



Let's shout our love (Nembutsu) in the center of the Hondo!!

by Rimban Katsuya Kusunoki

In Japan March is the end of the school year and fiscal year. Everything restarts in April. So, spring is the season when people experience parting from friends and meeting with new friends. Parting with and meeting with people are conditions of Love. Don't you think so? Do you still remember the feeling of love, or are you still in love? I remember I made a lot of mistakes in Love. Love is blind! I was so nervous when I told about my love to a lady who I deeply loved.

Let's think about a general love story where a man tells his feelings to a lady.

1) First, a man has to ask a lady to go out with him. He needs to invite her to lunch, dinner, or for a drive. They meet someplace and go somewhere together. He talks and asks some questions to get more information about her. However, it is very difficult to tell his feelings. He hesitates to tell his feelings. In his mind he encourages himself, and at last he finds the courage to speak.

2) "I have to tell you one thing. The reason why I invited you today is to tell you my feelings. I have a great affection for you. In fact, I love you."

3) Then, he starts talking about the reason why he loves her. "You are so beautiful. You are my type. You are kind. I like your ...whatever." He sings the praises of her.

4) And then, he tells his feelings again and he waits for her reply. She is going to say, "I love you, too."

5) When he hears her reply, "I love you," he is jubilant over her reply. He starts calling his friends to tell this success story. He shares his happiness with his friends. A wedding ceremony is one of the opportunities to share their happiness with their friends. And then, his love story concludes happily.

I want to arrange and repeat the order of this love.

1. He invites a lady who he loves.
2. He tells his feelings.
3. He sings his praises of her.
4. He tells of his love again and he gets a reply from her.
5. He shares his happiness with his friends. What do you think of this order?

I think this order is very similar to our Buddhist service. Let's think about the order of Spring Ohigan service:

1. Sanbujo
2. Hyobyakumon
3. Sutra Chanting, "Sanbutsuge"
4. Nembutsu
5. Eko

I want to compare the love story's order with Spring Ohigan service's order.

1. He invites a lady who he loves (Sanbujo).

Here is the English translation of Sanbujo: "We respectfully call upon Amida Buddha, Sakyamuni Buddha, and Buddhas of the ten directions to enter this place of practice. As we joyfully scatter flowers of welcome." Chanting "Sanbujo" means we are inviting Buddha here to this Hondo with scattering flowers.

2. He tells his feelings (Hyobyakumon, aspiration). A minister reads a Hyobyakumon as a representative of all attendees. "Today, on this occasion of this service, we have reverently come before Amida Buddha. With the deepest reverence and gratitude for the all-embracing wisdom and compassion of Amida." We confess our faith as we read "Hyobyakumon".

3. He sings the praises of her (Sutra chanting). Sanbutsuge is a part of the Larger Sutra. The Sutra is Buddha's words, Buddha's teachings. It is a condensation of Buddha's virtue, Buddha's effort, and Buddha's thought in this teaching. We are given this teaching, which tells us truth. Chanting or reading a sutra aloud means praising Buddha's guidance.

continued on p. 2...

4. He expresses his love again and he gets a reply from her (Nembutsu). Reciting Nembutsu is the most important in a Buddhist service. Reciting Nembutsu is the simultaneous call and response between Amida Buddha and us. "I love you, Amida Buddha."

"I love you, too." We recite Namoamidabutsu expressing our feelings. However, at the same time, we are receiving Amida Buddha's response with his compassion. We express our feelings, "We entrust Amida Buddha. We take refuge in Amida Buddha."

Amida Buddha sends us his compassion, "I accept you as you are."

At the end, as a conclusion:

5. He shares his happiness with his friends (Eko). Here is the English translation of Eko. "May this merit-virtue be shared equally with all beings. May we together awaken the Bodhi Mind and be born in the Realm of Serenity and Joy." At the end of service we chant these words as a conclusion. We share Buddha's teaching or Buddha virtue. We rejoice together and are born into the same Buddha Land.

