



I Take Refuge in the Sangha

By Rinban Don Castro

Many years ago, one of our members told me this story: "I was having dinner at a restaurant with a friend when I happened to mention that I had become a Buddhist. My friend, noticing that I was eating meat, replied, 'Aren't Buddhists vegetarians? How can you eat meat?' I responded, 'I didn't say I'm a **good** Buddhist.'" It's easy to be a Buddhist. Traditionally it's accepted in Buddhism that you are a Buddhist if you consider yourself a Buddhist. No special rituals are necessary. Having said that, I want to tell you about a special ritual where you publically declare yourself a Buddhist by taking refuge in the Three Treasures of Buddha, Dharma and Sangha and receiving a Buddhist Name (more precisely "Dharma Name" *homyo*).

On Sunday, October 11, 2015 at 11:45am, Bishop Kodo Umezu will conduct an Affirmation Ceremony where each participant publically takes refuge and receives their Dharma Name. Please see the registration form in this newsletter, [p.7], or in the temple foyer. You don't have to declare yourself a **good** Buddhist. Now, in a religion like Buddhism that teaches non-attachment to labels or even Buddhism itself, one may ask, "What is the value of declaring yourself a Buddhist? Aren't you a Buddhist if you consider yourself a Buddhist?" (I've had my doubts about some people, incidentally.)

For me, taking refuge publically and receiving a Dharma Name is informing the Sangha, "I am with you. I take refuge in this wonderful and profound Sangha that over 2,500 years has supported and inspired countless people. I'm sure there are sublime and profound personal stories that I will never know of that were experienced by people who are lost to history but the Buddha Dharma lives on transmitted from teacher to student, parent to child, friend to friend.

Just the teachers and friends I have known have been the heartbeat of my life. As Shinran Shonin has written "May those who come before lead those who come after. And, those who come after, may

PRESIDENT'S MESSAGE

From time to time in my current role, I'm made aware of instances in which one of our members has hurt, offended or slighted someone else – sometimes another member, or sometimes a member of our broader community. I have been accused of it as well. Each time I hear of these instances, I'm usually at a loss to know what to do, and how to undo the pain that someone feels as a result of a perceived violation.

These rare instances have never involved allegations of laws being broken or codes of conduct being breached. Instead, they have involved the kinds of everyday "bumps and bruises" that arise in communities like ours where those involved know each other well, or where cross-cultural complexity makes it impossible to assign blame. And yet, these instances can hurt.

So, I need your help. If you experience or come to know of another member's experience of being hurt, offended or slighted by someone in our community, in considering what, if anything to do, please ask yourself the following questions:

1. How serious is it? If it involves a violation of law, or a breach of our code of conduct, someone in the Betsuin leadership should be made aware. It is your responsibility to raise the issue.
2. If it's not a violation of law or a breach of our code of ethics, is this still something that should be addressed? Is it a pattern of behavior that reflects badly on the Betsuin or does it affect a lot of our members? Is it something that the Betsuin can and should address?
3. If it is something that you think can be addressed by the Betsuin, who would be best to address it and what would be the best course of action? Would it be best for you to have a conversation with the other person, or would it be better to involve someone else? If someone else, who and how?
4. Finally, what would you like to come out of the interaction? I'm fine being someone to vent to, but if venting is all you're doing, let me know. If you would like an apology or something else, I need to understand that too.

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...Rimban's Message continued

they follow their predecessors; thus following, one after another, endlessly and uninterruptedly, until this boundless sea of birth-and-death is exhausted."

Ideally, Sangha means a Buddhist community characterized by peace and harmony, our spiritual support group. It is where the Buddha Dharma comes alive. Every good sermon or Dharma Talk has to have a good story that everyone can relate to no matter how many times they have heard it. Think of the wonderful story of Kisagotami and the Mustard Seed. Every time I hear it, the power and truth of the story comes alive. It is a story that dates from the very time of Shakyamuni Buddha in India yet it is as true and powerful today as it was then. Every time we observe Hatsubon with all the families who have lost a loved one in the last year attending, I feel like I should tell this story. Every Hatsubon family has their individual story of loss but collectively at the service they are both receiving condolences and giving condolences. For me as a minister, the Hatsubon service is the most powerful service of the year because I have been a part of everyone's story in the past year. Simultaneously giving and receiving is the spirit of the Sangha and I want my fellow Sangha members to know that, for better or worse you are my refuge. I didn't say I am a **good** Buddhist.

###

...President's Message continued

We obviously cannot guarantee that you will never suffer emotional bruises from time to time at the Seattle Betsuin. We are an organization that relies on human beings, mostly volunteers, to represent us. Some human beings aren't as sensitive as others to how they are being perceived. It is difficult to ensure that all members of our Sangha will act appropriately 100% of the time.

But we certainly want it to be as welcoming and warm as possible, and want the Betsuin to be a place to which people want to return. So we need your help thinking through how we can be that.

Thank you for all you do, and for your support of the Seattle Betsuin. Gassho, Yukio

Simple Things You Can Do ... to help save our planet submitted by Gail Kaminishi

When traveling, reuse your quart-sized ziplock bag. I've used mine so many times that it is not pristine, but it still does the job.

When rinsing out your fruit and vegetables, do it in a large tub. Reuse the water for your houseplants or outdoor plants.

The beautiful new kitchen sinks have very large flat surfaces. Rather than try to chase food down the drain with water, use a spatula or dishcloth to push it. ###

Coupon books for sale to support Orion Center Monthly Meals Project Coupon books are once again being sold to support our monthly meals project for YouthCare's Orion Center. Books cost just \$25 and include savings offers for meals, groceries, airfare, hotels, attractions and so much more. 50% of all sales proceeds stay with our group to provide funds to pay for the cost of the meals that we prepare. Coupon Books will be available most Sundays through October.

