



Katsu's Reminiscence of Zimbabwe ~Food~

"Eat everything up whatever you are served!" "Do not have likes and dislikes about food!" Most Japanese children would be brought up like this. I was also taught that I must not waste food and I should be thankful to eat.

Each country, region, and people has different food. However, an appetite is a common desire for everybody without exception. Human beings have to eat something.

When I lived in Zimbabwe I learned that people there eat different foods. At this time, I want to introduce some Zimbabwean food to you. People in Zimbabwe often eat beef, pork, and chicken. I could not get much fish there because Zimbabwe is a land locked country. There was bread and rice. Their staple food is called "SAZA". They put corn powder into boiled water, stir it, and make "SAZA". It looked like "MOCHI". "SAZA" is usually served with beef stew and vegetables. At first, I disliked it but, soon I got used to eating it.

I ate several foods which I had never eaten before. One of the most impressive foods I tried was fried caterpillar. I needed to have a brave heart to eat it. It tasted like dried shrimp.

I stayed with a Zimbabwean family for a while. One night, I was watching TV in the living room with this family. Many termites came into the room and flocked on an electric light bulb. The family members caught these termites, took the wings off, and ate them. It is important for Zimbabwean to eat termites to have animal protein. They told me to try it! I had been taught, "Eat everything up whatever you are served!" "Do not have likes and dislikes about food!" but I could not eat it.



One morning I went to the kitchen to drink some water. I opened the refrigerator. There was a goat's head in the refrigerator. I was very surprised. I quickly turned around and looked outside. I saw a goat's body without a head hanging on a tree. They cooked the goat's meat for my supper on that day.

I felt they were barbarous when I saw that they ate living termites and the goat's body that had been hanging in the tree. I eat beef and pork in my daily life. A cow and a pig are also living animals, but I don't feel barbarous when I eat them. There are people who raise cows and pigs. There are people who slaughter them. There are people who clean them. There are people who cook them. And I am finally able to eat them. All beings, without exception, are living their life as much as they can. The cows and pigs are also living their lives they are not living to be eaten by human beings. Only human beings raise these cows and pigs as domestic animals for food. Fishes and vegetables are also the same as other living beings. We are receiving their lives to sustain our lives.

Our school, Jodo Shinshu has words for before and after meal. Before the meal, we recite "We are thankfully receiving this meal through many people's works and many sacrificed lives. I deeply appreciate having this meal. ITADAKIMASU" and, after the meal, we recite, "I enjoyed eating this precious meal. I live my daily life to repay my indebtedness more and more. Thank you again for this precious meal. GOCHIZOUSA-MADESHITA"

It is not easy to have food. A lot of lives have been sacrificed and a lot people have worked before I receive food. Before and after my meal I put my palms together and express my sincere appreciation. How meaningful it is! Expressing gratitude this way is one of our cherished rituals.

Gassho, Rev. Katsuya Kusunoki

ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to “thank” the following regular members, for contributing their minimum annual Sustaining Membership dues (the basic dues toward the Temple maintenance/operations). These are the most recently paid members for the fiscal year of 2018.

Mae Deguchi, Toshiko Fukeda, Jennifer Habu, Yoko Hamanaka, Peggy Hanada, Satoru & Grace Ichikawa, Roy & Deanna Ikegami, Ann Kashiwa, Kishiko Kusakabe, Kinue Kuwahara, Tsukasa & Keiko Namekata, Leanne Nishi-Wong, Greg & Ann Oxrieder, Louise Sakuma, Joe & Carolyn Schwab, Terrie Shigaya, Ben & Etsu Shimbo, George Shimizu, Kuniko Takamura, Haruso & Sonoe Taketa, Masao & Frances Tamekuni, Tazuko Uyenishi, Fukuyo Yee, Harry Yoshimura.

(compiled by HL, PS, JN, & SO)

Scout Troop 252 During the month of March Troop 252 planned to get patrol leaders more involved in the planning and leading of meetings so that all the responsibility doesn't fall on the Senior Patrol Leader. On March 10, Oscar and his patrol ran the meeting and the project for the day was helping a fellow Scout with his Eagle Scout project. On March 18, the Troop, Venture Crew, and some Cubs from Pack 252 went bowling at West Seattle Bowl. Later in the month the Troop plans to work with the Webelos from Pack 252 to prepare them for the Crossover camping Trip. This month, Troop 252 had a crossover camp for the cub scouts becoming boy scouts. Two of the three Webelos crossing over to boy scouts and five older scouts camped overnight. In addition, other boy scout and venture crew members came for Saturday to set up the Monkey bridge and help with the camp. They did a variety of scout bonding activities such as having a tin-foil dinner which they all cooked.—KB

General CF News Rainbows submitted by Shanti K “Hi everyone, thank you to everyone who attended and supported the Charity Concert for Hurricane Relief back in February. It was a fun afternoon, and we were able to raise over \$2200 for United for Puerto Rico. Thank you for all of your support and generosity!” - Shanti

Bon Odori July 21,22: save the dates

Mark your calendars for the annual Bon Odori festival, July 21, 22. Join us for traditional Japanese dance, food, drinks, cultural displays, and a beer garden with live music and happy hour. Dance practice dates: Please go to www.SeattleBetsuin.com for up-to-date information.

