



## Music and the Spirit

By Rinban Don Castro

As I write this article, we have just concluded a very successful Northwest Buddhist Convention at the Bellevue Westin Hotel with the theme "Everyday Rhythm of the Nembutsu." We were surrounded by music. There were musical buskers playing in the lobby between workshops, meetings, services and the banquet. Music filled our services, the keynote address by Rev. Harry Bridge, several workshops and the dancing following our banquet. It was a wonderful musical weekend and everyone's spirit seemed to be lightened. It seems to me that music most often speaks to the heart while prose often speaks to the head.



At the convention, I related how my mother, in the last couple of years of her 96 years life, increasingly lost the ability to articulate her thoughts yet retained her love of music and could sing the lyrics of her favorite songs quite well. After having this first-hand experience with my mother, I started hearing, or maybe just started paying attention to research by neurologists on the positive effects of music on people suffering from dementia and Alzheimer's. "Whatever the mechanism, the therapeutic value of music is accepted by the medical establishment, and some forms of music therapy are covered by health insurance."<sup>1</sup>

Needless to say, the therapeutic value of music and verse extend to everyone not just to the elderly. We all suffer from the afflictions of our, to use a Buddhist expression, "birth-and-death" life. Is it any wonder that religious services and music go hand-in-hand, including chanting? The early Buddhist scriptures (sutras) are all in verse, making them easier to memorize, and were chanted daily. Over the past decade, our musical program at Seattle Betsuin has greatly increased and really

*continued on page 2...*

<sup>1</sup> "Music Boosts Memory in Alzheimer's: Song may be key to remembering daily meds" by Susan Seligson, Boston University website

## President's Message

By Yukio Morikubo

In the afterglow of our 68<sup>th</sup> NW District Convention, I feel proud, grateful and inspired.

I feel proud because our Seattle Betsuin convention committee, led by Lynne Goodrich and Karen Morikubo, along with the creative energy of Kemi Nakabayashi and the religious insight of Rinban Castro, planned and executed a convention that set a new bar for creativity, interactivity and fun in sharing the Dharma.

I feel grateful because it was such an exceptional effort by so many of our members, ministers and friends. Rev. Harry Bridge did an amazing job as our keynote

speaker. Our workshop speakers and discussion leaders, including Bishop Umez and all of our NW District ministers, conducted illuminating and engaging workshops. And many, many of our members and friends contributed



Mas Tamekuni & Rev. Bridge

great amounts of their resources of time, talent and money, to conceptualizing, planning, funding and executing the event. I'm sure that all who pitched in feel more connected for it. It was heartwarming to witness.

I feel inspired because the convention gave me a better glimpse of what is possible in our own temple going forward. One person commented that everyone left the convention feeling "upbeat and touched." How great is that? But that begs the question, "why?" and "what can we learn so we can make our regular experience at the Seattle Betsuin more uplifting and engaging?"

While we certainly could not sustain the kind of effort that went into the convention on a long-term basis, we can definitely learn from what worked well at the convention and use those learnings to improve the experience we deliver at the Betsuin. How? To me, the takeaways bring me back to thinking "outside of the box" and balancing our fondness for tradition and familiarity with the need to infuse our experiences with forward-looking creativity, interactivity and fun.

*continued on page 2...*

**...Rinban's Message** *continued from page 1*  
enhanced our services with the choir, Bodhi Ensemble and Taiko. We now have two delightful and inspiring music services a year. Our challenge is to keep our program strong in the face of students graduating from high school and going away to college and choir members dropping out for health reasons.

In doing some research for this article, I was amused by a statement in the following article from Dr. Glenn Smith of the Mayo Clinic. The title is "How can music help people who have Alzheimer's disease?" "Limited research suggests that listening to music can benefit people who have Alzheimer's disease in various ways. For example, music can:

- Relieve stress
- Reduce anxiety and depression
- Reduce agitation

Music can also benefit caregivers by reducing anxiety, lightening the mood and providing a way to connect with loved ones who have Alzheimer's disease – especially those who have difficulty communicating." I think the benefits of music Dr. Smith points to here apply to everyone but when I saw it happening with my mother it really brought home the value of music. I would add to Dr. Smith's list "spiritually inspire and reconnect." A week

before my mother passed away, she was visited by a Christian chaplain who brought his guitar. The chaplain started singing "Amazing Grace." My sister was there and tells how my mother, who seemed to be asleep, started harmonizing with the chaplain without ever opening her eyes.

