



Dana for World Peace

by Rimban Katsuya Kusunoki



Photo by Joe Gotchy

The NW District of BCA is going to hold its annual convention in conjunction with the BCA National Council Meeting at the Hyatt Regency in Renton, Washington in February 2020. Seattle Betsuin is hosting both these big conferences. The theme is “Dana for World Peace”. We took this theme from

the slogan of our sect, Jodo Shinshu Hongwanji-ha. Our Gomonsu also mentioned this slogan in his New Year Greeting message. (Please see the 2019 January Wheel of Dharma.)

“What can I do to contribute to world peace?” Regardless of nationality, race, religion, or occupation, everyone has their wish for World Peace. That’s the very reason it is important to be aware that we are Buddhists, Shin Buddhist, followers. The BCA National Council meeting and the NW Convention are gatherings for Shin Buddhists; these are not political gatherings nor are they gatherings for activists. We learn Buddhism, seek enlightenment and practice Dana as much as we can. Through walking this Buddhist path, World Peace and everyone’s peaceful life are spontaneously fulfilled. It is like putting the cart before the horse if we just utilize Buddha Dharma to make world peace. *Therefore, at the conference of “Dana for World Peace”, it is important to seriously think about what Dana is, to think about and learn how we can practice Dana in our daily lives and understand how Dana gives rise to making World Peace.

In July, a gathering, “Peace of Liberty” was held at the Wisteria Park across the street from the Seattle

Betsuin. The immigrants from Central America were sent to a camp and parents and children are separated there. The “Peace of Liberty” was the gathering to protest this issue. I have a son who just became three years old. So, I also felt that children should stay with their parents. I think everyone who was there had the same feeling. A couple of speakers gave speeches and most speakers criticized the government and used the word “outrage” in their speech. I felt their speech inflamed people’s complaints and anger.

Buddhism teaches us that human beings have three poisons. These are Greed, Anger, and Stupidity (or ignorance). Abbreviated, we call them “GAS”. At Sunday Service and Dharma School, we teach that the three poisons are the causes of our human sufferings, we try to realize what kind of three poisons we have and try not to use them. Then, we can live our lives with gratitude. Dhammapada 5 also says, “In this world, hatred is never eliminated by hatred, but hatred is eliminated only by abandoning hatred. This is an eternal truth”. These are the fundamental teaching of Buddhism, and dharma school students also know this teaching very well. Buddhist ministers and followers follow the teachings and show their (our) way of living to children and other people. It is one of the aspects of “Dana”.

I am not denying what the “Light of Liberty” speakers said. I just feel their approach and the Buddhist approach to “World Peace” are different. We are Shin Buddhists, Jodo Shinshu followers. By appreciating causes and conditions, we are able to encounter the Buddha Dharma.

The world in which we live
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now is changing rapidly. There are many things happening simultaneously. Everybody has different values and ethical views. As times change, values and views also change. We all have our karma to live in this world. Precisely for this reason, it is important to walk the Buddhist Path which is unwavering and tells us the universal truth. Jodo Shinshu, Shin Buddhism, is the path for people who have the Karma to live in this world. How does practicing Dana and walking the Shin Buddhist path contribute to World Peace and make people's lives peaceful? How do we live our secular life following the Buddhist Path and the teaching of Dana? The Convention in February is an opportunity to think about how Dana and walking the Shin Buddhist Path give rise to blooming a flower of world peace. *(To be continued)*

Gassho, Rev. Katsu

Lecture by Reverend Kiyonobu Kuwahara, KyoGyoShinSho and "Practice," engaged and provoked.

On October 19, 2019, 34 participants attended the Seattle Betsuin's Fall seminar given by Rev. Kiyonobu Kuwahara of the Berkeley Buddhist Temple. The seminar title was "Master Shinran's True Teaching, Practice and Realization of the Pure Land Way." (Kyogyoshinsho in Japanese.) This session was preceded by a Japanese language talk the day before on the same topic for 30 attendees.

In addition to Sangha members, we were happy to welcome seven visitors from the Red Cedar Dharma Hall. They are a group from Bellingham, WA who practice Soto Zen and wished to expand their understanding of other Buddhist schools.

Rev. Kuwahara's talk began with a general overview of statistics about the Jodo Shinshu Hongwanjiha school and affiliates around the world. He also shared fascinating details about the handwritten col-



Photo by Joe Gotchy

lection and passages by Shinran Shonin, which have survived earthquakes, fires and ravages of time.

He reminded attendees of the meaning contained within names, using the example of a loved one and how we feel when we hear their name. Because of our relationship with our loved ones we feel something special. Similarly when we have an appreciation and relationship with the

Buddha Dharma it's natural to want to express our gratitude for what we received. He added that when we recite Amida Buddha's name, specifically "Namo Amida Butsu" we are responding to the active wisdom and compassion in life which is constantly reaching out to us.