May Book Study Group will forego meeting on Saturday, May 5, 2018. Everyone is encouraged to attend

Rev. Dr. Nobuo Haneda's Lecture

Friday, May 4, 7:00pm in the temple's Memorial Hall Chapel

What is the Hongan? Shinran's Meeting with Honen

Dear Sangha Members,

May is traditionally the month when Sustaining Membership (formerly "Ijikai") letters are sent to our members. For a second year we will be holding a membership drive during the month of May to encourage members to renew their memberships and also welcome new members to our Sangha. Committee members will be available in the foyer before and after service throughout the month to assist in the membership process. Sustaining Membership dues are a major source of funding for the operations and maintenance of our temple.

For the long-term viability of the temple we must attract and retain new members to our Sangha, something we can only accomplish with engaging education and outreach programs. While we continue to keep our Sustaining Membership dues at \$300 per member (\$250 for members 70 or older), we encourage Sangha members to consider donating above this amount to help fund programming and new initiatives at the temple. Besides your financial contributions, please help us by inviting friends and family to temple events so that they can experience and hear the Dharma. In May we will have two events; a Sangha Sharing day (5/20) and Sr. YBA/YABA social (5/27). We hope these events will be an opportunity to share the Dharma with the greater community.

In Gassho,
Tyler Moriguchi
Betsuin Membership Committee

***Welcome back, Ayano and Yuiya...
....Welcome, Mrs. Hamamoto...
Congratulations, Rimban!
One Year in Seattle!***





Omigaki-Several members of the BWA members and Paul & Tricia Mori joined us for the 2nd session of cleaning the Onaijin. Please notice the glimmering shine of the lamps, the cleanliness of the incense holders. It was a great morning of working together and thanks to the new cleaner brought to us by

the experts from Japan, it seems easier to clean the items. Thank you to the crew that joined us during the first session and to the crew that joined us this month.



Japan Trip- Rinban Kusunoki is leading the group to visit Japan this fall, late November for 2 weeks, traveling to Kyushu, Hiroshima, Kyoto, Shikoku. If you would like more information, please contact the office, Machiko or Nina.

Volunteer opportunity: Would you like to volunteer with BWA members at St. Mary's church, few blocks east of Betsuin, once a month? This is interdenominational Food Bank assistance, you will be prep food, help distribute, etc. Or every few months we volunteer at Orion youth center to cater dinner. 5-6 BWA members will go to serve dinner, 3rd Friday. If you are interested to help, please let Nina or Machiko know.

Photo Contest: Commemorating World Buddhist Women's Convention in 2019 in San Francisco, BCA recognize "Obaachans" our BWA members who built the foundation of BWA at each temple. To honor the women and their legacy, 2019 BCA calendar is themed "Arigato Obaachans". If you would like to submit a picture of your mom, grandma, aunty, submission deadline is May 15, 2018. For more details, please ask Nina, Machiko or the office.

Walk for Rice 2018: The annual event will take place on June 30, 8 am - 1 pm. Please join Shizue and BWA members for this fundraiser at Seward park (2 mile walk) or donate to the ACRS, the city's only Asian foodbank. Our team name is SBBWA. Donate online http://acrs.walkforrice.org/site/TR/Events/General?pg=entry&fr_id=1110 or Machiko will accept your check and mail it in for you.

Obon: Getting ready for Obon? If you can volunteer, please take food handler's class online. It takes 30 minutes <https://www.foodworkercard.wa.gov/language.html>. After you receive your card please let Joan know the number.

Passing: Condolences to the family and friends of Fumi Groves, past president of SBBWA, 2000-2001. Passed away on April 1. Memorial was conducted by Rinban Kusunoki on April 14.

General Donations:

Michiko Toyoshima, Thy Pham, Terrie Tanino, Leanne Nishi-Wong

Nellie Anderson - In memory of Yoshie Hiroo

Dana Day Donations for March:

Yuki Arinobu, Clara Beard, Patricia Bobrow, Yoshie Dodobara, Helen Gota, Margaret Gotchy, Laura Ichikawa, Deanna Ikegami, Eileen Kanemoto, Masako Kubo, Lisa Kumasaka, Carolyn Kunihiro, Kinue Kuwahara, Ann Oxrieder, Shirley Shimada, Darlene Shimizu, Leslie Sumida, Naomi Takemura, Kiyomi Taketa-Ozanich, Terrie Tanino, Yvette Terada, Dolly Tokunaga, Michiko Toyoshima, and Sumie Yokota.

Wanted: Kimono, Yukata, Obi, & Zori, for Bon Odori Sales

SBBWA is asking for gently used kimono, yukata, obi & ties, geta, zori, & hair ornaments to sell at our Bon Odori Japanese Items & Craft Booth. We are also seeking a few selected Japanese items as dishware and artwork. Please label your donations with your name and contact information. Donation items can be brought to the temple office. Thank you!