**...President's Message** *continued from page 1*

We are known to be a progressive Sangha at the Seattle Betsuin. Having witnessed what we did at our convention in February, we should all challenge ourselves to think carefully about how we allocate and expend our considerable but still limited resources of time and talent. Our religious department is always on the lookout for new, engaging and fun ways to share the Dharma. They have done a great job and introduced many new things over time. But there's always room for more creativity and innovation. That need is unending.

What are your ideas? How can we help members feel more connected when they come to the Betsuin? What more can you do to help your fellow members feel more upbeat and touched in their lives?

Gassho, Yukio.

*More Convention photos on page 9...*

#### **4<sup>th</sup> Women in Buddhism Conference– Saturday, October 3 - UPDATE**

In addition to Linda Anderson Krech from the TōDō Institute, Reverend Patti Nakai from Chicago Buddhist Temple will speak. Please reserve the date!  
-IHG

#### **Shoshinge Class in Japanese with Rev. Kuwahara January 23, 2015**

was attended by members of White River, Tacoma and Seattle Betsuin Buddhist Temples.  
-IHG





## Seattle Betsuin Buddhist Women's Association Submitted by Janet Baba



**NWD Buddhist Convention:** The 68<sup>th</sup> NWD Convention, "Everyday Rhythm of the Nembutsu," took place on Feb. 13-15, at the Westin Bellevue Hotel. Reverend Harry Bridge, resident minister, and musician, from the Oakland Temple, gave the keynote address. Members and friends from Oregon, Idaho, Washington, in addition to guests from other states, and Canada, gathered for the music based convention for a weekend of songs, speakers, workshops, banquet, dancing, and merriment. The NWD BWA cabinet held a Representatives' and General Membership meeting during the weekend. The FBWA Youth Exchange Program and



2015/2016 FBWA Planning Committees also held meetings. Our members enjoyed three full days of activities with our neighbors from the Northwest. [Kinue Kuwahara prepared altar flower arrangement for Convention.]

### **Memorial Tribute for Rev. Taitetsu Unno:**

Our members participated in the Memorial Service for Rev. Unno.

His son, Rev. Mark Unno and his mother, Alice Unno participated in this memorial, held on Saturday, February 7. This was the fifth service for Rev. Unno, which concluded at our temple, and was very meaningful, as the Pacific Northwest was his second home. Many of the SBBWA members provided refreshments for the reception. "Gentle Hands" & "Oneness in Amida," two songs written by Rev. Taitetsu and Alice Unno were sung by the Seattle Betsuin Choir during the service.



**Hospitality Committee:** Our Hospitality Committee is on duty for temple guests in the Memorial Hall lounge to make their visit to the temple a pleasant one. Tea service and refreshments are provided for our guests, as well as a quiet place to rest. Occasionally, our guest will stay overnight in the lounge. This hard working committee is led by co-chairs, Judith Nakamura and Frances Tamekuni, joined by Marian Asaba, and Yoko Hamanaka. Marlene Okada, Tina Zumoto-Ko and Kayoko Terada assisted them this past year.



**Udon for Youth Hunger:** On Sunday, March 8, an Udon Bowl sale is planned to raise funds for Summer Youth Hunger at the temple. Many children receive free lunches during the school year through their school lunch program, but go hungry during the summer months. We will be donating the funds to several youth programs, including the Asian Counseling and Referral Services. Udon sales tickets are now being

←sold through March 1. Bowls of hot udon, prepared by Ritsuko Kawahara and her chefs, will be a welcome treat following Dharma Exchange. Purchase your \$6 ticket now for this delicious lunch.

