



Wheel of the Sangha

Volume 32 Issue 1 January 2013

A monthly publication by **Seattle Buddhist Church**

*Take Refuge in
the True and Real Light*

Seattle Buddhist Church

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Office Hours

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This is a cover page.
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for
Newsletter.

Seattle Betsuin Vision

*Embrace true and
real life
in Nembutsu*



Seattle Betsuin Mission

*Promote, protect, and
share the Buddha,
Dharma and Sangha*

Ministers

Rimban Don Castro
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Reverend Jim Warrick

Wheel of the Sangha NEWSLETTER

Editors: English - Irene Goto
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Tuesday, January 1 New Year's Day Service 10:00 AM
Sunday, January 6 Installation of Officers & New Year's Party Noon
Saturday, January 12 9:30 -11:30 am First Saturday Study Group –
A Life of Awakening: The Heart of the Shin Buddhist Path by
Takamaro Shigaraki
Sunday, January 13 Hoonko Service 10:00 AM
Saturday, January 19 Workshops with Reverend Kiyonobu Kuwahara
– Japanese 1:00 – 4:00 PM; English TBD – Shinran & Shoshinge

Sat., Jan. 19, 2013 English & Japanese Workshops with Rev Kiyonobu Kuwahara

<p>1 Temple Contact Information</p> <p>2 Calendar of Events, Seminar with Rev. Kuwahara</p> <p>Newsletter Deadline: Monday, January 21, 2013 8:00 pm</p>	<p>3 Rimban's Message, President's Message</p> <p>4 SBBWA, Simple Things To Do</p> <p>5 Camp Fire, Scholarships, Study Groups</p>	<p>6 SBC Donations</p> <p>7 Musical Notes, Family Memorial Service Schedule</p> <p>8 Pet Memorial Photos, JrYBA, Scout Troop 252, Winter Pacific Seminar at CBE with Dr. Takamaro Shigaraki</p>
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Betsuin Events for January 2013

EVERY SUNDAY All are invited:

- 8:45 am *MEDITATION SERVICE at 1441 S. Main St; Sutra Chanting, 20-minute meditation, discussion.
10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk
11:00 am DHARMA EXCHANGE – in dining room, Q/A, dialogue with minister and ministers assistants

EVERY WEDNESDAY **10:30 am DHARMA SUPPORT GROUP with Meditation WEEKLY

SUNDAYS *8:45 am Meditation Service Weekly!

January 6

- 8:45 am Meditation Service (Rinban Castro)
10:00 pm FAMILY SERVICE
Youth/Adult: Rinban Castro
12:00 pm Betsuin New Year's Party & Installation

January 13

- 10:00 am HOONKO SERVICE
Youth/Adult: Rinban Castro
Japanese Program
DSDX: MA Joe Schwab
DX: Rinban Castro

- 1:30 pm Sangha Award Class

January 20 Rinban Castro (Vacation)

- 8:45 am Meditation Service
10:00 am FAMILY SERVICE
Youth: Matt May
Adult: Rev. Warrick
Japanese Program
DSDX: Rinban Castro
DX: MA Irene Goto and Leonora Clark

- 11:45 am SBBWA Board Meeting

January 27

- 8:45 am Meditation Service (Rinban Castro)
10:00 am FAMILY SERVICE AND CHILDREN'S SERVICE
Children: MA Joe Schwab and Youth MA's
Youth/Adult: Rinban Castro
Japanese Program
DX: Matt May and Rosalie Town
DSDX: MA Joe Schwab and Leonora Clark

- 11:45 am SBBWA Cabinet Meeting

- 12:00 pm Karuna Award Class – *Buddhism and Art*

- 1:30 pm Sangha Award Class

MONDAYS

TUESDAYS

- January 1 10:00 am New Year's Day Service
January 8 7:30 pm MA Training
January 15 Rinban Castro (Day Off)
January 22 10:30 am Keiro Service (Rinban Castro)
January 29 7:30 pm MA Training

WEDNESDAYS **10:30 am Dharma Support Weekly!