The Orion Center provides youths with the critical services that homeless youth's need including shelter, counseling, showers, clothes, and hot meals. On the third Friday of each month, volunteers from the Seattle Buddhist Church have been preparing a hot meal for between 30 - 60 homeless youths. Please offer your help with this truly worthwhile project.

Thank you to recent meal coordinators: Leonora Clark for May, Nina Tomita-Kato & SBBWA for June, Paul Mori for July, and Lauren Asaba for August.

Please contact Mike Teramoto (mteramoto@yahoo.com) or the Temple office for more information, coupon books or to volunteer. ###

ALL SANGHA ALERT! FOR YOUR PROTECTION AND TEMPLE SAFETY!

- **Do not leave anything visible in your car while parked.**
- **Do not leave the temple exit doors propped open and unattended.**
- **Do not leave your belongings unattended**

Seattle Betsuin Buddhist Women's

Association Submitted by Janet Baba

FBWA Youth Exchange: Midori and Kana, FBWA Youth Exchange recipients from Hokkaido & Osaka Districts,

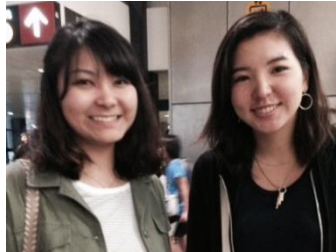


respectively, visited NW District BWA temples and members, during the

week of August 14-21. Seattle Betsuin BWA hosted a potluck reception, followed by White River's temple visit and luncheon, Oregon's temple visit and dinner, and lastly, Tacoma's potluck luncheon at their temple. Last year's



Janie Okawa & Suzanne Fujinari hold signs to welcome youths at Seatac Airport.



Arrival at Airport

Exchange Students, Kristi of Oregon, & Rosie from Seattle, met with the Japanese youths at SBBWA's reception. Suzanne Fujinari hosted the youths for a homestay, while youths were in

Seattle.

Rennyō Shonin Memorial Service: Our first Rennyō



Shonin Service, in conjunction with the monthly Shinran Shonin Service was held on Sunday, August 16. A Federation Resolution

previously passed was that each temple observe this in a way that is meaningful and appropriate. Rev. Castro gave the Dharma talk. Our two FBWA Exchange Youths from Japan, were introduced during this prominent service.

Hiroshima to Hope: The 70th Anniversary of the atomic bombing of Hiroshima and Nagasaki was observed at

Green Lake on August 6. This ceremony commemorates the victims of the bombings and also to educate others for peaceful, non-violent resolutions, and nuclear disarmament. Rev. Don Castro led the procession with lanterns and messages of peace, health, and well wishes. He offered incense to the public to purify their minds as their message-laden lanterns floated into the lake. Entertainment included a koto concert by Kuniko Takamura and Marcia Takamura. SBBWA was a sponsor of the annual event.

Summer Outing: 23 SBBWA members traveled by coach to



Summer outing: Tomi Zumoto, Julie Mayeda, Mae Deguchi, Kinue Kuwahara, Mabel Nishizaki, & Akiko Taniguchi at Bellevue Garden.

tour the Bellevue Botanical Garden, have lunch at a shabu-shabu restaurant, and visited Snoqualmie Casino and the North Bend



SBBWA Activity Committee: Suzanne Fujinari, Carolyn Kunihiro, Gwen Florence on Summer Outing

Shopping Outlet on July

29. This trip was organized by our Activity Committee to enjoy the company of members while experiencing the sites of our community. The committee chairs, were Gwen Florence and Carolyn Kunihiro, with members Suzanne Fujinari, Leanne Nishi-Wong, Gayle Sordetto, and Susanne Umeda. We appreciated their time and effort planning this wonderful field trip.

2015 FBWA Meeting: Plans are in place for this fall's FBWA Representatives' Meeting, to be held at the DoubleTree Suites in Tukwila. One hundred representatives and Committee Members will gather on October 10 to conduct business leading toward our FBWA Conference October 7-9 at the Westin Bellevue Hotel. All representatives and Committee Members are urged to register for this year's October Meeting. In Gassho, Janet

Calendar:

SBBWA Board Meeting	Sept. 13
Ohigan Service	Sept. 20
Cabinet Meeting	Sept. 27

ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to “thank” the following regular members, for contributing their annual Ijikai dues (the basic dues toward the Temple maintenance/operations). This is the list of those paid members for the fiscal year of 2015.

Michele Anciaux-Aoki, Janet Baba, Pat Bobrow, Leonara Clarke, Yasuko Desaki, Gwen Florence, Mark Fordham, Florence Fujita, Toshiko Fukeda, Sue Furuta, Kazumi Goshō, Jane Hamatani, Setsuko Harada, Steve Harada, Mary Hikida, Laura Ichikawa, Larry & June Iwafuchi, Malcolm & Eileen Kanemoto, Mary Katayama, Gary & Madeline Kato, William & Beth Kawahara, Sanaye Kawamura, Jeff & Tina Ko, Taka Kogita, Caroline Kunihiro, Fumiye Masunaga, Duane & Ann Mayeda, Lisa Mitchell-Kumasaka, Hugh Matsubayashi & Ivy Chen, Joseph Matsuzaki, Yukio & Karen Morikubo, Kenneth & Jean Moriyama, Joe Naemura & Janie Okawa, Yoshio & Judith Nakamura, Craig & Joan Nakano, Ruby Nakamura, Eric & Betty Nakashima, Curtis & Charlene Nakayama, Mari Ohara, Michiye Ohtani, Barry & Marlene Okada, Emiko Okada, Marianne Osaki, Masako Sako, Dave Scattergood & Joyce Tsuji, Terrie Shigaya, Sato & Darlene Shimizu, Paul Suguro, Florence Sumida, Leslie Sumida, Kuniko Takamura, Noburo Taki, Ted & Akiko Taniguchi, Michael & Gayle Teramoto, Shokichi Tokita, Florence Tsuchida, Shizue Yahata, Mitsuo Yamamura, Norio & Miyoko Yamazaki, Dennis Yasukochi & Lynne Goodrich, Kenneth Yocom & Anna Tamura, Kevin & Kari Ann Yokoyama, Crystal Yoshimi, Harry Yoshimura

We'd like to 'welcome' Shokichi Tokita as new members of our Sangha.