**New Members:** We continue to seek new members to join us at our annual New Membership Service and Fellowship Luncheon, which will be held on April 26. New members are always welcome as we give service to our Temple, Sangha, & Community. We meet new friends, learn cooking and craft skills, help with temple fundraisers, support each other, and also have fun. An annual summer outing is planned each year for gaining new experiences and sightseeing. Contact Kiyo Takashima, Janet Baba, or Joan Nakano in the temple office for information.

In Gassho, Janet

**Calendar:**

SBBWA Board Meeting	Mar. 1
Udon Bowl Fundraiser	Mar. 8
Spring Ohigan	Mar. 22
Salmon Dinner	Mar. 28
Cabinet Meeting	Mar. 29



The Seattle Betsuin Buddhist Women's Association (SBBWA) extends a warm welcome to any potential new members to join our organization.

We would like to invite any Betsuin members to join the feminine aspirations of religious awareness, provide and support services to the Seattle Betsuin, contribute services for the welfare of the community, and promote fellowship amongst the members.

Please contact the Betsuin office at (206) 329-0800 if you have any questions.

-JN

**Musical Notes: Photos of NW District Convention at Bellevue Westin** submitted by Kemi Nakabayashi



Reverend Dennis Fujimoto,  
Idaho-Oregon Buddhist Temple



Seattle Betsuin Ukelele Band with Mas Tamekuni, buskers

*more...*





**Dharma School** by Joyce Tsuji. We hope everyone enjoyed the Nirvana Day vegetarian potluck, bake sale and pet memorial service. Big thanks to all who helped with these events, contributed baked goods, yummy dishes and to those who supported the Dharma school by buying goodies.

We also hope that everyone enjoyed the NW district convention. Many DS families attended and helped put on this special event.



### Classroom Reports

Pre-K/K The Pre-K/K class observed Ho-onko by listening to the story of the life of Shinran Shonin. After talking about Shinran and his disciples meditating in the snow, the students made a snow globe. The following week the class continued to learn about Shinran and colored a picture of him as a child and another of him in his later years. They stapled the two pictures together and stuffed it with tissue. Students were given a booklet of Shinran's life to color and will continue to learn about the importance of Shinran Shonin in our lives. The children also learned about symbols and were shown photos of different Buddhist and other symbols to identify what they represented. They then made a Buddhist flag and discussed what all the colors of the flag represented. 1<sup>st</sup>/2<sup>nd</sup> grade We read the "Shrine book" and talked about the elements of the Buddhist shrine that they can see in the hondo. We discussed the meaning of these elements and then how that related to



←items in a home obutsudan. Many of the children have seen these home shrines in family members' homes. They each made one out of paper and even glued on some real rice for the rice offering.

The next week was Superbowl Sunday with our Seahawks in the big game. We took this opportunity to introduce the Eightfold path, specifically Right Speech and Right Conduct. We gave examples of how these would apply to sportsmanship and play-

ing a game. We concluded with a rousing game of bingo where each student won a round and took home a Seahawks tattoo (temporary, of course).

### 3<sup>rd</sup> – 5<sup>th</sup> Grade

Here's the class showing Seahawk spirit!

Submitted by Tina Ko



Rev. Kuwahara & DS kids on January 24, 2015



## **SPRING SALMON DINNER: Saturday, March 28, 2015 PLEASE PROMOTE!**

As with prior years, we'll have an alternative as an entrée option instead of salmon. We'll be asking for your assistance in getting the word out this year and selling tickets that you'll be receiving in the mail. Please encourage your family and friends to support us rather than returning the tickets to the Temple. We can send you more tickets. This event is one of two major fundraisers for the Temple and helps to support its religious or operational expenses.

Tickets will be mailed by early March. There will be a date suggested in the mailing for receipt of payment on the tickets or requests for additional tickets. This earlier date, in advance of the event, will

assist the Temple with estimating the amount of salmon that we need to order. The date will be specified in the letter accompanying the tickets.