May 4 Seminar (English): Rev. Dr. Nobuo Haneda

Friday, May 4, 2018 7:00 pm
Memorial Hall Chapel
What is the Hongan?
Shinran's Meeting with Honen

Betsuin gratefully acknowledges the donations received for the following special services. If your name is not listed, the donation may have been received after the deadline for this newsletter and will be listed in the next edition. Please accept our apologies for any inadvertent misspelling of names:

Hanamatsuri Special Service: Akira, Donald & Karen; Arinobu, Gene & Yuki; Asaba, Lauren; Asaba, Marian; Baba, Janet; Chinn, Connie Ozeki -; Deguchi, Mae; Desaki, Yasuko; Fujii, Aiko; Fujino, Suteko (Sue); Fujita, Florence; Fukeda, Toshiko; Habu, Gordon & Mae Yamasaki -; Hale, Ellen; Hamakawa, Ron; Hamatani, Gary & Sandee; Hamatani, Jane; Hanada, Miyuki; Hanada, Peggy; Hara, Reiko; Harada, Setsuko; Hasegawa, Kathy; Hikida, Mary; Hinds, Cynthia; Hirata, Michiko; Hoshino, Alan A. & Lori; Ichikawa, Satoru & Grace; Isomura, Toshiko; Ito, Yaeko; Jacobs, Loraine; Kakiuchi, George & Kayoko; Kaku, Dale & Shizue; Kaminishi, Gail; Kaneta, Miyoko; Kashima, Tetsuden & Cecilia Kanako; Kashiwa, Ann T.; Katayama, Mary K.; Kato, Nina Tomita -; Kawahara, Ritsuko; Kobayashi, Frances; Kogita, Takako; Kojima, Esther; Kondo, Stan & Bonnie Duran; Kubo, Masako; Kunihiro, M. Carolyn; Kusakabe, Peter; Kuwahara, Kinue; Mamiya, Haruko; Mano, George & Irene; Mano, Mariko; Matsui, Tsugio Jack; Mayeda, Duane & Ann; Mayeda, Julie; Miyata, Tetsuo & Linda; Mizumori, Sheri; Mori, Paul Bruce & Teresa; Morikubo, Yukio & Karen; Naemura, Joseph & Janie Okawa; Nagai, Ernest & Sanaye (Sunnie); Nakamura, Yoshio & Judith; Nakanishi, Kiyoko; Nakano, Craig & Joan; Nakano, Junko; Namekata, Tsukasa & Keiko; Nishimura, Hisashi & Sadako; Nishizaki, Mabel; Nitta, Nancy; Ohtani, Michiye; Okada, Barry & Marlene; O'Shields, Dean; Otsuji, Nobuko; Oxrieder, Gregory & Catherine Ann; Oye, Sunako (Sunkie); Ozanich, Kiyomi Taketa -; Ramsey, Charlotte Miya; Sako, Masako; Sakuma, Pauline; Sato, Joyce; Seko, Robert; Shahbaghlian, Patricia Oye -; Shibata, Dennis M.; Shigaya, Kenneth; Shigaya, Teruko (Terrie); Shimada, Shirley; Shimbo, Ben & Etsu; Shimizu, Roy & Kazumi; Shimizu, Sato & Darlene; Shinoda, Franklin; Shintaku, Frances; Suzaka, Gail; Tahara, Masaru & Anna; Takamura, Kuniko; Takashima, Kiyoko; Takemura, Yoshiaki & Naomi; Taketa, Haruso & Sonoe; Tamekuni, Masao & Frances; Tanabe, Steven & Ileene; Tanaka, Rikuko; Taniguchi, Fumiye; Taniguchi, Theodore & Akico; Tanino, Katsumi & Teruyo (Terrie); Tazuma, Grace; Tazuma, Miyoko; Terada, Allan & Kayoko; Terada, Hideko; Terada, Ronald & Suzuko; Teramoto, Margaret; Teramoto, Stuart; Tomita, Paul & Mabel; Tosaya, Gary & Julianne; Toyoshima, Michiko; Uchida, Sam & Masako; Uyenishi, Tazuko; Wada, Machiko; Watanabe, Henry & Christy; Wong, Leanne Nishi -; Yahata, Shizue; Yamasaki, Fujie; Yamashita, Dennis & Elaine Aoki -; Yee, Fukuyo; Yocom, Kenneth & Anna Tamura; Yokoyama, Kevin & Kari Ann; Yoritsune, Charlene M.; Yoshida, Fuyo; Yoshimi, Crystal; Yutani, Nobuo; Zumoto, James & Tomiko;

Ohigan – Spring Special Service: Fujii, Aiko; Hamanaka, Yoko; Hamatani, Jane; Hanada, Peggy; Ichikawa, Satoru & Grace; Kashima, Tetsuden & Cecilia Kanako; Knutzen, Paul & Janet; Kondo, Stan & Bonnie Duran; Kumasaka, Lisa; Morikubo, Yukio & Karen; O'Shields, Dean; Shigaya, Kenneth; Shigaya, Teruko (Terrie); Shimada, Shirley; Takamura, Kuniko; Tomita, Paul & Mabel; Toyosubmitted shima, Michiko; Yamasaki, Fujie; Yanagimoto, Michiko; Yoshida, Fuyo;

Ho'Onko Special Service: Ito, Yaeko

Musical Notes by Kemi Nakabayashi

Thank you to all the musicians who supported Hanamatsuri and Earth Day music services in April. Matsuri Taiko has had a busy month including community participation at the Cherry Blossom Festival as well.