This is the order to express our faith in Amida Buddha:

1. Sanbujo
2. Hyobyakumon
3. Sutra Chanting "Sanbutsuge"
4. Nembutsu
5. Eko

At the service, each of us is forming a deeply connected love story with Amida Buddha and Shinran Shonin. The Buddhist service is the opportunity to declare our respect and gratitude to Amida Buddha and Shinran Shonin. Please come to our temple! Please come to Sunday Service. And let's recite or shout NAMOAMI-DABUTSU in the HONDO together.



Vancouver Buddhist Temple

バンクーバー仏教会

220 Jackson Ave., Vancouver, B.C., Canada V6A 3B3

Telephone: 604-253-7033

Fax: 604-253-7076

Email: vbc.admin@gmail.com

www.vancouverbuddhisttemple.ca

Email: Temple.vbt@gmail.com

Year of Celebration in Remembrance

This year the **Vancouver Buddhist Temple** is celebrating its 115th anniversary since its founding in October of 1904. The temple was the first officially recognized Jodo Shinshu organization established in Canada when Rev. Senju Sasaki was assigned by the mother temple, Nishi Hongwanji, to serve the local community. It is also, 40 years since its members were able to move into a newly-constructed temple building in 1979. In recognition of these historic milestones, 2019 will be a special year in commemoration of dedicated pioneers and in celebration of the past and present.

We extend a warm welcome to members, past and present, to family and friends of the sangha and to the larger community, to join us in our anniversary events held throughout the year. We heartily invite fellow followers across Canada Japan, Hawaii, and USA to join us in celebration.

Listed below are the details of the major observances and events to be held over the course of 2019:

1. Anniversary Observance on Sunday, April 28 at 10:30AM with **Jodo Shinshu Buddhist Temples of Canada Tsuito Hoyo and Monthly Shotsuki (Memorial)**. Guest minister is **Rev. Yasuo Izumi**, former resident minister. An Anniversary Luncheon will follow in the Social Hall.
2. Fall Anniversary Commemoration Service on Sunday, November 10 at 10:30 AM with Eitaikyo and November Shotsuki (Memorial). Guest minister is **Rev. Orai Fujikawa, former resident minister, retired**. An Anniversary Luncheon in the Social Hall will follow the service.

The Members of the Vancouver Buddhist Temple cordially extend an invitation to everyone to join us in celebration.

Gassho,

Vancouver Buddhist Temple, January 2019

Hello Spring & Hello Sunshine Important information regarding SBBWA



submitted by Nina Tomita-Kato

• World Women's Buddhist Women Convention Update - over 1000 women from Japan are scheduled to attend this event in San Francisco Aug. 30 - Sept 1, 2019. It's not too late to register; deadline is May and registration prices will go up. Please let us know if you are interested. SBBWA will be offering a subsidy for registration.

• April 28, 2019 will be our annual New Member Service and fellowship Luncheon. Invites will be mailed out soon. Please encourage family and friends to join this important organization.

The All Asian and Hawaiian Rummage Sale will be cancelled until further notice.

Teruyo (Terrie) and Katsumi (Kats) enjoyed a visit



by Tomi Zumoto last month who delivered the SBBWA Directory to them. Terrie and Kats said to say, "hello" to everyone at Seattle Betsuin.

Musical Notes

submitted by Kemi Nakabayashi

How wonderful to have Jared play the piano for Scout Sunday and Allison and Alina provide musical accompaniment for Camp Fire Sunday! Other Bodhi Ensemble youth musicians have been learning new gathas under the direction of Mark Taylor and recently provided musical accompaniment at our children's services on March 10. Also on that day for the hondo service, the Seattle Betsuin Sangha Singers performed a special musical tribute to the victims of the March 11, ↑

2019 FAMILY MEMORIAL SERVICE SCHEDULE

In the Jodo Shinshu tradition, family memorial services are held on designated anniversaries to express gratitude and recall cherished memories of our loved ones while listening to the Buddha Dharma. If you have a family member who passed away in the following years, you are encouraged to conduct a family memorial service in 2019:

<u>Year of Death</u>	<u>Service</u>
2018	1 st year memorial
2017	3 rd year memorial
2013	7 th year memorial
2007	13 th year memorial
2003	17 th year memorial
1995	25 th year memorial
1987	33 rd year memorial
1970	50 th year memorial

Please call the Temple office at (206) 329-0800 to schedule a service.
- JN

2011 earthquake and tsunami in Tohoku, Japan.