Kuwahara Sensei quoted passages where Amida Buddha is described as "inconceivable" and yet we have received forms of the Buddha such as statues and sutras as tools. We should recall the true point and essence within these forms. We should be active in asking ourselves about the meanings.

He shared a story from his life of a time when a member baked a cake for a group of ministers as an example. The Bishop cut the cake and served it but reminded the others that they weren't just eating a piece of cake. In actuality, they were recipients of the member's gratitude and countless causes and conditions which made the cake possible.

Rev. Kuwahara continued to clarify the meaning of practice in Jodo Shinshu as compared to other Buddhist schools. Nembutsu is not just practice alone but it is rather an expression of awareness or shinjin. Trust in Amida Buddha and recitation of the name are two sides of one coin.

Another key point was that when we compare descriptions of the Pure Land to our impure world this should push us to take steps to change our perceptions and our actions from an egocentric view. When we listen to and consider what the teachings are saying we discover that the Buddha wants to give us a clear view of reality.

The session was very engaging and thought provoking. We were happy to have Rev. Kiyo share his insights with us and look forward to seeing him again next April when he continues his talks on other aspects of the Kyogyoshinsho.

Submitted by Dean O'Shields



Photo by Dean O'Shields

Dharma Exchange Notes

by Pat Bobrow, Meya Stout, Irene Goto. Dharma Exchange is a mix of discussion and educational programming that takes place in the dining room downstairs. Join us — we enjoy coffee and donuts almost every Sunday after service.

Aug 4. Led by Rev. Castro. He described the Book Group read, American Sutra: A Story of Faith and Freedom in the Second World War, by Duncan Williams, as very informative. The propaganda was that to be a true American, you must be a Christian. Liberal Christian Community collected Christmas gifts for the camps; Evangelical Christians did not do this because they viewed it as “aiding the enemy”. Public displays of Buddhist faith were deemed inappropriate. In Charles Kikuchi’s journal entry from 1942 a conflict and heated argument occurred about covering *obon* in the Camp’s newspaper.

Williams’ point is that in the Camps, there was a treatment of Japanese-American as guinea pigs to assimilate to Christianity in order to be truly American.

We look at Cause and Effect as a Buddhist concept. “it’s in God’s hands...God will take care of it.” Manifest Destiny. Participant Tetsu said it took Duncan Williams 19 years to write his book. Duncan’s book exposes a lot of Issei history from WWII that we didn’t have; so, we should read it. We have to know our history.

As a teenager right after Pearl Harbor, a girl walking home from school had a lady grab her by the shoulder and asked, “Are you Japanese or Chinese?” Gripped with fear, she said, “Japanese”. The lady said, “Wrong. You’re an American!” She ran home and talked to her family about the interaction, realizing her view was that she couldn’t truly be American unless she was white. She mused the lady who had stopped her was a teacher.

Aug 11. A combined Dharma Exchange took place in the hondo with a talk by Dr. Tsukasa Namekata on the Health Effects of Atomic Bombs Dropped in Hiroshima and Nagasaki in August 1945 & Issues related to Low Level Radiation Exposure.

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Seattle Buddhist Study Center

2019 LECTURE SERIES 2020

OCT 23 Wednesday	“Shin Buddhist Ethics: Engagement with the Self” Seattle Buddhist Temple; 7:00 pm – 8:30 pm Rev. Dr. Takashi Miyaji	 Rev. Dr. Takashi Miyaji Minister, Tacoma Buddhist Temple
JAN 25 Saturday	“Mindful Eating – Compassionate Living” Seattle Buddhist Temple; Half-day retreat, 9:00 am – 12:00 noon Dr. Sharon Suh	 Dr. Sharon Suh Professor of Buddhism, Seattle University; Certified Mindful Eating-Conscious Living Facilitator
FEB 2 Sunday	“Zen Master Dogen’s ‘Mountains and Waters Sutra’” Seattle Buddhist Temple; 11:00 am – 12:00 noon Rev. Dr. Jason Wirth	 Rev. Dr. Jason Wirth Professor of Buddhism, Seattle University; Certified Mindful Eating-Conscious Living Facilitator
FEB 22 Saturday	“D.T. Suzuki and the Remaking of Pure Land Buddhism” Northwest Buddhist Convention; 10:45 am – 12:00 noon Hyatt Regency Lake Washington at Seattle Southport, Renton Dr. James Dobbins	 Dr. James Dobbins Professor Emeritus of Religion and East Asian Studies, Oberlin College, Ohio
MAR 3 Tuesday	“Thirty Verses on Representation Only by Vasubandhu” Seattle Buddhist Temple; 4:00 pm – 5:30 pm Rev. Yuki Sugahara	 Rev. Yuki Sugahara Minister, Oregon Buddhist Temple
MAR 29 Sunday	“Reading Dogen and Shinran Together During the Ecological Crisis” Seattle Buddhist Temple; 10:30 am – 11:30 am Rev. Dr. Jason Wirth	 Rev. Dr. Jason Wirth Professor of Buddhism, Seattle University; Certified Mindful Eating-Conscious Living Facilitator
APR 25 Saturday	EcoSangha Seminar: “Small is Indeed Beautiful” Tea Ceremony by Chiaki Ito Seattle Buddhist Temple; 9:30 am – 3:00 pm Rev. Dr. Jason Wirth, Rev. Don Castro & Speaker TBD	 Rev. Dr. Jason Wirth Professor of Buddhism, Seattle University; Certified Mindful Eating-Conscious Living Facilitator
MAY 31 Sunday	“Early Hindu Philosophy and Buddhism” Seattle Buddhist Temple; 10:30 am – 11:30 am Dr. Prem Pahlajrai	 Dr. Prem Pahlajrai Senior Lecturer, Hindi and Indian Philosophy, University of Washington