Two groups of Seattle Betsuin members attended the Pacific Northwest Ballet *Emergence* program last month which included *RAKU* with music composed by Shinji Eshima. Some of us who attended the premiere performance met with Shinji and his cousin Hiro Imamura for post-performance conversation. We know them as the composers of gathas from our service book. However, the *RAKU* music was complex and thoughtfully written to include a portion of *Shoshinge* as well as a percussion rhythm in Morse code. Hearing Shinji explain more about his work and celebrating the premiere with the opera orchestra conductor and some of the musicians was a special treat! We hope Shinji will return to Seattle later this month when his composition *August 6th* is performed as part of the Music of Remembrance program on Sunday evening May 20 at 5 pm at Benaroya Recital Hall. <https://www.musicofremembrance.org/concert/spring-concert-gaman>



← Susanne Umeda
Shinji Eshima
Dennis Yamashita
Yoko Yanari

Hiro Imamura →
and Shinji Eshima



Dharma School News

submitted by Joyce Tsuji Many thanks to the Dharma school families and Rinban Katsu for decorating the beautiful hanamido.

Also special thanks go to Ron, Marie, and Joan for organizing the delicious Hanamatsuri luncheon and to all their helpers.



Classroom Reports: 1st/2nd grade class We got a little head start on a Mother's Day project, "sshhhhh". We read Sakyamuni's birth story, a couple versions of it actually then decorated a paper hanamido with him inside with sticker flowers and jewels representing rain. Finally we talked about the three Treasures/Refuges. We did a lot of defining together on what all the words mean. We listed them out and then thought of some of our own treasures.



FROM BCA CENTER FOR BUDDHIST EDUCATION (CBE)

Jodo Shinshu Center, 2140 Durant Avenue,
Berkeley, CA 94704 cbe@bcahq.org

Telephone: (510) 809-1460

**Upcoming BCA Educational Events and CBE
Program Highlights:**

2019 BCA CALENDAR PHOTO

CONTEST The theme for the 2019 BCA Calendar is "Arigato Obaachan!" (Thank you Grandmother!). We are announcing a photo contest for photos to include in the 2019 BCA Calendar. Contest participants are asked to submit photos of your Buddhist Women's Association (BWA) members, young and old, (and "obaachans") in scenes of their activities, past and present, representative of their hard work at your temple.

Photo submission deadline is May 15, 2018.

Please note the following photo details:

- ALL photos must be in landscape digital format of the highest resolution possible (minimum 350 dpi @ 11" X 8 1/2").
- Collages (multiple photos) may be submitted as one calendar page BUT they must be of the same highest resolution quality as individual photos and the collages must come pre-positioned and camera-ready when submitted.
- Please limit your submissions to one calendar page per person.
- Send photos to: Judy Kono: jkono@bcahq.org and include your name and temple affiliation.
- Winners will be selected at the June 2018 BCA National Board meeting by vote, and the winning 12 photos will be in the 2019 BCA Calendar.

BCA Events continued on p. 14...



The Seattle Betsuin Gratefully Acknowledges the Following Donations March - April 2018

Funeral / Memorial / Nokotsudo:

Given by:

Kenneth Ogami – Funeral Service	\$ 1,000.00	Dori Ogami
Fumiyo Habu – Funeral Service	\$ 1,000.00	The Habu Family
Midori Kamimae – Funeral Service	\$ 600.00	Estate of Midori Kamimae
Nokotsudo	\$ 200.00	Kuniko Takamura
Rinzo Ohara – In Memory of	\$ 100.00	Mari Ohara
Shio Ohara – In Memory of	\$ 100.00	Mari Ohara

In Memory of:

Given by:

Marion Dumont	Dan Durham & Susan Tusa
Grace Freeland	Dennis Yamashita & Elaine Aoki
Sam Goto	Donald & Karen Akira; Irene Driscoll-Goto; Akiko Goto
Fumiyo Habu	Gordon Habu & Mae Yamasaki; Harry Yoshimura
Midori Kamimae	Donald & Karen Akira
Takiko Miyauchi	Peggy Tanemura
Hiro Nakanishi	Ken Kurata
Fumi Nishimura	Darlene Suyematsu
Hiroyuki Nishimura	Frances Shintaku
Masayo Martha Taniguchi	Aiko Arita; Carolyn Arita; Eddie Itagaki & Setsuko Takemura; Ritsuko Kawahara; Mabel Nishizaki; Steven Reeves & Elaine Nakamura; Yoshio & Judith Nakamura; Peggy Tanemura; James & Tomiko Zumoto
Ryomi Tanino	Duane & Ann Mayeda