Please mark your calendars for special music for Hanamatsuri service on April 7 and Earth Day Music Service on April 21 featuring the Bodhi Ensemble and the Seattle Betsuin Ukulele Band.



Jared on
Scout Sunday



Allison and Alina playing
We Are One on Camp Fire Sunday



The Sangha Singers' performance of
Hana wa Saku, photo by Tomi Zumoto

Safety Committee

(Emergency Planning Committee)

submitted by Janie Okawa

Please be advised of First Aid Kit Locations:

1. Memorial Hall upstairs hall closet (which part of hall closet?)
2. Memorial Hall beside main foyer door
3. Main Office
4. Gym stage (where on the stage?)
5. Kitchen (where in the kitchen?)
6. Trauma Kit with additional supplies on wheels beside the main foyer door
7. AED kit downstairs across from the restrooms adjacent the stairs. Another AED between the hondo and Memorial Hall is needed; fundraising projects or donations would be appreciated. **UP-DATE: CAMP FIRE HAS GIFTED THE OTHER NEEDED AED.**

Training and Assistance is needed:

- Are you trained, or would you like First Aid/CPR training, free of charge? Contact the office; we will advise you of the next class.
- Can you help with checking the kits, and future planning? Contact Calvin Terada, Gerald Quintua, Rev. Kusunoki, Karen Akira, or Janie Okawa.

Dharma School News

submitted by Joyce Tsuji

We hope everyone enjoyed the Nirvana Day vegetarian potluck, bake sale and pet memorial service. Big thanks to all who helped with these events, contributed baked goods, yummy dishes and to those who supported the Dharma school by buying goodies.

We also hope that everyone enjoyed the NW district convention. Many DS families attended this special event.

The Dharma school would like to thank all the families and friends who helped out with the Salmon Dinner Spring Fundraiser for the Betsuin.

Classroom Reports

Pre K/K After discussing the significance of the Wheel of Dharma and the Eightfold Path, the Pre-K/K students made a Teddy Bear Wheel of Dharma. The children also talked about sharing and read the book

The Rainbow Fish. In the story, the Rainbow Fish gave away his shiny scales to others and learned how it is always better to share than to keep things for oneself. To remember this, the students made colorful fish out of paper plates, adding 1 shiny scale to their fish to remind them to share and practice Dharma. The class made a project representing the love of Amida Buddha and how it surrounds us all.

The children also learned about the Buddhist Flag and what all of the colors represents (Blue is the light radiated from Buddha's hair and symbolizes Compassion; Yellow is the light radiated from Buddha's skin, symbolizing the Middle Way, Red is the light radiated from Buddha's flesh, symbolizing Buddha's blessings, White is the light radiated from Buddha's bones and teeth, symbolizing Purity, and Orange is the light radiated from the Buddha's palms, heels and lips, symbolizing Wisdom). They then each made their own Buddhist Flag.

The students learned about the Obutsudan and the different items that go into it and their meanings. They then made their own Butsudan to keep at home.

For Nirvana Day the class learned about the life of the Buddha. They made their own coloring book with pictures of the different aspects of his life.

1st/2nd grade To celebrate the New Year we made paper Daruma dolls and set some goals for ourselves. We also discussed the important entities in Shin Buddhism: Amida, Shakyamuni, and Shinran. We compared these to the ones for America which are carved in Mt Rushmore and then colored a picture of the Mountain. We made origami girl's day dolls and enjoyed some *komepeito* candy to celebrate the holiday. The students listened to the story of "The Magic of Patience" about a mischievous monkey who was teasing a patient buffalo, then made a monkey to remind us of it.

Book Study Meetings

Since our March session went so well, we will continue with our *Shoshinge* discussion for our April 6 Book Study Group meeting. We will be meeting, as usual, at 9:30am in the Memorial Hall Chapel.

The following meeting will be cancelled as Rev. Dr. Nobuo Haneda will be lecturing at the Betsuin on the first weekend of May, May 4, 2019.

On Saturday, June 1, we will be discussing Leaves of my Heart by Lady Takeko Kujo which is available at the BCA bookstore. Gassho, Leonora C.