***AS A REMINDER:** The **minimum** for basic dues towards the Church maintenance/operations, is \$250 for those over 70 years of age and \$300 for those under 70 years old. **Payments are due by September 30, 2015, for this fiscal year.** If you have any questions about your membership status, contact the Betsuin office: 206-329-0800 or office@seattlebetsuin.com.
(compiled by HL, PS, JN, & SO)

Musical Notes submitted by Kemi Nakabayashi

Thank you to Kristy for providing service music on piano for the July 26 and August 3 services. We are meeting again for informal gatha singing on Sunday mornings before family service in the hondo after our brief Obon hiatus. We welcome anyone to join in with an attempt to focus on the Tacoma gathas during the second portion of the 9:00-9:45 am singing.

During my trips to California, I have had the pleasure of visiting Mrs. Yumi Hojo in San Jose. She is another minister's wife, married to the late Rev. Ejitsu Hojo, who supported the development of music in our temples. At age 94, she is delightful and happy to know that we are planning to include her compositions in our new service book. Her gathas include *Amida is With Me* ("Happy, Happy, Happy..."), *Church Bells* and *Obon, Obon It's Festival Day!*



September Buddhist Study Group The next meeting of the Buddhist Study Group will take place on September 5, 2015. We will discuss "*Proof of Heaven*" by Eben Alexander.

Dr. Eben Alexander is a neurosurgeon who had a unique near death experience. In his book, he talks about the nature of consciousness and what he experienced when his brain was essentially non-functional. His book relates very well to the Dalai Lama's book "The Universe in a Single Atom." Dr. Alexander was a hard core scientist who believed when the brain dies, consciousness ceases to exist. While raised Christian, what he experienced was a non-Christian afterlife that sounds more like Shinran's experiences of light. His experiences mirror in a personal way the statements of the Dalai Lama, "But assuming mind is reducible to matter leaves a huge explanatory gap. How do we explain the emergence of consciousness? What marks the transition from non-sentient to sentient beings?"

This book was on the New York Times best seller list and is very easily found in paperback and very reasonable.

The meeting will take place in the Memorial Hall from 9:30-11:30am. There will be a brown bag lunch afterwards. There is no cost to attend. Submitted by Leonora Clarke ###

DHARMA SCHOOL submitted by Joyce Tsuji

We hope everyone had a great summer vacation!!

We are looking forward to seeing all of the new and returning Dharma School students and their families on September 13. We will be having **student registration in the Memorial Hall on the first two Sundays during class time**. Come by and take this opportunity to catch up with each other over coffee and snacks. We will also be posting a volunteer sheet for the year, please consider helping out with an activity.

Again we would like to express lots of gratitude to all who helped out to make Obon such a successful event. It is the major fundraiser for the church so we really appreciate all your efforts.

Hatsumairi, or a child's first visit to the temple will be observed on October 18. In this special service children are presented to the sangha and parents pledge to raise them with the dharma. If you are, or know of, a family with an infant/child who would like to participate in this event please fill out a registration form and return it to the temple by October 9. For your convenience a form follows and additional copies will be available in the foyer.

Hatsumairi

Hatsumairi or "First Visit" is a Jodo Shinshu tradition that acknowledges the baby's first visit to the temple. Parents present their children before the image of Amida Buddha and members of the Sangha as an expression of their gratitude and desire to expose them to the teachings of the Buddha.

The Hatsumairi ceremony will be held during the 10:00 a.m. Family Service on **October 18, 2015**. Although this ceremony identifies the presented as infants, children of all ages are welcome. If you would like to present your child(ren) at this joyous occasion, please complete the registration form below and **return it to the Seattle Betsuin Buddhist Temple, 1427 S Main St, Seattle, WA 98144** or contact the temple office by **October 9, 2015**. A Dharma School representative will contact you with details. If you have any questions, please direct them to the temple office at (206) 329-0800 between the hours of 9:00 a.m. and 3:00 p.m.

2015 Hatsumairi Registration

Child's Name

Boy/Girl

Month/Day/Year of Birth

Parent's Name(s) _____

Mailing Address _____

City

State

Zip Code

Phone _____ E-mail _____

The Seattle Betsuin Gratefully Acknowledges the Following Donations July – August 2015

Funeral / Memorial / Nokotsudo:

Given by:

Hajime Hirata – In Memory of	\$ 1,000.00	Michiko Hirata
James I. Doi – Funeral Service	\$ 700.00	Mary (Mimi) Doi
Harumi Marge Fujioka – Funeral Service	\$ 600.00	Estate of Harumi Fujioka
	\$ 300.00	Allan & Ronalee Mizoguchi
	\$ 200.00	Lorraine Blackler
Haruko Shimizu		
Funeral Service	\$ 500.00	Shimizu & Beppu Families
Koden given to Betsuin In Memory of Mrs. Shimizu	\$ 1,905.00	Friends
In Memory of: Tetsuya Kunihiro	\$ 350.00	Carolyn Kunihiro
Linda Quintua		
Karry Sakamoto		
Saburo Ray Sakamoto		
Miyoko Sakamoto		
Alan Groves – In Memory of	\$ 300.00	Fumiko Groves
Yuki Nakamura – 13 th Year Memorial Service	\$ 300.00	Sam & Masako Uchida
Teruo Maruko – 3 rd Year Memorial	\$ 300.00	Keiko & Tsukasa Namekata
Kanichi & Sachi Iwami – Memorial Service	\$ 300.00	Carolee & Shinji Yao
Hatsumi Higa – 3 rd Year Memorial	\$ 250.00	Estate of Michael Higa
Michael Higa – 1 st Year Memorial	\$ 250.00	Estate of Michael Higa
Katsumi Aoyama – 1 st Year Memorial	\$ 200.00	Mariko Mano
Chieko & Roy Iguchi – Memorial Service	\$ 200.00	Robert & Eileen Iguchi
In Memory of:		
Fujimatsu & Sadako Moriguchi;		
Lovett Moriguchi	\$ 200.00	Tyler Moriguchi & Thy Pham
Nokotsudo	\$ 100.00	Ruby Nakamura
Nokotsudo	\$ 100.00	Grace Tazuma
Marian Tanabe Hayashi – In Memory of	\$ 100.00	Herbert & Janet Seo
Moritsuchi & Yoshi Murakami – In Memory of	\$ 100.00	Suyeko Fujikado
Sam Taniguchi – In Memory of	\$ 100.00	Fumiye Taniguchi
Hiroyuki Suganuma – Memorial Service	\$ 100.00	Aiko Suganuma
Koichi Murakami – In Memory of	\$ 80.00	Betty Yoshida
Toshikazu Tanemura – In Memory of	\$ 50.00	Peggy Tanemura
Sekiko Yates – In Memory of	\$ 50.00	Committee of A-Bomb Survivors