Endowment Donations: Dan Durham & Susan Tusa

General Donations:

Given By:

Appreciation for Visitation of	
Kuniko Akutagawa Reynolds	Janie Cowart
Campfire Birthday Observance	Seattle Betsuin Buddhist Church Camp Fire
Purchase of new Shō Kin (Bell) for Naijin	Anonymous
General Donation	Gayle Uchida
General Donation	Sachiko Nakama
General Donation	Visitor

2018 Salmon Dinner Fundraiser, “Thank You” - HL

With this event celebrating its 6th year, it has become an event that has slowly grown in popularity and looked forward to by attendees. It takes the contributions of many to make this event successful, so for those that did help with their volunteerism, a huge **THANK YOU** for your time and effort with food prep, gym set-up, cooking, serving, clean-up etc. Volunteers not only came from the Sangha but we had members from one of the Seattle Asian Sports Club boys basketball team who volunteered their time at a community event as way to give back to the community.

Final financial figures are not available yet, but may appear to be close to the prior year. We did have slower pre-sales this year, but attendance appeared to be consistent throughout the event. Success can also be described with the number of attendees and the many favorable comments on the salmon and pork entrees and additional comments on those who look forward to this event for the quality and value. On this measure, the event was OUTSTANDING!! The weather held out for the event with no rain and sunny weather, so we have been very fortunate with the event occurring in March. Along with the dinner there was a variety of desserts: apple, cherry, blueberry, strawberry-rhubarb, peach, lemon meringue pies, carrot and chocolate cakes, manju, ohagi cookies and other baked goods to choose from for purchase.





Seattle Buddhist Temple
welcomes

Rev. Dr. Nobuo Haneda
Friday, May 4th at 7pm
in the Memorial Hall Chapel

Please join Rev. Haneda in a discussion entitled

**What is the Hongan?
Shinran's meeting with Honen**

Donations will be accepted of the amount of \$20.00

Seattle Buddhist Temple
1427 S. Main
Seattle, WA. 98144
Questions: 206-329-0800 or
office@seattlebetsuin.com

A Sangha Sharing Sunday, May 20, 2018

will take place at the temple after service.
Please join us for lunch and an afternoon
of workshops and demonstrations led by
fellow Sangha members. Do you have an
activity/workshop/demonstration you
would like to share or would you like to
help with the planning of the event?

Please contact Claire at
murata.claire@gmail.com

You are cordially invited to the
6th Annual Women in Buddhism Conference:

Tools for Spiritual Wellness

Saturday, September 22, 2018 - 9:30AM - 3:30PM
Seattle Betsuin Buddhist Temple

**Carmela
Javellana -
Hirano M.D.**



Integrative Psychiatrist
Founder, Sanctuary for Healing and Integration
Assistant Minister, Salt Lake Buddhist Temple



**Elizabeth
Myoen
Sikes Ph.D.**

Counselor, LMHCA,
Japanese Soto Zen Practitioner,
Co-director, EcoSangha at Seattle University

Experience....Dharma
Nembutsu
Sangha
Meditation
Tara Dancing
Naikan
Taiko

Sponsors: Seattle Betsuin Buddhist
Temple, Seattle Betsuin Buddhist
Women's Association
1427 S Main St, Seattle, WA 98144
206.329.0800
Office@SeattleBetsuin.com
www.SeattleBetsuin.com

Parking is available on 16th Ave S and Seattle Light Rail is on 14th Ave S

Pride Parade 6/24

The Seattle Buddhist Temple and
Sangha members from the Northwest
district will be marching in the Pride
Parade again this year! Planning meet-
ings are starting up. If you'd like to
march or help organize the effort,
please contact annatamura@gmail.com.
More information coming soon!

Walk for Rice 6/30

Join the Seattle Betsuin BWA on Sat.,
June 30, 2018 at Seward Park for the
annual ACRS Walk for Rice. The walk is
2.5 miles, a fun event walking and vis-
iting with friends. This event helps raise
funds to support the ACRS Foodbank
which provides nutritious and culturally
familiar foods for more than 5,000 indi-
viduals in our community.
Last year we donated about \$1700 to
ACRS. You can go online to make a do-
nation on the ACRS website:
acrs.walkforrice.org.
Find team name: SBBWA. Let's make
sure that those who are less fortunate
will always have food on their table.
Should you have any questions
please contact syahata@comcast.net.

Dharma Exchange Notes

Dharma Exchange is a mix of discussion and educational programming that takes place in the dining room downstairs. Join us — we enjoy coffee and donuts almost every Sunday.