Seattle Betsuin Gratefully Acknowledges the Following Donations February - March 2019

Funeral / Memorial / Nokotsudo:

Given by:

George Suetsugu, Etsuko Suetsugu Wayne Suetsugu – In Memory of	\$ 350.00	George Suetsugu, Jr.
Haruko Tanabe – Funeral Service	\$ 300.00	Deborah Harrison
Nokotsudo for Kameichi / Sadako Harada	\$ 200.00	Steve Harada
	\$ 200.00	Louise Kasanuki
	\$ 200.00	Keiko Ohtaka

In Memory of:

Given by:

Minoru Fujii	Sonoe Taketa
Masaru Hamamoto	Kiyoko Takashima
Mary H. Kosugi	Mutual Fish Company, Inc.; Harry Yoshimura
Takiko Miyauchi	Arlene Yamada
Yoshiko Miyauchi	Gene & Yuki Arinobu; Florence Fujita; Robert Giuliatti; Ellen Hale; Peggy Hanada; Miyuki Hanada; Michiko Hirata; Dale & Shizue Kaku; Arthur & Sally Kawaguchi; Marc & Janice Keltner; Wayne Kuramoto; Anna Kurata; Jeffrey & Tina Zumoto-Ko; Howard & Marie Kosai-Luke; Stephanie Mano; Yoshio & Judith Nakamura; Tsukasa & Keiko Namekata; Kemi & Jim Norton; Roy & Kazumi Shimizu; Nori Suguro; Kiyoko Takashima; Sonoe Taketa; Theodore & Akico Taniguchi; Katsumi & Teruyo (Terrie) Tanino; Margaret Teramoto; Dolly Tokunaga; Marcia Usui; Fujie Yamasaki; Dennis & Elaine Aoki-Yamashita; James & Tomiko Zumoto

Endowment:

Masai & Frances Tamekuni (For HM Kaneko Music Fund)

General Donations:

Donor:

For:

Kemi Nakabayashi & Jim Norton	Appreciation for Nov. 2018 Japan Tour Book Published by Karen & Yukio Morikubo
Kazuko Yakumo (Salt Lake, UT)	Appreciation for Wheel of Dharma Newsletter
Yaeko Ito	General Donation

ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to “**thank**” the following **regular members**, for contributing their minimum annual Sustaining Membership dues (the basic dues toward the Temple maintenance/operations). These are the most recently paid members for the fiscal year of **2019**.

***Lani Carpenter, Jimmy & Alicia Eng, Bill & Beverly Glasser,
Joseph & Margaret Gotchy, Helen Gota, Reiko Hara, Cynthia Hinds,
Satoru & Grace Ichikawa, Iwako Iseri, Philip Robbins & Penne Lee,
Pauline Sakuma, Chiaki Schomer, Franklin Shinoda, Thomas Smith,
Kiyoko Takashima, Theodore & Akico Taniguchi, Sam & Masako Uchida,
Sam Umeda, Fujie Yamasaki, Charlene Yoritsune***

(compiled by H.L., J.N., P.S., S.O)

In Touch With the Earth

Seattle EcoSangha Seminar:
History, Vision and Hope for the Future



Professor Duncan Rykken Williams, author, *American Sutra: The Story of Faith and Freedom in the Second World War*. Topic: Satoyama: A Japanese and Buddhist Lens to Environmental Concerns.

SPEAKERS



Professor Jason Wirth, Buddhist & World Philosophy, Seattle University. Topic: When is Enough? EcoSangha Rising.



Reverend Donald Castro, Jodo Shinshu Buddhist Minister, Seattle Buddhist Temple. Topic: EcoSangha - The History, Vision and Hope for the Future.