Submitted by HL Edited by IHG

# ***SALMON DINNER FUNDRAISER***

**Saturday, March 28, 2015**

**Dine In: 4:00 P.M. – 7:30 P.M.**

**Take out or Drive-thru: 2:00 P.M. – 7:00 P.M.**

*Dinner includes: Miso soup, Salmon, Rice, Salad, Vegetables, Tsukemono*

*(Alternative Pork main entree available in LIMITED quantities)*

*Baked Goods / Desserts will be available for sale*

**Seattle Buddhist Church**  
1427 S Main Street, Seattle WA 98144  
(206) 329-0800

**Cost: \$15.00 / Ticket**

Net proceeds benefit the Temple's  
operational expenses

Please call the Temple Office in advance to purchase tickets. Tickets will be at will call.  
Office Hours: M-F 9:00 A.M. – 3:00 P.M., e-mail: [office@seattlebetsuin.com](mailto:office@seattlebetsuin.com)

## In Memory of Reverend Dr. Taitetsu Unno: 1929 – 2014

A memorial service was held on Saturday, February 7, 2015 at 2:00 PM at Seattle Betsuin. Mrs. Taitetsu Unno (Alice) and son Mark Unno thanked friends from the Pacific Northwest and Canada for attending. A reception prepared by SBBWA was held in the auditorium. - IHG



Photos by Sat Ichikawa

**Seattle Betsuin is trying out a weekly email newsletter.** If you would like to receive the new weekly email newsletter, please contact Calvin at [calterada@comcast.net](mailto:calterada@comcast.net) or Joan at [office@seattlebetsuin.com](mailto:office@seattlebetsuin.com) to request



## Notes on Dharma Exchange

**Jan 25, 2015** Rinban Castro made it clear that the "Fat Buddha" is not a Buddha at all, but rather he was a monk who loved children and gave them sweets. We see his likeness in Asian restaurants and businesses. . . The question, "What do Buddhists believe?" Sensei's answer remained the same, "Nothing," because Buddhism starts with experience, not belief. . . What is Dukkha? It includes unease, pain, dissatisfaction, etc. . . To see the Dharma is by experiencing the way things are, and getting in touch with what is real. . . A participant expressed the opinion that repression has a way of coming back. . . In explaining what a mantra is, Sensei indicated "Namo Amida Butsu" is not a mantra, but an expression of gratitude. We remember the Buddha by saying Namo Amida Butsu, and it is called the Nembutsu.

**Feb 1** - Rinban Castro and Rev. Warrick conducted the Dharma Exchange.

Warrick Sensei reported that 70% of Betsuin Boy Scouts reach the Eagle Scout designation; whereas the national average is 5% who become Eagle Scouts. . . Castro Sensei reported that he recently performed a Memorial Service for Arthur Koura of Bainbridge Island where he grew strawberries. He

was in the 442nd Regimental Battalion and was wounded in World War II. His son who lives in Texas related to Sensei that there is a monument to the 442nd in Texas. . . Because of so many reports of fraudulent use of email and phone calls a participant suggested we all have caller I-D on our phones.

**Feb 8** - Rinban Castro explained that Pet Memorial and Nirvana Day Service were combined several years ago. . . Sensei said his cat was having stomach problems and refused to eat. The veterinary recommended going to Renton for a special sonic procedure. It was discovered that the cat had ingested five furry toys, and fortunately pet insurance covered part of the surgery cost. Sensei recalled a woman who said she cried more over her cat's death than that of her husband.

**Feb 14** At the Northwest Buddhist Convention during the Saturday luncheon, Pat re-connected with a member of the Spokane Temple who smilingly told her that the Roman Catholics "stole" from the Buddhists -- chanting, offering incense, and the nenju which became the rosary. [Feb.15 service was held at the Bellevue Westin]

In Gassho, Pat Bobrow

## Helping with Dharma Exchange

### ***Toban* can be a team effort . . .**

Dharma Exchange takes place each Sunday immediately following regular family service from about 10:45 when coffee and tea are made available to enjoy with the discussion and Q/A period until 11:30; then the treats are served, (usually donuts), to enjoy with the coffee and tea until 12noon.