March 25 - Rinban Kusunoki's Dharma talk addressed the concept of "Dana," and Rev. Jim Warrick, joined by Rev. Don Castro further discussed Dana, which means selfless giving. Many thanks to all for the in-depth explanation of Dana. . . Tetsuo K. felt that the Jewish tradition Bar Mitzva is similar in concept to Dana. In Japan people don't want gifts as it sets up an obligation to reciprocate. Jim Sensei felt that receiving is as important as giving. When in Japan he was careful about admiring cameras or watches and other valuables as it would have been given to him. Castro Sensei gave a number of gifts to a minister who was going back to Japan, and in return he received a digital camera, and later moaned, "I lost." He said, for a Buddhist to give away merit is the most selfless act. Jim Sensei asked, "How do we put into practice what we all discuss?" Castro Sensei said a good teacher can help us. A participant delineated the difference between "want to" and "have to." . . Kemi reported that Shinji Eshima, the composer of "In a Quiet Valley," a piece we often sing, has composed a piece to be performed by Pacific Northwest Ballet during its current run.

April 1 - Rinban Kusunoki indicated January 1 becomes everyone's birthday in Japan. We celebrate Hanamatsuri April 8, and his wife's birthday is April 7. We celebrate holidays no matter the origin. He has no objection to celebrating Christmas, although he does not encourage it. Sensei suggested we do something special for Hanamatsuri, i.e. offer incense, recite a passage from a sutra. . . A Japanese teacher offered the following: Q: What is non-self? A: yui shiki. yui = only and shiki= consciousness. Sensei said we have five senses plus feeling. In addition, we have two more senses- Mana shiki which covers Araya shiki, which means all is happening in your mind. People in India talked about the above 2,000 years ago. . . According to that sensei, we have to know who we are -- What is I? What is my? What is self? It is not possible to describe, as there is no self. We always think "I" or "others" and that is the cause of suffering. We have dualistic ideas, and the Buddha is oneness; everything is interdependent. We can get closer to Buddha's ideas in the book "An Intelligent

Life" by Koitsu Yokoyama. We think everything is happening outside; however, everything is happening in the mind. Sensei said he is lucky he met Yokoyama Sensei.

April 8 - Rev. Jim Warrick continued with "Buddhism on Air," the fifth installment with Rev. Dr. Ken Tanaka. This segment focused on the life of Buddha, who was a human not a god. He was also a prince who became a Buddha, or one who is awake. He is known as "The Sage of the Shakya Clan." On her way to see her parents, his mother rested in Lumbini Garden, and the prince was born and immediately took seven steps. Later, Maya died and he was brought up by his step-mother. It was predicted by a sage that he would be a great king or spiritual leader. Living a sheltered life within palace walls he was puzzled when he saw an old person. When he saw a sick person he asked, "I too?" When he came upon a deceased person he said "I too?" Yes. Finally, he saw a wandering monk, so he quietly left his family to seek the spiritual life at age 29. . . Rev. Jiho Sargent a Zen priest for 15 years felt the most attractive characteristic of Buddha is that he did not impose his teaching. . . Sensei said Buddhism travelled from India to China, to Central Asia, to Korea and then to Japan, and travelled through various paths. Sensei avoids the word "belief" and prefers "true entrusting" in reference to Shinjin. He feels it is even stronger than the 18th vow. Further, Sensei feels the teachings speak to us in different ways.

April 15 - Rinban Kusunoki introduced four junior ministerial assistants who will each offer a 10 minute Dharma talk during Dharma Exchange.

EVAN - who just graduated from the U of W, said it was nice having some free time so enjoyed viewing movies. He had seen "Kung Fu Panda" (animation) at age 13, but didn't understand the Buddhist message. He outlined the story of Po, the panda and his many trials, which he overcame through diligence. Evan noted the Eightfold Path came to mind in many instances. . . He told another story about a deaf frog who fell into a 10-foot hole. He was capable of jumping five feet, but decided to keep trying to get out. All the frogs surrounding the hole screamed and yelled to stop and that help would come. Finally, he made it out of the hole. Because he was deaf he could not hear them, and thought they were urging him on.

EMILY - is a senior in Issaquah High School. She began a jazz program in elementary school and

Continued on p. 12...

Hanamatsuri Service and Luncheon Sunday, April 8, 2018

Dharma School prepared and hosted complimentary luncheon in celebration of the Buddha's birthday and enjoyed fellowship of our Sangha on this joyous occasion. The photos are courtesy of Julie Mayeda.



Hanamatsuri Service at Keiro



...DX Notes Continued from p. 10

continued on. She went to a jazz camp in the summer, recounted before a rehearsal she was very nervous, but recovered after the music started. She discovered that jazz is a universal language and not related to race, color, creed or social standing. It reminded her of Shinran who taught equality and compassion for all. Differences make the world exciting.

MARISSA - is a freshman in Seattle University. She experienced a hard time after her father died, and scattering his ashes in the ocean gave her a good feeling. She recounted the story of a man who was not feeling well and went to the doctor who pronounced him in good health. He still didn't feel well and visited Marissa's father, a physician, who discovered cancer in the early stage, and thus saved his life.