In Memory of:

James I. Doi	Ellen Hale; Hiroko Janet Kosai; Daisy Kuramoto; Seattle Buddhist Church Gojikai; Martha Taniguchi; Katsumi & Terrie Tanino
Harumi Marge Fujioka	Amy Kato; Michael & Rosie Kato; Kathryn Komoto; Richard & Lois Lamb; Mutual Fish Co., Inc.; Margaret Teramoto; T. Ted & Frances Tsue; Shigeo & Jean Uchida
Alan Groves	William & Beth Kawahara; Sanaye Kawamura; Ruby Yasui
Julie Kataoka	Martin Oiye

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Sarana Affirmation Service (Kie Shiki)

If you have yet to receive a Buddhist Name (Homyo) please consider taking advantage of an opportunity to participate in a Sarana Affirmation Service (Kie Shiki) at the temple on Sunday, **October 11, 2015** at 11:45 a.m.. The affirmation will be officiated by Bishop Kodo Umezu, of the Buddhist Churches of America.

For those who plan to visit Japan, affirmation services are available at our mother temple, the Nishi Hongwanji in Kyoto Japan. Contact Rinban Castro for more information. For those who don't have the opportunity to visit Kyoto the affirmation service is occasionally offered here in Seattle and occurs when either the Monshu, the leader of the Nishi Hongwanji and a direct descendant of our sect's founder Shinran Shonin, or the Bishop of the Buddhist Churches of America visits Seattle. The last Sarana Affirmation service in Seattle was held in **October of 2013**.

WHO CAN PARTICIPATE? The service is open to all. There are no age requirements.

WHAT IS THE PURPOSE OF KIE SHIKI? The special service is an opportunity for Jodo Shinshu Buddhists who aspire to lead the Buddhist way of life to affirm their entry onto the Path of Nembutsu. By appearing before the shrine of Amida Buddha and taking refuge in the Three Treasures, (Buddha, Dharma, and Sangha), we pledge to live the Buddhist way of life.

WHAT IS THE KIE SHIKI CEREMONY? The affirmation ceremony is performed for laypersons who have

indicated the desire to participate in the ceremony. Its basic ritual is recalling the act of Siddhartha when he resolved to enter the spiritual path of life.

A Buddhist name is given to each participant as an indication that the person aspires for the Truth and is now counted among the disciples of Sakyamuni Buddha. It is through the teaching of Sakyamuni Buddha that we have been able to hear the Dharma of Amida Buddha's primal vow.

WHAT IS THE BUDDHIST NAME OR DHARMA NAME? A Buddhist Name (Homyo) is bestowed upon a person when participating in the affirmation ceremony during his or her life or posthumously at the funeral service. It is by far preferable for us to receive the Dharma name while we are still well and active. Those who already have a homyo may re-apply for a new one which incorporates a word or Japanese kanji character which has special meaning to you. Your Buddhist name should be selected in consultation with Rinban Castro.

APPLICATIONS: Those wishing to participate in the ceremony are requested to complete and submit their application on page 7 to Seattle Betsuin by Sunday, **September 13, 2015**, (whether for your first or for a new homyo), accompanied by a fee of \$25 payable to the Seattle Betsuin. *Compiled by Alan Hoshino; submitted by Irene Goto*

Lectures on Shin Buddhism by Rev. Toshikazu

Arai, Ph.D, Professor Emeritus, Soai University, Osaka, Japan, at Seattle Betsuin on August 3 – 5, 2015 were attended by approximately 30 Japanese and English speakers. Rev. Arai talked about

"The Words of My Dear Teacher," Honen and Master Honen's influence on Shinran Shonin.



Everyone can receive Weekly Sangha email!

If you would like to have additional members of your family to receive weekly messages, please contact Calvin Terada at calterada@comcast.net or Joan Nakano at office@seattlebetsuin.com.