SEATTLE BUDDHIST TEMPLE

1427 S Main, Seattle, WA 98144

All events open to general public. For more details on specific events, please visit our website.

www.seattlebetsuin.org/sbsc

Welcome! Thank you for signing up to be a part of the new **Seattle Buddhist Study Center!**

This is a unique opportunity to be part of an inclusive Buddhist community encouraging people from all sects to come together and learn more about Buddhism as a whole!

Homepage <https://seattlebetsuin.com/sbsc/>

We hope to see you at one of our upcoming events. Above, you will see our Calendar of speakers through May of 2020. As we continue to schedule future talks, we will send out periodic updates and descriptions on the sessions that we will be holding.

If anyone you know would be interested in joining our mailing list, go to <https://lp.constantcontact.com/su/frSTeVz/SBS> and invite them to join in expanding their Dharma knowledge!

In Gassho, Seattle Buddhist Study Center

11月Dana For World Peace

来年の2月に、米国仏教団の総会とノースウェストコンベンションがレントンにあるハイアットレガシーホテルで同時開催されます。そのテーマは “[Dana For World Peace](#)”です。これは、私たちの宗門、浄土真宗本願寺派が掲げているスローガンで、専如ご門主様も、今年の年頭のご挨拶で触れられております。

世界の平和のために、私に何ができるだろうか、これは、国籍、人種、宗教、地位などを問わず、みんなが考えていることだと思います。であるからこそ、私たちが常に心の芯に持っておかないといけないのは、私たちは、仏教徒、浄土真宗の門徒であるということです。米国仏教団の総会とノースウェストコンベンションは、政治集会でも平和集会でもなく、仏教徒、浄土真宗門徒の集まりということです。私たちが仏教を学び、悟りを目指し、Dana（布施）などの行をできるかぎり実践していくこと、つまり仏道を歩んでいくことが、そのまま、世界の平和にも、個人個人の平穏な生活にも繋がっていきます。ですから、仏法を世界平和や人間の自由や平等のために利用しようとするのは、本末転倒です。ですから、Dana For World Peaceをテーマとする集会では、まず、仏道修行の一つであるDana（布施）とは、何なのか、Dana（布施）をどのように実践していったらいいのか、Danaがどのように世界平和や個々の安穏な生活につながっていくのかを真剣に考えていくことが大切です。

今年の7月 “Light of Liberty”という集会がシアトル別院の前の公園で開催されました。それは、アメリカの南の方から入国してきている移民の方々が、収容所に入れられ、しかも、親子が強制的に離れ離れに収容されていることに対する抗議集会でした。私も子を持つ親として、親子が離れ離れになっている状況は、なんとか改善してもらいたいという思いがありました。おそらく、そこに参加した方々もみんな同じ思いであったと思います。何人かの方が登壇し、スピーチをされました。その中で、多くのスピーカーの方が、現政権に対する批判とともに、“**Outrage**”という言葉をよく使っていました。私には、そこに参加している人たちの怒りや不満を煽っているように感じました。

仏教では、人間は三毒の煩悩を持っていると説きます。それは、貪欲、瞋恚、愚痴の三つです。英語では、**GAS (Greed, Anger, Stupidity)**としてよく紹介されます。サンデーサービスやダルマスクールでも、それら三毒の煩悩が人間の苦の原因で、それらを少しでも無くしていこう、自分が持っている煩悩をしっかり知ろうと、説きます。そうしていくことで、日々、感謝と共に生きていくことができますよと説きます。ダンマパダにも“この世においては、怨みに対して怨みを持って返すなら、いつまでも怨みが消えることはありません。怨みを捨ててこそ怨みは消える。これは永遠の真理です。”とあります。これは、仏教の根本の教えであり、ダルマスクールの子どもたちも良く知っています。そのような仏法