MIA - is a freshman at Seattle University. She noted everyone feels that suffering is the worst thing that can happen in life. Why do we avoid it? She suggested learning how to function around it, thereby making us stronger. Suffering shapes us and affords the opportunity to change. She asked, "What defines a true friend?" Friends are able to share both good and bad times and stay with us for the long haul. . .

Each Jr. MA was asked how they arrived at their topic. Evan said the movie inspired him. Emily said people like jazz. [ed. note: I couldn't understand what Marissa said as she was laughing...] Mia said friends helped her with her talk. . .

Participant to Sensei, "How do you find inspiration for your Dharma talks? Sensei said he thinks about his talks 24/7; i.e, watching TV, driving his car, and at bedtime. Then he relates his experience to the teaching of the Buddha Dharma. Participant: Did you always want to be a minister? Sensei said, No, a minister's son or daughter does not want that, but



now he appreciates being a minister. He went on to say that at age 22 he joined the Japanese Peace



Corps and was sent to Zimbabwe for two years and four months. There he taught baseball and learned more English (national language). Participant: Why teach baseball? The minister of education wanted volunteers to teach different sports, so Sensei volunteered to teach baseball. . .

Kemi reported that about 12 attended the Pacific Northwest Ballet premiere of Shinji Eshima's ballet music *RAKU*, . Dennis went Opening Night and kept counting the beats. There were seven consistently, so he guessed it was the Shoshinge. He guessed correctly.

In Gassho,
Pat Bobrow and Hanamido



[Editor's Note: Rev. Kusunoki has advised that Doug McLean will give a Brief History of Japanese Buddhism in May and June at Dharma Exchange on the fourth Sunday of those months.]



SBUB at Hanamatsuri - photos by Julie Mayeda

Rev. Koshin Ogui and Mayumi Ogui were honored

at a retirement luncheon hosted by White River Buddhist Temple on Saturday, April 7, 2018 in Renton, WA. After over 50 years serving Shin Buddhist temples in the U.S., including serving as Bishop of BCA, he and Mayumi will return to Japan at the end of April.

Submitted by Irene Goto, photos by Julie Mayeda



BCA Updates submitted by Alan Hoshino

May 12: Spring Japanese Dharma Gathering at JSC. The 2018 International Ministerial Orientation Program (IMOP) ministers will be presenting dharma talks from 10 am - 2 pm. \$15 registration includes lunch! RSVP to Yumi Hatta at cbe@bcahq.org or phone (415) 370-1477.

May 16: Combined Gomeinichi and Gotan-e Service at JSC. 1:30 pm. Details to be announced.

June 23: A Workshop for Youth Program Leaders, Staff, Advisors, and Volunteers: "How do we ensure that our programs are safe and welcoming for LGBTQ youth?" CBE will sponsor this workshop for youth program leaders, advisors, volunteers and parents, to become more aware of LGBTQ youth concerns, and how to ensure our programs are welcoming. Keynote speaker will be Aiden Aizumi, co-author with Marsha Aizumi of *Two Spirits, One Heart: A Mother, Her Transgender Son, and Their Journey to Love and Acceptance*. More details TBA.

July 1-7: 2018 BCA Summer Youth Retreat at JSC: BCA High School Students Invited to Apply! The Center for Buddhist Education (CBE) announces a new and invigorating [Summer Youth Retreat](#) program for high schoolers that will take place at the Jodo Shinshu Center (JSC) in Berkeley from July 1 – 7. Featuring a week of relevant and meaningful lectures, workshops, field trips and discussions on how to incorporate the Buddhist teachings into their lives as young 21st century Americans. Lodging and most meals will take place at the JSC, located across the street from the UC Berkeley campus. Please visit the [BCA website](#) for information and registration materials. **The deadline for application is April 30.** Please contact CBE if there are questions at cbe@bcahq.org or (510) 809-1460.

July 19-21: Summer Minister's Assistant Program (MAP) Seminar. MAP begins on Thursday afternoon and includes the Summer Pacific Seminar (see July 20 below).

July 19-21: Jodo Shinshu Correspondence Course (JSCC) Summer Workshop. The JSCC Summer Workshop begins Thursday evening and includes the Summer Pacific Seminar (see July 20 below). Open to current and former JSCC students.

Financial assistance available. Contact hongwanjioffice@bcahq.org for more information.

July 20-21: Summer Pacific Seminar "What is Enlightenment?" Keynote speaker, Rev. Dr. Jérôme Ducor, Shingyoji Temple, Geneva, Switzerland, will address "Shinran's View of Enlightenment." Additional perspectives on Enlightenment from Zen, Theravada, and Tibetan Buddhist speakers (TBA). Optional activities on Sunday, July 22. Online registration opens April 1. Co-sponsored by the Institute of Buddhist Studies and CBE.

New videos online! [Visit YouTube.com BCA Center for Buddhist Education Channel](#) Recently added: 2018 Winter Pacific Seminar Japanese Dharmathon and more.

To find CBE videos online: 1) Visit [youtube.com](https://www.youtube.com). 2) Search for "[BCA Center for Buddhist Education Channel](#)." 3) Select videos! Please contact CBE if you encounter technical problems. Click on 'Subscribe' button to receive notifications of new CBE YouTube videos.