- January 2 10:30 am Dharma Support Group (Rinban)
January 9 10:30 am Dharma Support Group (Rinban)

January 16

10:00 am Shinran Shonin Monthly Memorial Service (Rinban Castro)

January 23

Dharma Support Group (Rinban Castro)

January 30

10:30 am Dharma Support Group (Rinban)

10:30 am Dharma Support Group (Rinban)

THURSDAYS

January 3

1:30 pm Nikkei Manor Service (Rinban)

January 10

Rinban Castro (Study Day Off)

January 17

1:30 pm Nikkei Manor Service

FRIDAYS

January 4

Rinban Castro (Day Off)

January 11

Rinban Castro (Day Off)

January 25

Rinban Castro (Study Day Off)

SATURDAYS

January 12

9:30 -11:30 am First Saturday Study Group – *A Life of Awakening: The Heart of the Shin Buddhist Path* by Takamaro Shigaraki

January 19

English Mini-Seminar: "Letter from Shinran Shonin - His Message in the Shoshinge" Time tbd;



Japanese Workshop:

with Rev. Kiyonobu Kuwahara, Program Coordinator, Jodo Shinshu Center (see Japanese section for details) 1- 4PM

January 26 Rinban Castro (Day Off)

February 2013: Major Events of Interest

Sunday, February 3 Scout Sunday Service

Sunday, February 10 Nirvana Day and Pet Memorial Service & Vegetarian Potluck

February 15 – 17 NW District Buddhist Convention at DoubleTree Suites Southcenter

February Newsletter Deadline:

Monday, January 21, 2013

8:00 pm



Wheel of the Sangha

Volume 32 Issue 1 SEATTLE BETSUIN NEWSLETTER JANUARY 2013



HAPPY NEW YEAR 2013

By Rimban Rev. Don Castro



Best wishes for happiness and health for you and your family in the New Year! The BCA theme for 2013 is “Take refuge in the True and Real Light.” These words come from Shinran Shonin’s poems. Shinran frequently urges us to “take refuge” as we do at every Sunday service. “Take refuge in.....”the Great Consoler, the Inconceivable One, the Ultimate Resort, the Peerless One, the Great Mind Sea, the Most Honorable One, the Great Mind Power, the Ineffable Buddha, the Pure Magnanimous Embracer, the Pure Music, etc.” Amida Buddha has many names because his activities are multi-faceted, depending upon our circumstances. So, if the new year does not go so well for you, “take refuge in the Great Consoler.” If 2013 turns out to be a good year, “take refuge in the Most Honorable One” or “the Pure Magnanimous Embracer.” What I mean to say is, whether things go well or ill, take refuge in “the True and Real Light” that will inspire and lead us not to be self-indulgent in good times and not to be consumed by self-pity in times of adversity.

As for “True and Real Light,” Shinran uses the image of light throughout his poems: “Light of Compassion”, “Majestically Flaming Light”, “Pure Light”, “Light of Wisdom”, “Light of Joy”, etc. In the scriptures it says, “Wheresoever the Light reaches the Joy of Dharma arises.” When we “take refuge in the True and Real Light,” it is a joyous experience grounded in the Dharma. I was recently talking with one of our senior members about the luminous appearance of his wife in the weeks before she passed away. I have seen this very pronounced radiance a number of times. People often comment on the radiance of pregnant women. Light conveys something very sublime and special. May this year be a year of light for you and your family.

HAPPY NEW YEAR! by President Yukio Morikubo



Mata kotoshi yoroshiku onegai itashimasu. Or, in English, again this year, I ask for your help and indulgence.

As we begin the New Year, let me renew my thanks to you, the members, the Board and the Cabinet of the Seattle Betsuin for your commitment to furthering our mission of maintaining a resource for *Jodo Shinshu* learning and practice in Seattle. Only through your efforts and dedication are we able to continue the effort begun over a century ago by a small group of *issei* founders, to establish and maintain a community center for those who choose to live their lives grounded in the Dharma.