...continued from p. 6 **Donations In Memory of:**

Akio Nishizaki	Kenny & Yoshie Dodobara; Roy & Kazumi Shimizu
Masato Ohara	Dave & Debbie Endo; Nobuko Hino; Nobuyuki Koda
Haruko Shimizu	Terie Akada; Donald & Karen Akira; Shea Aoki; Janet Baba; Robert & Patricia Crouch; Kyoko Doda; James & Ikuko Dodobara; Kenny & Yoshie Dodobara; John & E. Lisa Duff; Toshikatsu & Bonnie Fujii; Sue Fujino; Henry Fukano; Francis & Patricia Fukuhara; Frank & Penny Fukui; Charles Furukawa; Don & Sharon Gregory; Ellen Hale; Jane Hamatani; Miyuki Hanada; Peggy Hanada; Reiko Hara; Setsuko Harada; Stephen Hasegawa; Satoru & Grace Ichikawa; Deanna & Roy Ikegami; Merry M. Ishino; Toshiko Isomura; Harriet Jurcan; Dale & Shizue Kaku; Harry Kamada; Louise Kashino; Mary K. Katayama; Ritsuko Kawahara; William & Beth Kawahara; Masako Kawamoto; Sanaye Kawamura; Allan & Rose Kishi; Kyoko Koda; Paul & Taka Kogita; Masako Kubo; Carolyn Kunihiro; Daisy Kuramoto; Wayne Kuramoto; Kinue Kuwahara; Roy Kuwahara; Julie Mayeda; Kiyomi & Reiko Mizumoto; Kenzo & Carol Moriguchi; Moriguchi Family; Jason & Lisa Moriguchi-Louie; Tyler Moriguchi & Thy Pham; Mutual Fish Co., Inc.; Ernie & Sunnie Nagai; Yosh & Sue Nakagawa; Fumiko Nakamura; Osami & Kinue Namba; Kiyoko Nakanishi; Craig & Joan Nakano; Junko Nakano; Terry Nakano; Hiro & Dorothy Nishimura; Hisashi & Sadako Nishimura; Mabel Nishizaki; Stephanie Ojima; Tokuzo & Mari Okumura; Sunako Oye; Patricia Oye-Shahbaghlian; Everett Reagan; Louise Sakuma; Pauline Sakuma; Kenichi & Sarah Sato; Joan Seko; Denis Shibata; Ken Shigaya; Mary S. Shigaya; Ben & Etsu Shimbo; Christopher Shintaku; Frances Shintaku; Nori Suguro; Paul Suguro & Nancy Shimizu; Gail Suzaka; Masaru & Anna Tahara; Kiyo Takashima; Victor & Lilly Takemoto; Haruso & Sonoe Taketa; Rie Taki; Louise Kashino Takisaki; Minoru & Roberta Tamura; Alice Tanaka; Rikuko Tanaka; Peggy Tanemura; Fumiye Taniguchi; Ted & Akiko Taniguchi; Katsumi & Terrie Tanino; Joe & Hideko Terada; Ron & Suzuko Terada; Margaret Teramoto; Les & Jane Tiffany; John & Kiyo Toda; Tosh & Dolly Tokunaga; Masako (Massie) Tomita; Paul & Mabel Tomita; Michiko Toyoshima; Frank & Evelyn Tse; Sam & Masako Uchida; Sara Umeda; Suzanne Umeda; Michiko Jean Vaart; Machiko Wada; Marianne Wick; James & Ann Yasui; Sumie Yokota; Harry & Elaine Yoshihara; Mary Yoshijima; Harry Yoshimura; Nobuo Yutani; James & Tomiko Zumoto
Judy Suto	Miyoko Kaneta
Elmer Tazuma	Patricia Oye-Shahbaghlian
John Yamada	Stephanie Ojima; Craig & Joan Nakano
Rev. Kiyoshi Yamashita	Don & Karen Akira

General Donations:

Anonymous
 Tammy Suto
 Kemi Nakabayashi
 Akiyama, Robert & Mitsuko
 Shinya & Jayne Ichikawa
 Brian Kaku
 Donna Zumoto
 Kelly Kuwahara

For:

General Donation
 General Donation
 General Donation
 General Donation
 General Donation
 General Donation / Boeing Employee Fund
 General Donation / Boeing Employee Fund
 General Donation / Boeing Employee Fund

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APPLICATION FOR SARANA AFFIRMATION CEREMONY

Please print

Temple affiliation: _____

Name _____
Last Name First Name Middle Name

Address _____
Street City State

Age: _____ Date of Birth _____ Male / Female Telephone: _____
(circle)

Name of parent or guardian _____ (if under 12)

Favorite word/kanji (or phrase) chosen by member for Homyo: _____
(Resident/Supervising Minister: please be sure to fill-in the favorite word/kanji character)

* * * * *

Homyo Selection: To be completed/selected by Resident/Supervising Minister following discussions with applicant.

Homyo (Kanji): _____ Reading: _____ Meaning: _____

Signature of applicant

For the significance of Sarana Affirmation and receiving a homyo, Buddhist name, please read Rimban Castro's message on p. 1 and further explanation on p.6. Those wishing to participate in the ceremony are requested to complete and submit their application to Seattle Betsuin, 1427 S Main St, Seattle, WA 98144 by Sunday September 13, 2015, accompanied by a fee of \$25 (for all ages) payable to: "Seattle Betsuin."

Dharma Exchange, a post-service discussion/dialogue.

July 12, 2015 - Rev. Dennis Fujimoto of the Idaho-Oregon Temple followed his Dharma talk with Dharma Exchange. He talked about Obon, while the temperature of 107 degrees was recorded, and told us a newspaper gives many details about Obon, including thoughts about people who have sword collections and are interested in Japanese Culture. There are 140 members of his temple. He said we become stable and grounded in our lives when we all come together for special services such as Obon and Hanamatsuri. He indicated the pillow service is usually the last service before one dies. Or, it could be after. Sensei said some people feel "hurried along" when it is done before, but he would prefer it be before he died in order to hear chanting for the last time. . . Sensei was born in Tokyo and his first birthday was spent on board a ship to the U.S. He was accompanied by his parents and older brother who was 4 years old . . . He was in the same IBS group as Rev. Harada and Rev. Shinseki, and later went into the ministry at the urging of Rev. Hirano. . . Kemi N. will be in the Bay Area next Sunday and will have the opportunity to attend a performance of "A Year in Infamy." She said the gatha service at the Betsuin is moving along well, and that she is involved with the Hawaii music group.