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Musical Notes

submitted by Kemi Nakabayashi

Please mark your calendar for the 11th annual Autumn Family Music Service on Sunday, November 24, featuring the Bodhi Ensemble youth instrumentalists and the Seattle Betsuin Ukulele Band. We encourage you to invite other family and friends to this special presentation programmed as a preview of "Dana for World Peace", the theme of our upcoming joint BCA National Council Meeting and Northwest District Convention in February 2020.

Through the fall, we have been presenting some new music from the gatha book ***Sing Namō Amida Butsu*** as well as singing older favorite children's gathas from the past. Also, at the Dharma Exchange on September 29, we sang *Raisanka*, one of the earliest gathas in our Jodo Shinshu Buddhist tradition. Particularly meaningful with the recent visit of our Gomonshu Kojun Ohtani, we reviewed the lineage of his family as they relate to the lyrics of the verses of *Raisanka*. Each verse is a *tanka* poem written by a member of the family of the Gomonshu of the Jodo Shinshu Nishi Hongwanji. The first verse was written by Myonyo Shonin, the 21st Monshu of Nishi Hongwanji. The second verse was written by Kazuko Ohtani, wife of Kozui Ohtani, the 22nd Monshu Kyonyo Shonin. The third verse was written by Kinuko Ohtani, wife of Kozui Ohtani's brother Komyo Otani or Jonyo Shonin. The fourth verse in one of the earliest published versions in 1934 was a poem written also by Myonyo Shonin, the author of the first verse. In 1939, a version of *Raisanka* was published that contained a new fourth verse written by Lady Yoshiko Ohtani, paternal grandmother of our current Gomonshu Kojun Ohtani, thought to have been written around the time of the marriage of Lady Yoshiko to Kosho Ohtani, the 23rd Monshu Shonyo Shonin in 1937. Then there appeared around 1969 a different fourth verse of *Raisanka*, also by Lady Yoshiko Ohtani. In all, there have been two changes to the fourth verse while the other verses have remained the same. We appreciate the inquiry that Hawaii Music Committee made to the Honzan Music Department and sharing the information with us. In the process of using the reference book ***Seika Sanka Shu*** as published by Hongwanji, we noticed that the fourth verse differed from verse published in the BCA ***Shin Buddhist Service Book***. Rinban Kusunoki along with Dennis Yamashita, Junko

Nakano, and Etsu Shimbo worked on the English translation of the fourth verse that appears in ***Sing Namō Amida Butsu*** while the other translations published were as presented in the BCA ***Shin Buddhist Service Book***.

Thank you to Yoko Yanari who has been preparing ***Sing Namō Amida Butsu*** for a second printing and working out the logistics of fulfilling the request of books for purchase by BCA temples as well as temples in Hawaii and Southern Alberta, Canada.

Camp Fire News

Dolphins 9/10 submitted by Lauren Chin

On September 29 the Starflight Carnival 2019 was held at the Seattle Buddhist Temple. This is a fall carnival that encourages young children to join and have fun in Camp Fire. Preschool to 2nd grade students attended the carnival and they made crafts, played games, and did other fun activities. We had almost 50 children participate in the fun.



The Seattle Betsuin Gratefully Acknowledges the Following Donations September - October 2019

Funeral / Memorial / Nokotsudo:

George Koyama - 17 th Year Memorial;	\$ 550.00	Richard & Edna Koyama; Frances
Miyoko Koyama – In Memory of Mother;		Koyama; Greg & Tina Koyama
Linda Okuma – In Memory of Sister		
Nokotsudo	\$ 300.00	Frances Shintaku

Given by:

In Memory of:

Helen Gota	Susanne Umeda
Eddie Hiroo	Stephen Hasegawa
Haruso Taketa	Kristine Simons

Given by:

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Frances Shintaku

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Donor:

For:

Rinban Katsuya & Ayano Kusunoki	Celebration of Yuiya's 3 rd birthday
Julianne & Gary Tosaya	General Donation
Katsuko Hirota	Visitation
Susanne Umeda	General Donation
Gordon Habu & Mae Yamasaki	Appreciation for Mikio's Kikyoshiki
Japanese-American Citizens League	Appreciation from Seattle JACL and Tseru for
	Solidarity for Lights of Liberty rally
Brian Masuo	Appreciation for use of Dining Room for Investment Club
Norigiku Horikawa	Appreciation for use of Dining Room
Nikkei Heritage Assn of WA,	Appreciation for 1 month use of Temple Facilities
dba Japanese Cultural & Community Center of WA	
Frances Shintaku	Donation to Camp Fire and Jr. YBA

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Congratulations, Hatsumairi Families!