**Can you help?** Donuts are the usual fare, but home-made pastries and fruit are also welcome. Costs for these items are reimbursed with a receipt. A sign-up sheet is on a clip board on the dining room bulletin board; choose a convenient date and sign-up. Thank you. – IG

### **'SCHOLARSHIPS' for High School**

**Seniors and College Students HIGH SCHOOL:** The Seattle Betsuin Tsujihara Family Memorial Scholarship Grant and Seattle Betsuin Continuing Education Grant are offering scholarships to high school seniors graduating in 2015.

**COLLEGE:** If you are a student currently enrolled and completed one year of college, the Masaru & Mitsuma Shimokon Scholarship Grant is offering scholarships for careers as nurse prac-

itioner, medical doctor, registered nurse, engineer, or computer science. Other fields in the technical, math and science programs may also be considered. This is a one-time only grant.

All high school and college applicants or their parent(s) must be a member of good standing of the Seattle Buddhist Church.

The **deadline** to submit applications is Monday, April 6, 2015 by 2:30pm to the temple office. Contact Shizue Kaku via the temple office 206-329-0800 or email: [office@seattlebetsuin.com](mailto:office@seattlebetsuin.com)

**Book Study Group** The Buddhist Study Group will forgo their meeting in March and encourages members to attend the CBE Winter Pacific Seminar with Professor Tomoyasu Naito on March 7 from 9:00-4:00. We will meet again on Saturday, April 7 9:30-12:30 to discuss *The Universe in a Single Atom* by the Dalai Lama. - Leonora Clarke

### **ABA hosts PING PONG**

**on March 22** All adults, (18 and up) are welcomed to join us to play ping pong on Sunday, March 22 on the gym stage. We will go from noon until 2pm. Get ready to play! Meet your sangha!

- Gail Kaminishi





## NW District (BCA) Convention Photos by Sat Ichikawa



### **'SCHOLARSHIPS' – High School Seniors / College Students**

**HIGH SCHOOL:** The Seattle Betsuin Tsujihara Family Memorial Scholarship Grant and Seattle Betsuin Continuing Education Grant are offering scholarships to high school seniors graduating in 2015. **COLLEGE:** If you are a student currently enrolled and completed one year of college, the Masaru & Mitsuma Shimokon Scholarship Grant is offering scholarships for careers as nurse practitioner, medical doctor, registered nurse, engineer, or computer science. Other fields in

the technical, math and science programs may also be considered. This is a one-time only grant.

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[office@seattlebetsuin.com](mailto:office@seattlebetsuin.com)

**BCA Events** <http://buddhistchurchesofamerica.org/center-for-buddhist-education>  
**JODO SHINSHU CENTER | TECHNOBUDDHA: THE GOOD, THE BAD, AND THE BACHI**  
6:00 pm (13<sup>th</sup>) - 12:00 pm (15<sup>th</sup>) 2140 Durant Avenue, Berkeley CA 94704 Jodo Shinshu Center Phone Number: (510) 809-1426  
**FRI 13 MAR - 15 MAR 13 6:00 PM MAR 15 - 12:00 PM**

**Register Today! \$35 early bird registration until Feb. 28, 2015**  
**[facebook.com/technobuddhaconference](https://facebook.com/technobuddhaconference)**

TechnoBuddha is an annual conference where you'll spend quality time reconnecting and networking with amazing young adults between 21 and 39 in the Jodo Shinshu community. With Dr. Jeff Wilson, Prof. at University of Waterloo and author of, "Buddhism of the Heart-Reflections on Shin Buddhism & Inner Togetherness", leading the way as our keynote speaker, and exciting active and educational workshops, this conference is shaping up to be a blast!