August 2, 2015 - Rinban Castro said his mother-in-law shared information on Hiroshima survivors with her daughter Shuri, who in turn told Sensei her mother was a survivor, and that her father removed glass shards from her back with tweezers. Her mother teaches sumi-e. Young people and children tend to think of the atom bombing in Hiroshima and Nagasaki as ancient history during this the 70th year. . . Rev. Dr. Toshikazu Arai was guest speaker in the Hondo during the Atomic Bomb Victims' Memorial Service. It was interesting to hear his story of how he came to become a Jodo Shinshu minister. Rev. Arai said after three horrid disasters in Japan -- nuclear bombing, Kobe earthquake and the Tendai tsunami -- how can anyone in Japan make sense of their life? . . . Castro Sensei's son related to him a nuclear device, equal to the power of the Hiroshima bomb, can fit in a briefcase and be taken on a ship. It has a radius of 6 miles and if detonated off the Port of Seattle the damage would be astronomical.

August 9, 2015 Doug McLean spoke at the service in the Hondo as well as the Dharma Exchange. He related his brief history starting with growing up in Bellevue in a Mormon family, and at age 16 was impressed with the film "Kung Fu." He met his wife in college who is Buddhist and they went to Japan to visit her parents. While visiting a temple in Japan he said "something clicked," and that he found Buddhism after trying other religions. Two years ago he and his wife visited her parent's Jodo Shinshu temple and he showed Daisy, his daughter, a naijin. He told Castro Sensei he wanted to become a certified ministerial assistant, and developed the habit of reading about Buddhism and Japanese culture. So far he has undertaken field experience and has met interesting people at Obon, answered questions about Buddhism and Japanese culture, and learned how to speak to people. He joked that his chanting was not very good, and that a MA candidate has to chant the Shoshinge and Wasan from memory to qualify.

At the Dharma Exchange Rinban Castro related he was rather reluctant to conduct the lantern service, "Hiroshima to Hope," at Green Lake on August 6. Sensei felt the crowd would be anonymous and he would know few people. He explained there are three types of incense -- stick, powdered and compressed. He tried to tell the crowd of 1,000 to take a very small pinch of the powdered incense and rub the palms together to purify the mind (not "terrify" as was mistranslated by a participant). Then one would say, "With a pure mind I offer incense," while holding palms together and slowly moving them from the forehead to the chest. Sensei was concerned the incense would run out as he had such a tiny package. However, when the ceremony concluded there was still a large amount of incense left! He likened it to the Christian story of "The loaves and the fishes," and named it The Miracle at Green Lake. He affirmed that several people from the Betsuin were there to witness this event. He passed the small packet of incense around during Dharma Exchange, and indeed it has a sublime fragrance and can be ordered from the BCA Bookstore in San Francisco. It is called "sublime gaku."

August 16, 2015 - Rinban Castro conducted a service to commemorate Shinran Shonin and included a first memorial honoring Rennyo Shonin at the Betsuin. It was performed at the behest of the SBBWA. At Dharma Exchange Matt May MA recalled major upheavals and warfare during Rennyo's time. Despite the turmoil, Rennyo became a popular speaker. Castro Sensei said the Hongwanji was run as a cooperative for 90 years, and that religion was used as a pretext for war. There was conflict between Rennyo and many other forces. The Ikko Ikki group actually felt suicidal because they believed the Primal Vow would "save" them. In the 1590s the Hongwanji was under fire and it split into two groups -- the Nishi Hongwanji and the Higashi Honganji.

In gassho, Pat Bobrow

The Fourth Annual Women in Buddhism Conference

understanding the connection between Buddhism and our everyday lives

Presented by Seattle Buddhist Church and Seattle Betsuin Buddhist Women's Association

"Everyday Bodhisattvas"

Saturday, October 3, 2015 9:30 am - 3:30 pm
at Seattle Buddhist Church*



Linda Anderson Krech, LICSW
Program Director, Tōdō Institute
Softening the Family Heart

The Japanese practice known as Naikan can help us to keep our hearts open to each other, even during challenging times – not through willpower but through awareness.



Reverend Patti Nakai, Resident Minister
Buddhist Temple of Chicago

Care-Receiving: Those in the care-giving role (usually women) need to let go of the anxiety of taking sole responsibility and allow themselves to receive help from others.



Reverend Miho Sekiya, Associate
Minister
Seattle Buddhist Church

Rhythm and Echoes of Buddhism:

The practice of Buddhist melodies and liturgy can soothe and give our lives balance and stability. We will practice Buddhist melodies of Shoshinge, Ojo Raisen and one of the six "Hymns on Impermanence".

*Seattle Buddhist Church, 1427 S Main St, Seattle www.SeattleBetsuin.com 206 329-0800 email: office@SeattleBetsuin.com

.....[detach here](#).....

October 3, 2015 *Everyday Bodhisattvas* Conference Registration Form

or Go to www.SeattleBetsuin.org for online Registration by credit card or check

Registration is \$40 and includes bento lunch; \$20 for students. Please print; one form per registrant.

Return with check payable to **Seattle Betsuin Buddhist Temple**, memo: **WiB, 1427 S Main St, Seattle, WA 98144**
by Saturday, September 26, 2015. THANK YOU. We look forward to seeing you!

Name _____

Mailing Address _____

Phone Number _____ Email Address _____

Amount enclosed: \$40 for conference and lunch: \$ _____ check here for **vegetarian:** ☐ **student with ID:** ☐

Donation: \$ _____ Thank you for your *dana*

Total Enclosed: \$ _____ Check Number #: _____

...continued from p. 8 **General Donations:**

Robert Hamatani	General Donation / Boeing Employee Fund	
Tom & Ichiko Fujishima	In Memory of	
Tami Arinobu	General Donation / Costco Matching Donation	
Carolyn Kunihiro	General Donation	
Yoko Yanari	General Donation	
Seattle Betsuin, KSP	Appreciation for use of facilities	
Miyoko Tazuma	Appreciation for use of facilities	
Nikkei Concerns	Appreciation for use of facilities	
Nikkei Heritage Assn of WA	Appreciation for use of facilities	###