On October 20, 2019

Katherine and Michael Brownlee with son Kylen Brownlee

Sharyl Yamamoto with daughter Miya Yasuko Butler

came before the shrine of Amida Buddha and solemnly vowed to guide their child according to the high ideals as set forth in the Teachings of the Buddha.

Namo Amida Butsu....

- IHG

Seattle Betsuin Buddhist Women's Association

submitted by Janie Okawa and Nina Tomita-Kato

- N.W. Convention is in the works; "Dana for World Peace" is the theme. Please consider joining us for this event.
- Craft making is in the process. Please consider helping us out on our projects to be used as a fundraiser.. Dates posted in the SBBWA flash.
- Ballots have been sent out for the 2020-2021 Board of Directors.
- Thank you, Dennis Shibata, for all your assistance to SBBWA!

Thank you for joining us in honoring and remembering the dedication and hard work of our 790 past members at the SBBWA Memorial Service. They personified our Mission statement: *work so hard to support the temple, each other, and promote Jodo Shinshu Buddhism*. In gratitude and appreciation to mother, grandmothers, aunts, and friends.

These last months we have been busy with classes and trips. After returning from the World BWA convention, a bus load of members from SBBWA and White River toured the SeaTac Botanical Gardens (right), ate at the Muckleshoot Casino, and shopped.

- Ritsuko Kawahara showed everyone how to make chikuzen, and Jeff Yamane taught us how to make bread.



Dennis Shibata, Janie Okawa and Kanako Kashima thanking Dennis



General Donations: January to September 2019 Douglas & Keiko Dodobara (In memory of Michiko Yanagimoto), Aiko Fujii (In memory of Shige Fujii & Minoru Fujii), Suzanne Fujinari (In memory of Gayle Sordetto), Margaret Gotchy (General), Setsuko Harada (In memory of Ume Terao and Mitsuyo Harada), Mieko I. Keating (In appreciation of visitation), Momoko Kido Trust (In memory of Momoko Kido), Allan & Rose Kishi (In appreciation of Muckleshoot/Seiki Garden outing), June Kosai (General), Carolyn Kunihiro (Lady Takeko Kujo and Lady Ohtani Service), Wayne Kuramoto (In memory of Ruby Yasui), Kinue Kuwahara (Donation for Waffle breakfast Bake Sale (6/2/19)), Patti Mastrude (In memory of Yoshi Hiroo), Richard & Leslie Matsuda (In memory of Yoshiko Miyauchi), Estate of Takashi Matsui (In memory of Takashi Matsui), Karen Morikubo (General), Karen Murakami (In appreciation of Muckleshoot/Seiki Garden outing), Karen Murakami (In appreciation of Sheri Mizumori's talk on Brain Health), Julie Myers (General), Julie Myers (General), Joan Nakano (In memory of Krista Nakano), Yasuko M. Natsuhara (General), Leanne Nishi-Wong (General), Nobuko Otsuji (General), Celia Sekijima (In memory of Dorothy Nishimura), Shirley Shimada (In appreciation of SBBWA help during memorial service for husband Mas), Fran Shintaku (Donation to cover tissue boxes for assisted living facilities), Nori Suguro (In loving memory of Mrs. Kabuki), Ileen Tanabe. (Oshogatsu), Terrie Tanino (General), Suzuko Terada (General), Alvin & Mitsuko Terada (In appreciation of Sheri Mizumori's talk on Brain Health), Michiko Toyoshima (General), Machiko Wada (In memory of Krista Nakano), Yasui Family (In memory of Ruby Yasui), and Fuyo Yoshida (In memory of Haruko Kuruki)

Donations in appreciation of Suzanne Fujinari; WBW Conference Omiyage Craft Project: Aiko Fujii, Haru Hirota, Kanako Kashima, Irene Mano, Claire Murata, Kemi Nakabayashi, Janie Okawa, Angela Seon Sanchez, Etsu Shimbo, Meya Kikuchi Stout, Anna and Kiyomi Tamura, Mayumi Terada, Nina Tomita-Kato, Shizue Yahata, Charlene Yoritsune, and Fuyo Yoshida

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Memorial Service 2018: Jennifer Habu **BOD member donations for Irokai 2018:** Lauren Asaba, Norigiku Horikawa, Karen Morikubo, Gail Suzaka, Suzuko Terada, Nina Tomita-Kato, and Shizue Yahata
Submitted by Karen Morikubo

Dharma School Report

Submitted by Joyce Tsuji

Calling All Children Interested In The Upcoming Ochigo Procession Sunday, November 17, 2019! If you have a child between 4 and 9 years old who is interested in participating in this memorable event coinciding with the annual Etaikyo/Muen Hoyo Service. Contact Claire Murata, murata.claire@gmail.com or Ann Ishimaru annishimaru@gmail.com by November 10th to register. You may also contact the Betsuin office for more information at (206) 329-0800. There are a limited number of costumes so participation will be determined on a first come first serve basis.