Each new year represents a new start. I hope to spend this second year of my term, and that of our Cabinet, making even more progress toward improving our programs, membership and facilities so we remain relevant to our members and to our community at large. Progress comes in small increments in an organization like ours that functions largely on the backs of volunteers. But it comes, and the energy and commitment of our many volunteers never ceases to amaze me.

Change is constant, we’re taught. It’s a difficult lesson to remember when we remember the fellow members, close friends and family, who we lost in 2012. But that harsh reality is balanced by a sense of renewal that blows by whenever our Dharma school students dash through the Betsuin halls and our Campfire, Scouting and YBA boys, girls and teens joke and laugh while playing in the gym -- sunrise, sunset.

So, I ask you again this year to contribute, and invite you again to receive, from the Seattle Betsuin. *Mata kotoshi yoroshiku onegai itashimasu.*

SEATTLE BETSUIN BUDDHIST WOMEN'S ASSOCIATION *Submitted by Joan Nakano*

President's Message *Submitted by Janet Baba Wishing all our families a Happy and Healthy New Year!*

Listening Assist System: Takashi Hori and his family have generously donated funds in memory of Lily Hori to purchase a listening assist system for our hondo. We have chosen a listening assist system suitable for use for those who are hearing impaired. The receiver was installed with 12 hearing pieces. A demonstration to show members the use of this system will be given at a Family Service. Joyce Kato, Fumi Groves and Kiyoko Takashima were our research team for this system.

Kambukai Planning: Planning for SBBWA's 2013 Activities began with the formation of our Standing Committees at our December meeting. Along with our Cabinet, work is done at the Standing Committee level. Our eight committees keep our membership organized and moving forward. Much appreciation and gratitude goes to our hard working committees. Our membership organizing meeting was led by Kiyoko Takashima and Terrie Tanino.

NW Buddhist Convention: White River Buddhist Temple is hosting the 66th Convention with the theme, "Who Am I?" on February 15-17 at the DoubleTree Suites. There will be a NWBWA General Meeting on Sunday, Feb. 17. SBBWA is taking convention registration, which is due to Joyce Kato by December 23. Registration forms may be obtained from Joyce or Joan in the temple office.



Donation of Facial Tissue: (photo left) Over 200 boxes of tissue were donated to Keiro, Nikkei Manor residents, and several Assisted Living/Family Group Homes. Seattle Betsuin and SBBWA shared this donation. The tissue distribution gave us an opportunity to meet and exchange greetings with the residents. Following the sharing, Rinban Castro conducted a service for Buddhists living at Keiro and Nikkei Manor.

YakiSoba for Bodhi Day Potluck: Our skillful Food Committee members met early in the morning of our Bodhi Day Service to make a large amount of tasty yaki soba to share with the Sangha at our annual



Bodhi Day Potluck. All enjoyed yaki soba along with the many delicious dishes by the Sangha. Our Yaki Soba Chefs are pictured at right. In gassho, Janet

Donations Submitted by Treasurer Shizue Kaku: *In Memory of Toshiko Imanishi - Toshiko's Family (kids)*

Calendar

Sunday, January 6	12:00 pm	Installation and Betsuin New Year's Party
Wednesday, January 16	9:30 am	Iris Eye Card Making Class
Sunday, January 20	11:45 am	SBBWA Board Meeting
Sunday, January 27	11:45 am	SBBWA Cabinet Meeting

SIMPLE THINGS YOU CAN DO submitted by Gail Kaminishi

Two groups I am involved with choose to meet by teleconference rather than having members do excessive or long distance driving to meet in person. While there are phone costs involved, we are free to call in from wherever we are and don't have to travel. Suggest this to groups you are in.

Online video calls also save you from travelling. When it's difficult to get together with friends or family, you can still see and talk to them by computer.