The Betsuin gratefully acknowledges the donations received for the following Special Services. If your name is not listed, the donation may have been received after the deadline for this newsletter and will be listed in the next edition. Please accept our apologies for any inadvertent misspelling of names: - HL

Hatsubon / Obon Aisaka, Steven; Alegrete, Christopher & Tiffany; Anonymous; Arinobu, Gene & Yuki; Asaba, Marian; Baba, Janet; Beard, Clara; Beck, Chris & Marcia Kajimura -; Blackler, Lorraine; Bobrow, Patricia; Chu, Kathy Inouye; Deguchi, Mae; Dodobara, Kenny & Yoshie; Enomoto, Sachiyo; Fujii, Minoru & Aiko; Fujinari, Suzanne; Fujino, Suteko (Sue); Fujishima, Tom & Ichiko; Fujita, Florence; Fujita, Nobuichi & Sachiko; Fukeda, Toshiko; Furuta, Geraldine; Furuta, Mary Y.; Furuta, Sue Sumiko; Glasser, Bill & Beverly; Gosho, Kazumi (Janice); Grant, A.; Groves, Fumiko; Habu, Gordon & Mae Yamasaki -; Habu, Jack & Fumi; Hamakawa, Ron; Hamanaka, Yoko; Hamatani, Jane; Hanada, Miyuki; Hanada, Peggy; Hara, Reiko; Harada, Setsuko; Hikida, Mary; Hori, Susan K.; Horikawa, Norigiku; Hoshino, Alan A.; Ichikawa, Satoru & Grace; Isomura, Toshiko; Jofuku, Scott; Kaku, Dale & Shizue; Kaminishi, Gail; Kashima, Tetsuden & Cecilia Kanako; Kashiwa, Ann T.; Kataoka, Kenny & Linda; Katayama, Mary K.; Kato, Kazue (Katie); Kawaguchi, Harold; Kawaguchi, Miyoko; Kawahara, Ritsuko; Kawata, Luann; Kawata, Miye; Keefe, Dan; Keltner, Marc & Janice Nakamura -; Kido, Momoko; Kikuchi, Shizue; Kishi, Allan & Rose; Kogita, Takako; Kojima, Esther; Komoto, George & Lily; Kondo, Stan & Bonnie Duran; Kosai, June (Yoshie); Kozai, Art & Lori; Kozai, Yoshiko; Kubo, Masako; Kunihiro, Carolyn; Kuramoto, Daisy Toyoko; Kusachi, Sachiko; Kusakabe, Peter; Kuwahara, Kinue; Mamiya, Haruko; Mano, George & Irene; Mano, Mariko; Masunaga, Fumiye; Matsui, Jack T.; Mayeda, Duane & Ann; Mayeda, Julie; Mikami, Yoshie; Mitchell, Lisa Kumasaka -; Miyata, Tetsuo & Linda; Miyauchi, Keith; Miyauchi, Lynn; Miyauchi, Takiko; Miyauchi, Yoshiko; Mizumori, Sheri; Mori, Paul Bruce & Teresa; Morikubo, Yukio & Karen; Morimoto, Eiichi & Ruth Shigeiko; Nagai, Ernest & Sanaye (Sunnie); Nakabayashi, Kemi; Nakagawa, Yoshie; Nakamura, Yoshio & Judith; Nakano, Craig & Joan; Nakano, Junko; Nishimura, Hisashi & Sadako; Nishimura, Iso & Al; Nishizaki, Mabel; Ohtani, Michiye; Okada, Emiko; Okawa, Nancy; Osaki, Marianne; Oye, Sunako (Sunkie); Ozanich, Kiyomi; Sako, Masako; Sakuma, Pauline; Seko, Robert; Shahbaghlian, Patricia Oye -; Shibata, Dennis M.; Shigaya, Kenneth; Shigaya, Mary S.; Shigaya, Teruko (Terrie); Shimada, Shirley; Shimizu, Anthony & Teresa; Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shintaku, Frances; Sugiyama, Kelly; Sumida, Florence; Sumida, Leslie; Suto, Judy (Estate of); Tahara, Masaru & Anna; Takamura, Kuniko; Takashima, Kiyoko; Takemura, Yoshiaki & Naomi; Taketa, Haruso & Sonoe; Taketa, Jean; Tanaka, Rikuko; Tanaka, Tom; Taniguchi, Fumiye; Taniguchi, Martha (Masayo); Taniguchi, Theodore & Akiko; Tanino, Katsumi & Terrie; Tazuma, Grace; Tazuma, Laurie; Tazuma, Miyoko; Terada, Allan & Kayoko; Terada, Calvin J. & Yvette; Terada, Joe & Hideko; Terada, Ronald & Suzuko; Teramoto, Margaret; Teramoto, Stuart; Teranishi, Asako; Tokunaga, Toshio & Dolly; Toyoshima, Michiko; Tsuchida, Florence; Uchida, Sam & Masako; Uyenishi, Tazuko; Vaart, Michiko Jean; Wada, Machiko; Wakazuru, Barbara; Yamaguchi Living Trust, ; Yamane, Jeffrey & Susan; Yamasaki, Fujie; Yamashita, Dennis & Elaine Aoki -; Yanagimoto, Michiko; Yee, Fukuyo; Yokota, Sumie; Yokoyama, Kevin & Kari Ann; Yoritsune, Charlene M.; Yoshida, Fuyo; Yoshimi, Crystal; Yutani, Nobuo; Zumoto, James & Tomiko;

Bishop / Rimban Memorial Service Fujii, Minoru & Aiko; Ichikawa, Satoru & Grace; Kuwahara, Kinue; Miyauchi, Takiko; Nakano, Junko; Namekata, Tsukasa & Keiko; Shimbo, Ben & Etsu; Toyoshima, Michiko;

Atomic Bomb Memorial Service Hachiya, Momoe; Kawamura, Sanaye; Kubo, Masako; Kuramoto, Tom; Kuwahara, Kinue; Seattle Hiroshima Club, ; Tanaka, Rikuko; Toyoshima, Michiko;

Gotan E Beard, Clara; Ise, Haruo Hal; Kuramoto, Daisy Toyoko; ###

Betsuin Events for September 2015

MOST SUNDAYS – confirm Sundays listed below. All are invited:

10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk
 11:00 am DHARMA EXCHANGE – in dining room, Q/A, dialogue with minister and ministers assistants
 10:55 am MEDITATION* - meet in foyer waiting room, adjourns at 11:30; 15-20 minute meditation.