Classroom Reports

Pre-K/K Classroom Report The Pre-K/K students listened to the story *Mindful Monkey, Happy Panda* and talked about bringing attention to whatever they are doing in order to be happy and peaceful. Following the story, they selected beads to make onenjus, including beads with letters spelling their names. The students made panda onenju cases for their new onenjus to remind them to be mindful of the Buddha Dharma when repeating the Nembutsu. The children also learned about the different parts of the Obutsudan. They each made a miniature Obutsudan out of wood that included flowers, a candle and rice offering. The students learned about the meaning of Ohigan and to celebrate Fall Ohigan they were able to sample Ohagi – which most of them liked! They also learned about Interdependence through a story about Winnie the Pooh and his friends helping another friend pick fruits and vegetables. And in return their friend Rabbit made a feast. The students then made an apple wreath to celebrate Fall Harvest. The class listened to the story, *The Pumpkin Patch*, a traditional Buddhist tale, and discussed the Buddha's way of helping people to be happy. Students made a pumpkin to remind them of the story and how to follow the Buddha's way to finding peace.

3/4/5 Grade The 3/4/5 class learned about our temple's history and trivia through a BINGO game and tour by Sensei Irene. There were symbols that



we had not noticed before and we were surprised by some interesting facts. We will look deeper into our temple's story through stories found in Mukashi Mukashi, Long Long Ago: The First Century of the Seattle Buddhist Church.

We are grateful to the middle school classroom for planning the much-anticipated Halloween party that we always look forward to.

We love your kids, and we love hearing what they have to say. If you have a chance, check in with them about whether they're enjoying class, and whether they have any suggestions! We want them to love Dharma school!

Finally, I want to thank Erin Taylor for coming to our open house last week and participating!!!! We hope to have more open houses in the future and that all of you will be able to come!

Thank you, and gassho, Yvette.

Locate these on our Temple building:



What is their significance?

Dharma Exchange Notes ...continued from p. 3
Please look for missing August/September Notes in coming issues.

Sept 15. Rev. Kusunoki attended Ichiro's retirement ceremony celebration at T-Mobile Park the prior day. Sensei arrived 2 hours early and got 2 Ichiro bobble-heads.

Sensei thanked everyone for hospitality shown for Gomonshu's visit which everyone enjoyed. Lots of food was served everywhere. SBBWA prepared traditional Japanese food for the hotel, (*onigiri*), and was happily consumed. Bishop Umezu even called to request bento box for the next day.

Sensei reminded us to recognize the self in the *Butsuzou*, the golden statue; to realize that it is not the statue, but the Buddha that is the guidance. Sensei doesn't know which of the 84,000 sutras to follow, but that is why we follow Jodo Shinshu and Vows selected by Shinran Shonin.

Sensei talked about the *Eko* that is recited after sutra chanting. It is an important Buddhist term meaning to transfer merit to other people. [Editor's Note: rather than transferring merit, the Jodo Shinshu feeling is to share the teaching equally with all]. In Japan, *On-dokusan* is sung as *Eko*. Everyone enjoyed the explanation of *Eko*.

Sensei talked about *Dana*. Offering incense (*oshoko*), fruit, donations is an expression of appreciation and gratitude rather than a means to acquire merit. This is an important distinction from other sects. He said we should try to learn and do as much as we can so that we can help others.

A special thank you was given to Dennis Shibata by SBBWA for his hard work and participation given.

[Editor's Note: The above Dharma Exchange Notes were taken by Meya Stout and transcribed by Irene Goto. The following Notes were written and submitted by Meya Stout who will, with help from others, continue to contribute DX Notes. Pat Bobrow retired from Dharma Exchange Note-taking as of this issue.]

Sept 22. Minister's Assistant Rev. Irene Goto led discussion on 1) volunteers to take Dharma Exchange notes in Pat Bobrow's stead 2) The morning's dharma talk; Rev. Kazuaki Nakata was appreciated for his topic on death especially for ways to educate children. 3) Ohigan as an opportunity to make changes in one's life 4) what Dana for World Peace, NW Convention theme, means. One participant suggested addressing climate change with benefits for the earth—walks, recycling, little things.

Sept 29. Led by Kemi in the hondo singing new gathas.