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**IBS & CBE present the 2015 Winter Pacific Seminar at Seattle Betsuin**  
**Saturday, March 7, 2015**

**"Life of Awakening:  
True Teaching"**  
in Japanese with  
English translation by Rev.  
**Mutsumi Wondra**  
**9:00AM – 4:00PM**



**Keynote Speaker:**  
**Professor Tomoyasu Naito**  
***Kangaku – Jodo Shinshu***  
***Hongwanji-ha***

Visit  
[www.BuddhistChurchesofAmerica.org](http://www.BuddhistChurchesofAmerica.org)  
**Registration Deadline:**  
**February 23, 2015**

Prof. Tomoyasu Naito, Kangaku, (the highest academic rank within the Jodo Shinshu Hongwanji-ha), and Professor Emeritus of Shinshu Studies at Ryukoku University in Kyoto, Japan, will be the keynote speaker at this one-day seminar. Afternoon sessions will include a lecture in English by Rev. Kiyonobu Kuwahara, CBE Co-director and Coordinator of the Hongwanji Jodo Shinshu Correspondence Course and a Japanese lecture by Prof. Naito. Registration: \$30 (includes lunch). Contact Info: Seattle Buddhist Church 1427 S Main St Seattle, WA 98199, (206) 329-0800; FAX: (206)329-3703; [Office@SeattleBetsuin.com](mailto:Office@SeattleBetsuin.com) ; [www.SeattleBetsuin.com](http://www.SeattleBetsuin.com)

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2015 Winter Pacific Seminar at Seattle Betsuin Registration: \$30 per person (includes lunch)

Name \_\_\_\_\_

Address \_\_\_\_\_

Email or Phone \_\_\_\_\_

Send check payable to "Seattle Betsuin," - memo: "Winter Pacific Seminar" to Seattle Betsuin, 1427 S. Main St., Seattle, WA 98144, Attn: Winter Pacific Seminar no later than February 23. Email: [office@seattlebetsuin.com](mailto:office@seattlebetsuin.com) or phone: (206) 329-0800.



## Betsuin Events for March 2015

**MOST SUNDAYS** – confirm Sundays listed below. All are invited:

8:45 am \*MEDITATION SERVICE at 1441 S. Main St; Sutra Chanting, 20-minute meditation, discussion.  
 10:00 am SERVICE - in Hondo (main sanctuary) includes Sutra Chanting, singing, and Dharma Talk  
 11:00 am DHARMA EXCHANGE – in dining room 14 dialogue with minister and ministers assistants

**MOST WEDNESDAYS** \*\*10:30 am **DHARMA SUPPORT GROUP** with Meditation – **call office to confirm**

**SUNDAYS** 8:45 am Meditation Service\*

March 1 8:45 am Meditation Service

10:00 am FAMILY SERVICE

Youth: TBD

Adult: Rev. Warrick

Japanese Program

DSDX: TBD

DX: Rev. Warrick

11:45 am SBBWA Board Meeting

March 8 8:45 am Meditation Service

10:00 am FAMILY SERVICE

Youth: TBD

Adult: Rinban Castro

Japanese Language Service: Professor  
Tomoyasu Naito

DSDX: TBD

DX: Rinban Castro

March 15 Rinban Castro at San Fernando  
Valley Buddhist Temple

8:45 am Meditation Service

10:00 am Camp Fire Sunday Service

Youth: TBD

Adult: TBD

Japanese Program

DSDX: TBD

DX: TBD

March 22 8:45 am Meditation Service

10:00 am SPRING OHIGAN SERVICE

Youth/Adult: Rinban Castro

Japanese Program

DSDX: Irene Goto Sensei

DX: Rinban Castro

March 29 8:45 am Meditation Service

10:00 am FAMILY SERVICE and CHILDREN'S  
SERVICE

Children: MA Jason Yokoyama

Youth/Adult: Rinban Castro

Japanese Program

DSDX: Rinban Castro

DX: Irene Goto Sensei

11:45 am SBBWA Cabinet Meeting

**MONDAY** March 2 Rinban Castro (Day Off)

March 16 10:00 am Shinran Shonin Monthly  
Memorial Service

**TUESDAYS**

March 17 Rinban Castro (Day Off)