Saturday, April 20, 2019
9:30 am - 4:30 pm
Seattle Buddhist Church
1427 Main St, Seattle, WA 98144
seattlebetsuin.com
General \$25
Student \$15
Lunch is included



For more information contact:
connor@seattlebetsuin.com
(206) 329-0800



SEATTLE BETSUIN BUDDHIST TEMPLE

**"THE TRUTH OF
IMPERMANENCE: THE CORE
OF BUDDHISM"**
BY DR. NOBUO HANEDA



ON SUNDAY, MAY 5TH, DR. HANEDA WILL
DELIVER HIS ENGLISH LECTURE IN THE
TEMPLE DINING ROOM AT 12:15
FOLLOWING DHARMA EXCHANGE. HE
WILL BE AVAILABLE UNTIL ABOUT 2:15

DR. HANEDA WILL ALSO DELIVER
TWO LECTURES IN JAPANESE
DURING HIS STAY IN SEATTLE

JAPANESE LECTURE DATES
MAY 4TH, 10:00 - 4:00
MAY 6TH, 10:00 - 2:00

THIS SEPTEMBER, THE GOMONSHU KOJUN OHTANI WILL BE VISITING THE NORTHWEST DISTRICT!

09/02/19 -

**SPECIAL BUDDHIST NAME PRESENTATION AT
OREGON BUDDHIST TEMPLE**

09/03/19 -

**VISITS TO WHITE RIVER AND TACOMA AS WELL
AS A SPECIAL BUDDHIST NAME CONFIRMATION
CEREMONY AT THE SEATTLE BETSUIN BUDDHIST
TEMPLE
THIS WILL BE FOLLOWED BY A WELCOME
DINNER FOR MEMBERS**

***MORE INFORMATION WILL BE AVAILABLE AS THE DATE
APPROACHES. PLEASE CHECK SEATTLEBETSUIN.ORG FOR MORE
UPDATES AND INFORMATION AS THE DATE APPROACHES**



BCA SUMMER YOUTH RETREAT

"SAVE THE DATE"

JUN 30 - JUL 6, 2019
Jodo Shinshu Center
2140 Durant Ave, Berkeley, CA 94704



FOR: High School age students interested in expanding their knowledge of the Dharma.

GOAL: To spend a life-changing week with youth from all across the nation to participate in an in depth study of Jodo Shinshu Buddhism, its history and its practices.

WHEN: 6/30/19 - 7/6/19

2019 FDSTL Conference

hosted by Coast District Dharma School Teachers League

I Am a Link...
Heal Ourselves, Heal the World
With Three Questions

Please join us! All are welcome!

Friday-Sunday • April 26, 27 & 28

Holiday Inn
San Jose - Silicon Valley

Guest Speaker
Gregg Krech of the TōDō Institute
presenting Naikan - the process of inner reflection

The *TōDō* Institute

www.2019FDSTLconf.com



*We are not good persons,
nor are we persons of wisdom.*

Shinran Shonin



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A new digital publication from BCA

Go to <http://www.buddhistchurchesofamerica.org/connect/> to access the registration form.

HUMAN NATURE within BUDDHA NATURE

WAKING UP TO A PATH OF HARMONY



Buddhist Retreats since 1998

June 21-23, 2019

The Yokoji Zen Mountain Center

The Yokoji Zen Mountain Center: A rustic retreat near Idyllwild in the San Jacinto mountains.
www.zmc.org

Facilitator: Rev. Dr. Kenji Akahoshi, Shin Buddhist minister with a background in transpersonal psychology, wilderness vision quests, personal growth and body-mind-spirit disciplines.

Contact: Buddhist Temple of San Diego Email: info@btsd.net ~ Phone: (619) 239-0896
Website: buddhisttemplesandiego.org

Dharma Exchange

Notes

Dharma Exchange is a mix of discussion and educational programming that takes place in the dining room downstairs. Join us — we enjoy coffee and donuts almost every Sunday after service until 12 Noon.

March 10, 2019

Leonora Clarke led the Exchange on the topic of forming a Buddhist Study Center. She gave them a brief overview of what had been discussed so far and who was involved - Topics (Cultural and Ritual Classes, Funeral, Comparative Study of Buddhism, Basic Courses, Alternative to Christianity, Place of Refuge, Ask "What brought them here?", Young People; Questions (Audience? Accreditation? Secular/Non-secular?) She wrote some topics on the board for small group discussion and suggestions, i.e., Teachers, Co-Sponsors (Church Councils), Publicity (Social Media, Festivals), Locations, Structure (Clear Mission, Discussion Groups). Then she asked them to pick one of the points on the board to discuss with the people they were sitting next to; they self-divided and were given ten minutes; then a member from each group reported back. Overall, it went quite well. - L. Clarke/I. Goto

March 17, 2019

Religious bricolage is when many religions come together as they do in Julia Kwon's "Eve and the Fire Horse", a film appropriate for high school and older. Eve is a young spiritual "hipster" representing Guanyin, from the Chinese tradition. This film includes proselytizing as well as ancestor worship. In other words, Buddhism is every day, thanks to whatever and whoever it takes to exist.