CAMP FIRE submitted by JoAnn Kosai-Eng Camp Fire's annual Candy Sale is coming up soon. The sale officially begins on January 25 and runs through February 18, so start counting down the days! We would like to thank you in advance for your support of Camp Fire.



On November 25, 2012 the Camp Fire girls of the Seattle Buddhist Church hosted a holiday event for the residents of Wisteria View Manor. The girls decorated the main floor and put mini wreaths on every resident's door. Afterwards, the girls entertained the residents with some Christmas songs that they learned. This was followed by a sweet surprise Thank You plaque and gifts presented on behalf of Wisteria View residents for the girls. To conclude, the residents enjoyed refreshments and gifts from the Camp Fire girls.

Dolphins / Adventure 3rd submitted by May Honmyo_The Dolphins had fun decorating Wisteria View Manor in November. During the event, the Dolphins noticed how grateful the Wisteria residents were. The residents were smiling, clapping and really seemed to enjoy the entertainment. Some of them even sang along while the girls were caroling. Lacey noticed a resident tear up. This service project made the Dolphins feel very "proud", "good", "happy" & "stupendous" to be able to bring joy to others.

Discovery 7/8 submitted by Dana Nakashima On November 24,25 we held our annual ice skating/Snowflake Lane/sleepover at the Horn's. This is the third year our group enjoyed skating at the Bellevue Ice Arena, eating dinner at Red Robin, watching the holiday parade, then sleeping over at Meghan's house. On November 25, the girls headed to Church, then assembled and handed out gift bags to Wisteria View Manor residents.

Group members are continuing Karuna Award activities. We've begun meeting with Rinban Castro to learn about a variety of Buddhist concepts and ideas.

Horizon Group submitted by Susie Yamane The Horizon Group spent a November evening making 90+ bags of chex mix for the residents of Wisteria View Manor. They combined 14 boxes of cereal along with pretzels and peas to make a delicious holiday gift for the residents.



'SCHOLARSHIPS' - High School Seniors / College Students

HIGH SCHOOL: The Seattle Betsuin Tsujihara Family Memorial Scholarship Grant and Seattle Betsuin Continuing Education Grant are offering scholarships to high school seniors graduating in 2013.

COLLEGE: If you are a student currently attending college, the Masaru & Mitsuma Shimokon Scholarship Grant is offering scholarships for careers as nurse practitioner, medical doctor, registered nurse, engineer, or computer science.

The **deadline** to submit applications is Monday, April 8, 2013 before or by 2:30pm to the temple office. For applications and/or questions, please contact Shizue Kaku via the temple office 206-329-0800.

STUDY GROUPS at Seattle Buddhist Temple The Buddhist Study group will meet on Saturday, January 11 to discuss *A Life of Awakening: The Heart of the Shin Buddhist Path* by Takamaro Shigaraki. Reverend Castro has copies of the book for sale or loan. Checks can be made out to the Seattle Buddhist Church Bookstore. [Rev. Shigaraki will speak in L.A. for Winter Pacific Seminar in February; see page 8 of this issue.] **We will meet from 9:30-11:30 in the Memorial Hall Chapel. Everyone is welcome to stay for brown bag lunch afterward. There is no cost to attend. We have also made plans for the February and March sessions (see below):**

Saturday, February 9 – *The Buddha's Call to Awakening*, by Monshu Koshin Ohtani

Saturday, March 9 – *Finding our True Home: Living in the Pure Land Here and Now*, by Tich Nhat Hanh – Leonora Clarke

January 15 Third Tuesday Study Group – please call the office for current updates. – IHG

The Seattle Betsuin Gratefully Acknowledges the Following Donations - November - December 2012

Funeral / Memorial / Nokotsudo:

Toshiko Imanishi – Funeral Service
Nokotsudo

\$ 750
\$ 100

Given by:

Teresa Imanishi
Albert & Fran Shintaku

Remembrances for:

Toshiko Imanishi
Takeo Katayama
Grace McLeod
Natsue Oto
Kiyoshi Yasui
Dick Yoshimura
Misao Yoshimura

Given by:

Mary Katayama; Mas & Anna Tahara
Bob & Fusako Akimoto; Masao & Frances Tamekuni
Rosalie Jacobson
Masao & Frances Tamekuni
John & Polly Shigaki
John & Polly Shigaki; William & Carol Shinbo; Tsuneko Yamamoto
Mary & Michael Fujii; Mitsuko Fukuhara; Kazue (Katie) Kato; Dale & Karen Kodama; Terry Nakano; William & Carol Shinbo; Miyoko Tazuma; Masako Tomita; Tsuneko Yamamoto

Temple Supervision:

Spokane Buddhist Church \$ 100

Other Donations:

Donor:

SBBWA
SBBWA
Waldorf School
Ed & Joyce Kato
Peggy Hanada
Rev. Jim & Rona Warrick
Rob & Ellen Mori-Leavitt
Yukio & Karen Morikubo
Calvin & Yvette Terada
Leonora Clarke
Sarah Blanchard
Sachary & Ann Ishimaru-Semke
John Alwin
Olympic Senior Center
Mark & Haru Hirota
Kay Fujimura
Tami Arinobu
Reiko Hara
Laverne Imori
Gary & Madeline Kato
Alice Doi
Gail Suzaka

For:

Year-end Appreciation
Appreciation for office volunteer
Visitation by 8th Grade Class
In appreciation for John Yamada's work at Wisteria View Manor
Appreciation for use of gym
Appreciation for Onenju repair
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for Obutsudan
Appreciation for visitation
General Donation
General Donation
United Way – Costco and Corporate Matching fund
United Way – Nordstrom
United Way – Nordstrom
United Way – Nordstrom
United Way - Bank of America
United Way - Bank of America

Musical Notes by Kemi Nakabayashi

Thank you to all the participants of the 4th annual Family Music Service on Thanksgiving Sunday. Dennis Yamashita did a wonderful job, not just as chairman for the service but also leading us in the closing gatha *Enlightenment Song*. Emily and Evan Ko and Kayla Butler provided the conch and taiko opening followed by the ringing of the bonsho by the ever present Ben Dodobara. Terrie Tanino conducted the Betsuin Choir performing music received by Junko Nakano and Etsu Shimbo on their 2011 trip to Japan with a photo slide show for everyone to see where Shinran and Eshinni-sama lived and where the Nembutsu originated. This year, besides the music service version of Juseige, we also sang instead of recited *Golden Chain*. The Bodhi Ensemble (Kristy Carpenter, Alina and Kayla Butler, Mikio Habu, Aaron Ramos, Emily Yamashita and Rosie Yasukochi) provided the wonderful instrumental accompaniment. The Seattle Betsuin ukulele band provided the back up for *Enlightenment Song*. Thank you to Sayeko Aoyama, Sat Ichikawa, Gail Kaminishi, Ann Oxrieder, Sunkie Oye, Mary Shigaya, Al Shintaku and Mas Tamekuni. We hope everyone enjoyed the call and response format. How wonderful it was to hear the sangha since the refrain "Enlightenment is the way to go!" Thank you also to Joe Schwab and Rimban Castro for their Dharma messages that fit the service theme so appropriately.

The Bodhi Ensemble will be providing music for New Year's Eve service. Any Dharma School student musicians who are interested to play with the Bodhi Ensemble are welcome to contact Lani Carpenter. The ukulele group would like to learn gathas and play during future services. They will also be learning other songs for entertainment purposes with an upcoming performance for the New Year's party. Anybody interested in learning to play the ukulele is welcome to join in. Please contact Mas Tamekuni for more information.

The Betsuin choir will continue rehearsing at 9 a.m. most Sunday mornings. Please contact Terrie Tanino or any choir member if you would like to come and sing with us.