March 24 10:30 am Keiro Service (Rinban Castro)

**WEDNESDAYS** \*\* 10:30 am - call office to confirm

March 4 10:30 am Dharma Support Group (Rinban Castro)

March 11 10:30 am Dharma Support Group

March 18 10:30 am Dharma Support Group

March 25 10:30 am Dharma Support Group (Rinban Castro)

**THURSDAYS**

March 5 1:30 pm Nikkei Manor Service (Rinban Castro)

March 19 1:30 pm Nikkei Manor Service (Goto Sensei)

7:30 pm Betsuin Cabinet Meeting

March 26 7:30 pm Betsuin BoD Meeting

**FRIDAYS**

March 6 12:00 pm Gojikai Service and Luncheon  
Meeting (Rinban Castro)

March 13 – 14 (F - S) Rinban Castro - San Fernando, CA

March 20 Rinban Castro (Study Day Off)

**SATURDAYS**

March 7 9 am - 4 pm Center for Buddhist Education

Winter Pacific Seminar: Professor Tomoyasu Naito

March 14-15 (Sat.-Sun.) NWYBL Spring Retreat

March 28 4:00 pm – 7:30 pm dine-in SALMON  
DINNER FUNDRAISER: 2:00 pm – 7:00 pm Take

out or Drive-thru for Salmon Dinner

**April 2015: Major Events of Interest**

Saturday, April 7 9:30am Book Study see p.8

Sunday, April 12 Hanamatsuri Service  
and Luncheon

Sunday, April 19 Earth Day Service

Sunday, April 26 SBBWA New Member's  
Service and Luncheon

**SALMON DINNER FUNDRAISER:**

**March 28, 2015**

**Dine-In 4:00 pm – 7:30 pm**

**Take out or Drive-thru 2:00 pm - 7:00 pm**

**2015 April Newsletter Deadline:**

**Monday, March 16, 2015**

**8:00 pm**

**Seattle Buddhist Church** 1427 South Main Street  
Seattle, WA 98144 **Tel:** (206) 329-0800  
**Fax:** (206) 329-3703 **Office Hours:** Mon-Fri 9am-3pm  
[www.SeattleBetsuin.com](http://www.SeattleBetsuin.com); [Office@SeattleBetsuin.com](mailto:Office@SeattleBetsuin.com)

*Wheel of the Sangha*  
**A Monthly Newsletter of  
Seattle Buddhist Church**

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*THIS  
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LETTER*



**Seattle Betsuin Vision** Embrace true and real  
life in Nembutsu



**Seattle Betsuin Mission** Promote, protect, and  
share the Buddha, Dharma and Sangha

### 2015 March Events at Seattle Betsuin

Saturday, March 7	CBE Winter Pacific Seminar at the Seattle Betsuin with Professor Tomoyasu Naito see <i>page 10</i>
Sunday, March 8	Japanese Language Service - guest speaker, Professor Naito
Sat.-Sun., March 14-15	NWYBL Spring Retreat
Sunday, March 15	Camp Fire Sunday Service 10:00 am
Sunday, March 22	Spring Ohigan Service 10:00 am
Saturday, March 28	<b>Salmon Dinner Fundraiser</b> Dine-in: 4:00 pm – 7:30 pm; take out or drive-thru: 2:00 pm – 7:00 pm

<p><b>Ministers:</b> Rimban Don Castro 24 hours: (206) 779 -2214 and Reverend Jim Warrick <b>Wheel of the Sangha NEWSLETTER Editors:</b> English - Irene Goto <a href="mailto:Newsletter@SeattleBetsuin.com">Newsletter@SeattleBetsuin.com</a> Japanese - Machiko Wada <a href="mailto:Newsletter-Jpn@SeattleBetsuin.com">Newsletter-Jpn@SeattleBetsuin.com</a></p>
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***The deadline to submit articles is the third Monday of each month at 8:00 PM***  
***Deadline for April Issue: March 16, 2015 at 8:00 PM***