Sharon Suh, PHD, Head of Religion, Seattle University, addressed Dharma Exchange on March 17, 2019. In her talk, "Film as Sutra", Dr. Suh contends that we are looking for ways in which we are familiar but also in ways that we are new.

She cautions that depictions of Buddhism on screen are mostly inaccurate, as in "Spring, Summer, Winter and Fall". She labeled this as a "male tale" with a Christian undertone. In most film, women are snares of Samsara, in other words, a catalyst, along the way for a male to become a priest/monk. This film is considered by many to be the most Buddhist.

Dr. Suh went on to explain how the exoticism of Buddhism is played out in "Zen Noire" a whodunit "orientalist" film. She also referred to "Ghost Dog – The Way of the Samurai" as an example of this exoticism. And, the dude in "The Big Lebowski" is not really Buddhist.

"Broken Blossoms", 1919, she cautions, is a racial response to "Birth of a Nation".

The notion of Shangri-La, in "Lost Horizon" is like a western Pure Land. It is not Buddhist.

Most of the Buddhist figures in the aforementioned films are monks or priests as opposed to the main character(s) in "Departures". Film goers do not realize the subtle Buddhist theme of the continuum between death and life marked at this onetime encounter. This is Dr. Suh's favorite film to teach. -ka

HANAMATSURI FESTIVAL

Sunday, April 7, 2019

All Betsuin families and friends are invited to celebrate Hanamatsuri or "Flower Festival" on Sunday, April 7, to commemorate the birth of Siddhartha Gautama in Lumbini Garden. *Kambutsu* or sweet tea offering will begin at 9:15 AM in the auditorium and will be followed by the Hanamatsuri service at 10 AM. Rinban Katsuya Kusunoki will deliver the Dharma Talk at this special service as well as the Japanese Program. Following the after service programs, a complimentary lunch will be served at



4月 本堂の中心で念仏を叫ぶ！

春になりました。春といえば、暖かくなり、動物は活動的になり、植物は芽吹きはじめる季節です。また、日本の学校では、3月に、卒業式があり、4月には入学式があります。このように春は、別れと出会いの季節でもありますね。出会いと別れは、時として素敵な恋を生みます。みなさんはいかがですか？恋をしていますか？また、若かりし頃の淡い恋の思い出に浸ったりすることはありますか？

みなさんも、自分が恋した時のことをちょっと思い出してみてください。いろんな甘酸っぱい思い出が甦ってくるのではないのでしょうか。自分の思いを、好きな異性に伝えるときは、どうしようもないくらい胸がドキドキするものです。

さて、ここで、ある男性がある女性に恋をした、というケースを考えてみましょう。まず、男性は、好きな女性に声をかけます。そして、食事やデートに誘います。ある場所で待ち合わせをして、デートへ出かけます。ドライブなんかもいいですね。

男性は、場を盛り上げるために一生懸命話をしたり、好きな彼女の思いを探るためにいろんな質問をしたりします。しかし、なかなか、自分の思いを伝えることはできません。自分の思いを伝えるというのは、勇気がいるものです。しかし、そんな弱い心を奮い立たせ、そして、思い切って自分の思いを伝えます。

「一つ君に伝えたいことがある。僕には、君しかいない。愛してる。」

続いて、男性は好きな理由を述べ始めます。

「君の瞳は美しい。君のように優しくて、美しい人は

他にはいない。私は、あなたの．．．が好きだ。」

男性はとにかく彼女を褒め尽くします。自分の正直な思いを彼女に伝えます。ひとしきり言い終わったら、最後に、もう一度「愛してる」と一言、そして、彼女からの返事を待ちます。