Last but not least, thank you to Florence Sumida, Kristy Carpenter, Jason Yokoyama ("pinch-hitting" for Obon service!), Mas Tamekuni and ukulele players for assisting Kemi Nakabayashi for service music at combined service and children services this year. Anyone willing and able to play keyboard or instrumentals for service on occasion would be welcome. We have special music planned for Ho-Onko service on January 13 and are also open to new suggestions for service music anytime.



2013 FAMILY MEMORIAL SERVICE SCHEDULE

Traditionally, family memorial services are held for loved ones on designated anniversaries. These are precious occasions to honor the treasured memories of our beloved ones and to realize how fortunate we are to be embraced by Amida Buddha's Light of Wisdom and Life of Compassion. If you have a loved one who has passed away in the following years, you are encouraged to conduct a family memorial service. Please call the temple office at (206) 329-0800 to schedule a service.

Year of Death

2012.....	1 st annual memorial.....	1 year from date of death	
2011.....	3 rd anniversary memorial.....	2 full years from date of death	
2007.....	7 th anniversary memorial.....	6 full years from date of death	
2001.....	13 th anniversary memorial.....	12 full years from date of death	
1997.....	17 th anniversary memorial.....	16 full years from date of death	
1989.....	25 th anniversary memorial.....	24 full years from date of death	
1981.....	33 rd anniversary memorial.....	32 full years from date of death	
1964.....	50 th anniversary memorial.....	49 full years from date of death	- JN

Submit your Pet's Photograph for

Dharma School's **Annual Pet Memorial Service** to be held on
Nirvana Day, February 10, 2013

Anyone wishing to remember his/her beloved pet should submit the pet's name on cards that will be available in the main foyer. This year, we will also be putting together a slide show of the pets that are being remembered. If you would like your pet's photo in the slide show, please submit your photograph to the Betsuin drop box address: dharmaschool@seattlebetsuin.com If you do not have a digital photograph, you may place your card and photograph in the box labeled "Pet Memorial Photos" in the foyer. Please put your name and your pet's name on the back of the photo so we know who to return it to.

The deadline for submitting photographs is January 27, 2013

In gassho, Clara Beard

SEATTLE BETSUIN JR. YBA (below)



went to the Family fun Center in November. We had a fun time go- carting, playing laser tag, and playing games. Towards the end of the night we combined all of our tickets and won a gum ball machine for our classroom. We had a great time and hope to do it again soon! – Alex S

BOY SCOUT TROOP 252 (photo below)

had a fun time at our Gym camping outings with the Cub Scout pack 252. We enjoyed making paracord bracelets, playing laser tag, and roasting s'mores. We had a fun night and hope to do it again in the future. Thank you to all the parents who stayed, as well as the betsuin for letting us have the campout. Troop 252 also recently had an iron chef competition to finish off our cooking merit badge. Lastly we look forward to our crossover Campout in March. Gassho, Alex S



THE INSTITUTE OF BUDDHIST STUDIES & BCA CENTER FOR BUDDHIST EDUCATION PRESENT Winter Pacific Seminar - 21st Century

"The Path of the Nembutsu"

Keynote speaker:

Dr. Takamaro Shigaraki

*Author of A Life of Awakening –
The Heart of the Shin Buddhist Path (2005),
The World of Buddhist Awakening (1983) &
Heart of the Shin Buddhist*

**Saturday, Feb. 23, 2013 8:30 am - 5 pm at
Los Angeles Homba Hongwanji Buddhist
Temple (Nishi Betsuin), 815 East First St.
Los Angeles, California**

**Rev. Dr. David Matsumoto will translate
Japanese to English**

**Hosted by the BCA Southern District
Ministers Association
and Buddhist Education Committee**

**Registration donation of \$30 includes lunch.
Deadline is February 4, 2013.**

Go to

**<http://buddhistchurchesofamerica.org/> or
www.bcasites.net/Winter+Pacific+Seminar+2013**

- ihg