Oct 6 Led by Minister's Assistant Leonora Clarke. Leonora has begun taking an intro to Sanskrit class at the UW, and asked if anyone else may be interested in learning about it as well. The correct pronunciation of Tathagata is: TA TAH GA TA .

She discussed the newly launched Seattle Buddhist Study Center (to hopefully become an outpost of the Institute of Buddhist Studies), and the people behind it: Rev. Dr. Takashi Miyaji, minister at Tacoma Buddhist Temple who will speak on, "Shin Buddhist Ethics – Engagement with the Self"; Reverend Dr. Jason Wirth, a Zen Master and author of *Dogen's Mountains & Water Sutra*; Dr. Sharon Suh, who will lead a retreat on mindful eating and author of *Occupy This Body*; Rev. Yuki Sugahara, minister of Oregon Buddhist Temple, will talk on "30 Verses on Representation Only" by Vasubandhu; Reverend Don Castro; Yoko Yanari; Professor Kyoko Tokuno; Dr. James Dobbins; Dr. Prem Pahlajrai. [See p. 3 for speakers list]

Oct 13 Led by Rev. Matt May with "Buddhism On Air". The first four months were on The Mark of Existence: The Nature of Suffering.

Now we are starting the Second Mark of Existence: Mutually Sustaining Life. Life is interdependent. Everything in this world is connected by a series of knots. "Non-self" or "non-ego." Everything comes into being dependent on someone else.

All conditioned phenomena are empty of its own nature. Reverend Matt May used the analogy of a scene from the *Matrix* movie. When Neo is in the white background scene with Lawrence Fishburn and he discusses what reality actually is.

Oct 20 Led by Rinban Kusunoki. Rinban passed around a copy of the original Kyo Gyo Shin Sho (donated to the temple by George Mizumori). He also showed a book, "The Collected Works of Shinran Shonin." From beginning page to page 363 is Kyo Gyo Shin Sho. If you want to sleep well, read this. This is why we need to rely on the teacher and the lecture for guidance.

Reverend Kuwahara's lecture the previous day was on Kyo Gyo Shin Sho. His lecture in February 2019 was on Kyo (Teaching/Guidance). This most recent was on Gyo (Practice). He is invited back in the spring in April for Shin (Entrusting Mind). Sho is realization.

Thank you, Pat Bobrow, for taking DS Notes for some 10 years. Gassho



ON BEHALF OF THE MEMBERSHIP COMMITTEE...

We would like to “thank” the following **regular members**, for contributing their minimum annual Sustaining Membership dues (the basic dues toward the Temple maintenance/operations). These are the most recently paid members for the fiscal year of **2019**.

Steve Aisaka, Masatoshi Aoyama, Gene & Yuki Arinobu, Jeanne Deaver, Janice Deguchi, Kenny & Yoshie Dodobara, Yoko Hamanaka, Robert Hamatani, Nelson Harano, Steve Hasegawa, Norigiku Horikawa, June Iwafuchi, Sharyl Kamihara, Arthur & Sally Kawaguchi, Rick & Karina Kawaguchi, Ritsuko Kawahara, Masako Kawamoto, Marc & Jan Keltner, Paul & Janet Knutzen, JoAnn Kosai-Eng, Paul & Teresa Mori, Tomio Moriguchi, Corey & Claire Murata, Teruko Nakamichi, Fumiko Nakamura, Kiyoko Nakanishi, Junko Nakano, C. Adam & Miya Nazarro-Gramp, Laura Nishina, Mari Ohara, Steph Ojima, Marianne Osaki, Connie Ozeki-Chinn, Sachiko Ozeki, Troy Parke & Mayumi Terada, Gerald Quintua, Kengo Sakamoto, Frances Shintaku, Nori Suguro, Wayne Suyenaga, Gail Suzaka, Garrett Suzaka, Illene Tanabe, Mark & Erin Taylor, Paul & Mabel Tomita, Julianne Tosaya, Robert Weinsheimer & Kari Palmer, Sharyl Yamamoto, Jason Yokoyama, , Mark Yuasa

We'd like to ‘WELCOME’ **Janice Deguchi, C. Adam & Miya Nazarro-Gramp, Laura Nishina, Wayne Suyenaga, and Sharyl Yamamoto** as new members of our Sangha.