MOST WEDNESDAYS **10:30 am **DHARMA SUPPORT GROUP** with Meditation – **call office to confirm**

SUNDAYS 10:55am Meditation*

September 6

10:00 pm FAMILY SERVICE

Adult: Rinban Castro

Japanese: Rev. Sekiya

DX: Rinban Castro

Meditation: Irene Goto Sensei

September 13 Rinban Castro (Day Off)

10:00 am FAMILY SERVICE

(First Day of Dharma School)

Youth: Rev. Warrick

Adult: Rev. Warrick

Japanese Program

DX: TBD

Meditation: TBD

10:45 – 11:30 am Dharma School Registration in Memorial Hall

11:45 am SBBWA Board Meeting

September 20 Rinban Castro in Spokane

10:00 am FALL OHIGAN SERVICE

Youth/Adult: Rev. Sekiya

Japanese Program

DX: TBD

Meditation: TBD

10:45 – 11:30 am Dharma School Registration

11:45 am SBBWA Cabinet Meeting

September 27

10:00 am FAMILY SERVICE AND

CHILDREN'S SERVICE

Children: Rev. Sekiya/Irene Goto Sensei

Youth/Adult: Rinban Castro

Japanese: Rev. Sekiya

DX: Rinban Castro

Meditation: Irene Goto, Sensei

MONDAYS September 7 Labor Day (Office Closed)

September 14, 21, 28 Rinban Castro (Days Off)

TUESDAYS

September 1 Rinban Castro (Study Day Off)

September 22 10:30 am Keiro Service (Rinban Castro)

WEDNESDAYS ** 10:30am - call office to confirm

September 2 10:30 am Dharma Support Group**
 (Rinban Castro)

September 9 Dharma Support Group CANCELLED

September 16 10:00 am Shinran Shonin Monthly
 Memorial Service (Rinban Castro)

10:30 am Dharma Support Group (Rinban Castro)**

September 23

Dharma Support Group (CANCELLED)

2:00 PM NW District Ministers' Meeting

September 30 10:30 am Dharma Support Group
 (Rinban Castro)

THURSDAYS

September 3

1:30 pm Nikkei Manor Service (Rinban Castro)

September 17

1:30 pm Nikkei Manor Service (Irene Goto Sensei)

FRIDAYS

September 4 12:00 pm Gojikai Service and
 Luncheon Meeting (Rinban Castro)

September 11, 25 Rinban Castro (Days Off)

SATURDAY

September 5 9:30 am – 12:00 pm Book Study
 Group – *Proof of Heaven* by Eben Alexander

September 12 Rinban Castro (Day Off)

2:00 – 3:00 pm Veterans Memorial Service at
 Tahoma Nat'l Cemetery, jointly with Seattle, Tacoma
 and White River Temples (Rev. Sekiya & Irene Goto)
September 19 Rinban Castro to Spokane

October 2015: Major Events of Interest

October 3 Saturday 4th Annual Women in
 Buddhism Conference "Everyday Bodhisattvas"
 (9:30 am – 3:30 pm) see p.11

October 4 **Sunday** Eshinni-ko & Kakushinni-ko
 Service with guest speaker, Rev. Patti Nakai
 (Buddhist Temple of Chicago)

October 10 Saturday Federation of Buddhist Women Association
 Representatives Meeting at DoubleTree Southcenter

October 11 **Sunday** Family Service guest speaker,
 Bishop Kodo Umezu; Affirmation Ceremony at 11:45
 am followed by Minister's Assistant Certification
 Ceremony officiated by Bishop Umezu

October 18 **Sunday** Hatsumairi Service p.5

October 25 **Sunday** SBBWA Memorial Service

**2015 October Newsletter Deadline:
 Monday, September 21, 2015 8:00 pm**

Seattle Buddhist Church 1427 South Main Street
Seattle, WA 98144 **Tel:** 206.329.0800
Fax: 206.329.3703 **Office Hours:** Mon-Fri 9am-3pm
www.SeattleBetsuin.com; Office@SeattleBetsuin.com

Wheel of the Sangha
**A Monthly Newsletter of
Seattle Buddhist Church**

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*Seattle Betsuin Vision Embrace true and real
life in Nembutsu*



*Seattle Betsuin Mission Promote, protect, and
share the Buddha, Dharma and Sangha*

2015 August Events at Seattle Betsuin

Sunday, September 5 Book Study Group – Proof of Heaven by Eben Alexander
9:30am in Memorial Hall Chapel, see p. 4

Monday, September 7 Labor Day - Office Closed

Saturday, September 12 2:00 – 3:00 pm Veterans Memorial Service at Tahoma Nat'l Cemetery,
jointly with Seattle, Tacoma and White River Temples

Sunday, September 13 First day of Dharma School & Registration; registration also on 20th

Wednesday, September 16 10:00 am Shinran Shonin Monthly Memorial Service

Sunday, September 20 Fall Ohigan Service with Rev Miho Sekiya

Ministers: Rimban Don Castro 24 hours: (206) 779 -2214 and Reverend Jim Warrick
Wheel of the Sangha NEWSLETTER Editors: English - Irene Goto Newsletter@SeattleBetsuin.com
Japanese - Machiko Wada Newsletter-Jpn@SeattleBetsuin.com

***The deadline to submit articles is the third Monday of each month at 8:00 PM.
Deadline for October Issue: September 21, 2015 at 8:00 PM***