「私も愛してるわ」

その言葉を聞いた瞬間、男性は大興奮です。喜びの絶頂です。この幸せを自分の中に抑えることができず、友達にこの喜びを伝え、この幸せな気持ちを分かち合います。結婚式というのは、幸せをみんなと分かち合う一つの機会ですね。

なんだか、恥ずかしくなるようなラブストーリーでしたが、ここで、このラブストーリーについてちょっと整理してみたいと思います。

- 1、デートへ誘う。（招待）
- 2、思いを伝える。（告白）
- 3、相手を褒める。（称賛）
- 4、「愛してる」と思いを伝え、「愛してる」と返事をもらう。（相思相愛）
- 5、幸せを、友達と分かち合う。（共有）

この順番、何かに似てると思いませんか？私は、この順番は、お寺のサービスプログラムに似ていると思います。シアトル別院の春のお彼岸法要のプログラムを例にしてみます。

- 1、三奉請
- 2、表百
- 3、読経（讃仏偈）

4、念仏

5、回向

この、お彼岸のプログラムと恋愛の順番を比較してみたいと思います。

1、デートへ誘う／三奉請（招待）

「阿弥陀様、お釈迦様、そして、十方の仏様、どうぞこの本堂へお越しください。このきれいな花びらを降らせて、仏様方をお迎えいたします。」

三奉請をお称えすることで、まず、仏様方を本堂へお誘い、お招きします。

2、思いを伝える／表百（告白）

続いて、お坊さんが、参列者を代表して、表百を読みます。

「本日、ここへこうして集まり、阿弥陀さまの前に座らせていただいているのは、春のお彼岸法要を勤めるためです。この法要を通して、私の阿弥陀様への尊敬と感謝の思いを伝えさせていただきます。」

表百を読むことは、法要の意義を明らかにすると同時に、阿弥陀様に対する信仰の告白をすることです。

3、相手を褒める／読経（称賛）

“経”とは、仏様のみ教え、仏様のお言葉のことです。その一言一言には、仏様の徳と想いが詰まっています。その一言一言が、私に真実を伝えてくださっているのです。読経するということは、仏様のみ教えを褒め称えるということです。

4、「愛してる」と思いを伝え、「愛してる」と返事をもらう／念仏（相思相愛）

ここが一番重要な、気持ちが高ぶる場面といえるでしょう。

「阿弥陀様にすべてお任せいたします。」「お前をそのまま受け止めるよ。」

私が私の思いをお念仏に乗せて表現すると同時に、阿弥陀様からの慈悲を受け取っているのです。南無阿弥陀仏とお念仏をお称えするということは、私と阿弥陀様がお互いに思いを伝え合っているということなのです。

5、幸せを、友達と分かち合う／回向（共有）

「この阿弥陀様からいただいた功德を、あらゆる命と分け合って、共に、阿弥陀様の極楽浄土へ生まれさせていだけましょう。」

回向をお称えするということは、喜びを分かち合うということです。

法要とは、私の阿弥陀様への尊敬と感謝の思いを表現する場です。阿弥陀様とのラブストーリーを奏でる場です。法要に参加した一人一人が、阿弥陀様とそれぞれの思いをぶつけ合い、確かめ合っているのです。我々の思いをしっかりと表現できるように、法要のプログラムはできています。その一つ一つに大切な意味があるのです。法要を通して、それぞれの過程を通して、私の命の有り様を見つめていくのです。これからシアトル別院でも、花祭り、降誕会、お盆などなど、いろいろな法要が執り行われます。みなさん、ぜひお寺へお参りしてください。そして、お寺のど真ん中で、南無阿弥陀仏とお念仏を称えてみませんか！！