For information on CBE programs, visit the BCA website: BuddhistChurchesofAmerica.org and click on CBE. For more educational programs, visit the BCA website and click on Educational Events. To post your temple events, send information to info@bcahq.org. Sign up to receive the BCA E-News, email: cbe@bcahq.org

New publications. Now available at the BCA Bookstore online.

[Moving Forward Just As You Are: Living in These Uncertain Times](#), by Monshu Kojun Ohtani, Resident Head Priest of Nishi Hongwanji.

[Pure Land Thought as Mahayana Buddhism](#), by Yamaguchi Susumu. Translation by Akinori Imai. Published by CBE Publications.

Visit the redesigned BCA Bookstore site! Check out more Japanese titles online.

MAY 2018 SEATTLE BETSUIN SCHEDULE

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 3 June 10 June 17 June 26-29	June 2018: Major Events All Sangha Memorial Service Awards & Recognition service; last day of Dharma School Bishops' / Rinbans' Memorial Service Kids Summer Program (KSP)		1	2 10 am Morning Service	3 1:30 pm Nikkei Manor Service (Rinban)	4 Noon - Gojikai Service & mtng 7 pm Seattle Betsuin Spring Seminar with Dr. Haneda	5 10am-4pm Japanese Spring Mompō Seminar Part 1 with Dr. Haneda
6 9:00 am 10 am 10 am 10:50 am 11:45 am	Meditation (Leonora Clarke) CHILDREN'S SERVICE SUNDAY SERVICE (Dr. Haneda, guest speaker) DX (Dr. Haneda) DSDX (Matt & Rosalie May) Japanese (Rinban) SBBWA BoD meeting	7 10am - 2pm Japanese Spring Mompō Seminar Part 2 with Dr. Haneda	8 Rinban's day off	9 10 am Morning Service	10	11 10 am NW District Council meeting in Yakima	12
13 9:00 am 10:00 am 10:50 am	Mother's Day Meditation (Leonora Clarke) RENNYO SHONIN MEMORIAL SERVICE (Rinban) DX (Guest speaker, Rev. Alan Goto) DSDX (Matt & Rosalie May) Japanese (Video - Leonora Clarke)	14 Rinban's day off	15	16 10 am Shinran Shonin monthly memorial svc & morning svc	17 1:30 pm Nikkei Manor Service (Irene Goto) 7 pm Betsuin Cabinet mtng	18	19
20 9:00 am 9:00 am 10:00 am 10:50 am 11:30 am-3:30 pm	Gagaku practice Meditation (Leonora Clarke) GOTAN-E SERVICE (Rinban Kusunoki) DX (<i>Dharmathon</i> by Youth Assistants) DSDX (Matt & Rosalie May) Japanese (Video - Leonora Clarke) Sangha Sharing event	21 Rinban's day off	22 10:30 am Keiro Service	23 10 am Morning Service	24 7 pm Betsuin BoD mtng	25	26
27 8:30 am 9:00 am 10:00 am 10:50 am 11:45 am	Monthly ministerial staff meeting Meditation (Leonora Clarke) SCHOLARSHIP AWARDS SERVICE (Rinban) DX "Brief History of Japanese Buddhism" (Doug McLean) DSDX (Matt May); Japanese (Rinban) SBBWA Cabinet meeting	28 <i>Office closed for Memorial Day</i> Rinban's day off 10 am Nissei Vets Memorial Svc at Lakeview Cemetery	29	30 10 am Morning Service	31 11:00 am Merrill Garden Renton visit (Rev Castro)		

Seattle Buddhist Church

1427 S Main Street

Seattle, WA 98144

MAY 2018

Wheel of the Sangha

**A Monthly Newsletter of
Seattle Buddhist Church**

THIS
IS
A COVER PAGE
PLEASE SCROLL UP ↑
FOR NEWSLETTER

“Peace and Harmony” when we encounter the Dharma

Sundays... Please confirm at www.SeattleBetsuin.org “coming events” or
call the temple office 206.329.0800

9:00 am - 9:40 MEDITATION in Memorial Hall Chapel east wing

10:00 am - 10:35 SERVICE - in *hondo* (main hall)

10:35 am - 10:45 SANGHA GATHERING - offer incense, “meet and greet”

10:50 am - 11:30

CHILDREN’S DHARMA SCHOOL classes during the public school year
JAPANESE PROGRAM in hondo (main hall) with a message in Japanese
DHARMA EXCHANGE – a mix of discussion and educational programing;
downstairs dining room

PARENTS’ DHARMA EXCHANGE in Memorial Hall Chapel - discussion
among young adults and parents while children are in class.

TEMPLE TOUR

11:30 - 12:00 REFRESHMENTS and Social in dining room downstairs

Contact Us

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SeattleBetsuin.com

Office Hours:

Mon-Fri 9am—4pm

***Emergencies: Call
the temple office
for updated record-
ed message.***

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Deadline is the third Monday each month at 8PM