesday, November 27	10:00 am	SBBWA and Betsuin Keiro Visitation
	10:30 am	Keiro Monthly Service

Musical Notes submitted by Kemi Nakabayashi

The Betsuin choir wishes to thank the fall seminar committee for allowing us to participate by opening the seminar with a slide show presentation and music. We showed scenes from Echigo, present Niigata prefecture where Shinran Shonin was exiled, and sang the opening two songs written by Sawako Inoue, wife of the temple minister at Zuisen-ji temple. Thank you to Junko Nakano for repeating the explanation in Japanese at the Eshinni-ko and Kakushinni-ko Japanese service the following day with the performance of the latter two songs in the set. The choir was pleased that guest minister Rev. Shoyo Taniguchi enjoyed the music and planned to let BCA president-elect Dr. Kent Matsuda know that we sang his song *Shinran's Family* at the Sunday morning service.

At recent children's services, we have been singing *Golden Chain* written by Donna Sasaki from the Tacoma gatha book. We are also introducing it at the combined service with the goal of a resounding *Golden Chain* to be sung all together at the Family Music Service on Thanksgiving weekend Sunday November 27. Please save the date for another special service highlighting our Sangha musicians.

Join us for a seminar at Seattle Buddhist Temple
Speaker: Reverend Ryo Imamura, PhD
"Psychological Benefits of Buddhist Thought and Practice"
Saturday, November 3, 2012 10:00am – 4:00pm



Dr. Imamura is a Jodo Shinshu minister who has served various temples in Buddhist Churches of America and in Hawaii. He is currently Professor of East-West Psychology at Evergreen State College in Olympia. He has served as the Director of the Buddhist Study Center at the University of Hawaii and was a cofounder and National President of the Buddhist Peace Fellowship. **Expertise:** counseling, psychology, Buddhist studies

Background: B.A., Mathematics, University of California, Berkeley, 1967; M.S., Counseling, San Francisco State University, 1981; Ed.D., Counseling/Educational Psychology, University of San Francisco, 1986

Interest: Child development, communication, cultural studies (Asian American, Japanese), ethics, family studies, gerontology, health and healing, human development, Japanese studies, mediation and conflict resolution, psychology, educational psychology, East-West psychology, race/class/gender studies, religion, social service, counseling.

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Deadline: October 29, 2012

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November 3, 2012 Seminar with Reverend Ryo Imamura Registration Form – Please print

Name	Phone
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Email Address

Amount enclosed: \$35 for seminar and lunch _____ \$25 for seminar only: _____

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