APRIL 2019 BETSUIN SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 2019: Major Events May 1,8,15,22 Jodo Shinshu study classes May 3-6 Dr. Nobuo Haneda English/Japanese lectures May 12 Rennyo Shonin Memorial Service May 19 Gotan-e (Shinran Shonin's birthday) service May 26 Scholarship Awards service	1 Rinban's day off	2 9:30 am Omigaki	3 10 am Morning Service	4 1:30 pm Nikkei Manor Service (Rinban)	5 12pm Gojikai Svc	6 9:30-11:30am Book Study "Shoshinge" continued
7 9:00 am Meditation (Rev. Castro / MA Leonora Clarke) 9:15 am Sweet Tea Offering 10:00 am HANAMATSURI (Rinban Kusunoki) 10:50 am DX (Rev Castro - "Tannisho") Japanese (Rinban) DSDX (Guest Carla Prater, Buddhist Global Relief) 11:45 am Hanamatsuri Luncheon (complimentary)	8 10:30 am Keiro Hanamatsuri svc	9	10 10 am Morning Service	11 10 am-1 pm Japanese service at White River	12	13 10:30a-12p Gagaku practice
14 9:00 am Meditation (Rev Castro /MA Leonora Clarke) 10:00 am SUNDAY SERVICE (Rinban Kusunoki) 10:50 am DX (Rinban Kusunoki) DSDX (MA Rev Rosalie May) Japanese (Video - Connor McKinney) 1:30 pm Sangha Award class (MA Jason & Rinban)	15 Rinban's day off 8 pm Newsletter deadline	16 10 am Shinran Shonin monthly memorial svc	17 10 am Morning Service	18 1:30 pm Nikkei Manor Service (Rev Irene Goto)	19	20 9:30a - 4:30p EcoSangha Seminar with Dr Duncan Williams
21 9:00 am Meditation (Rev Castro / MA Leonora Clarke) 10:00 am EARTH DAY MUSIC SERVICE (Dr Duncan Williams) 10:50 am DX (MA Rev Irene Goto) DSDX (Rinban) Japanese (Dr Duncan Williams) 12-1 pm "American Sutra" discussion (Dr Duncan Williams) 12-2 pm Open house at newly remodeled parsonage	22 Rinban's day off	23 10:30 am Keiro service	24 10 am Morning Service	25 11:00 AM Merrill Garden Renton service (Rev Castro)	26 FDSTL - San Jose	27 FDSTL - San Jose
28 FDSTL - San Jose 9:00 am Meditation (Rev Castro / MA Leonora Clarke) 10:00 am SUNDAY SERVICE (MA Jason Yokoyama) 10:50 am DX (MA Rev Matt May - "Buddhism on Air") DSDX (MA Rev Rosalie May) Japanese (Video - Connor McKinney) 11:30 am SBBWA New Member Service & Luncheon 1:30 pm Sangha Award class (MA Jason Yokoyama)	29 Rinban's day off	30	31 10 am Morning Service			

Seattle Buddhist Church

1427 S Main Street

Seattle, WA 98144



April 2019

Wheel of the Sangha

A Monthly Newsletter of
Seattle Buddhist Church

THIS
IS
A COVER PAGE
PLEASE SCROLL UP ↑
FOR NEWSLETTER

“Peace and Harmony” when we encounter the Dharma

Sundays... Please confirm at www.SeattleBetsuin.org “coming events” or
call the temple office 206.329.0800

9:00 am - 9:40 MEDITATION in Memorial Hall Chapel east wing

10:00 am - 10:35 SERVICE - in *hondo* (main hall)

10:35 am - 10:45 SANGHA GATHERING - offer incense, “meet and greet”

10:50 am - 11:30

CHILDREN’S DHARMA SCHOOL classes during the public school year
JAPANESE PROGRAM in hondo (main hall) with a message in Japanese
DHARMA EXCHANGE – a mix of discussion and educational programing;
downstairs dining room

PARENTS’ DHARMA EXCHANGE in Memorial Hall Chapel - discussion
among young adults and parents while children are in class.

TEMPLE TOUR

11:30 - 12:00 REFRESHMENTS and Social in dining room downstairs

Contact Us

**Seattle Betsuin Buddhist
Temple**

1427 S Main Street

Seattle, WA 98144

Phone: 206. 329.0800

Fax: (206) 329-3703

Email: office

@SeattleBetsuin.com

*Visit us on the web at
WWW.*

SeattleBetsuin.com

Office Hours:

Mon-Fri 9am—4pm

***Emergencies: Call
the temple office
for updated record-
ed message.***

Wheel of the Sangha Editors
Irene Goto, English: newsletter@seattlebetsuin.com

Deadline is the third Monday each month at 8PM