(compiled by Howard, Joan, Pauline & Steph)

Rimban's Message continued from p. 4

に沿った生き方を、僧侶や仏教徒が、子供たちや周りの人に示していくのがDana（布施）の一つの形です。

私は “Light of Liberty” やそこで話をされた方々を否定してわけではありません。ただ、World Peaceにたいしてのアプローチの仕方が、仏教徒としてのものとは違ったということでしょう。私たちは、仏教徒です。浄土真宗の門徒です。縁あって、仏法という素晴らしい教えに出遭わせていただきました。私たちが生きている世の中はめまぐるしく変化しています。いろいろなことが世界中で起こっています。人々の価値観や倫理観も様々で、時代とともに変化しています。そのような世の中、時代の中に生きる業を抱えている私たちだからこそ、普遍的な真理を説く仏道を歩むことが大切です。そのような業を抱えながら、この世を生き抜く道を示してくれているのが浄土真宗です。仏道を歩み、Dana（布施）を実践していくことが、どのようにWorld Peace、個々の安穩に繋がっていくのか。それは、具体的にどのような生き方なのか。2月のコンペションは、仏道を歩み、Dana（布施）を実践することから花開くWorld Peaceについて考える集会にしたいと思います。

合掌

NOVEMBER 2019 SEATTLE BETSUIN SCHEDULE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2019: Major Events December 8 Bodhi Day Service and potluck luncheon Bodhi Day guest speaker, Rev Brian Nagata December 31 New Year's Eve service at 7 pm					1 12 noon Gojikai Svc & lunch meeting	2
3 9:00 am Meditation (Leonora) 10 am SUNDAY SERVICE (Rinban) 10:50 am Temple Clean up (No DX, DSDX or Japanese Prog) 11:40am Chibichan Taiko Clinic 11:45 am SBBWA BoD meeting	4 Rinban's day off	5	6 10 am Sutra Svc & Dialogue 11-2 English Play Group	7 9:30 am Sho Gagaku wrkshp 10:30 am Gagaku 1:30 pm Nikkei Manor Service	8 11-3 Japanese Play Group	9 9:30 am Sho Gagaku wrkshp 10:30 a - noon Gagaku practice
10 Rinban at Senshin Buddhist Temple 9:00 am Meditation (MA Rev Irene Goto) 10:00 am SUNDAY SERVICE (MA Rev Matt May) 10:50 am DX "Tannisho" (Rev Castro) DSDX (MA Rev Goto) Japanese Program (Video with MA Rev Matt May) 11:40am Chibichan Taiko Clinic	11 Office closed for Veteran's Day Rinban at Senshin	12 Rinban's day off	13 10 am Sutra Svc & Dialogue	14 10 am - 1 pm Japanese Svc at White River 7 pm Betsuin Cabinet mtng	15	16 9:30-11:30 am Book Study 10 am Shinran Shonin Monthly Memorial Svc
17 9:00 am Gagaku rehearsal and Ochigo prep 9:00 am Meditation (CANCELED) 10:00 am BETSUIN ANNIVERSARY, EITAIKYO & MUEN HOYO Dharma Talk (Rinban) 10:50 am DX "Buddhism on Air" (MA Rev Matt May) DSDX (MA Rev Rosalie May) Japanese (Rinban) 11:45 am SBBWA Cabinet meeting 1:30 pm Sangha Award class (Rinban/MA Jason Yokoyama)	18 Rinban's day off 8 pm Newsletter deadline	19	20 10 am Sutra Svc & Dialogue	21 1:30 pm Nikkei Manor Service 7 pm Betsuin BoD meeting	22 10 am - 1 pm Seattle Minister's Assistants mtng	23
24 9:00 am Meditation (MA Rev Irene Goto) 10:00 am AUTUMN FAMILY MUSIC SERVICE (Rinban) 10:50 am DX (Rinban) DSDX (MA Rev Matt May) Japanese Program (Video with Rev Rosalie May) 1:30 pm Sangha Award class (Rinban/MA Jason Yokoyama)	25 Rinban's day off	26 11-2 Japanese Play Group	27 10 am Sutra Svc & Dialogue	28 Office closed for Thanksgiving	29 Office closed	30

Seattle Buddhist Church

1427 S Main Street
Seattle, WA 98144

November 2019

Wheel of the Sangha

A Monthly Newsletter of
Seattle Buddhist Church

**Betsuin Anniversary
& Eitaikyo Service**
Sunday, Nov 17
Fall Music Service
Sunday, Nov 24

THIS IS
A
COVER PAGE
PLEASE
SCROLL UP
FOR
NEWSLETTER

“Peace and Harmony” when we encounter the Dharma

Sundays... Please confirm at www.SeattleBetsuin.org “coming events” or
call the temple office 206.329.0800

9:00 am - 9:40 MEDITATION in Memorial Hall Chapel east wing

10:00 am - 10:35 SERVICE - in *hondo* (main hall)

10:35 am - 10:45 SANGHA GATHERING - offer incense, “meet and greet”

10:50 am - 11:30

CHILDREN’S DHARMA SCHOOL classes during the public school year

JAPANESE PROGRAM in *hondo* (main hall) with a message in Japanese

DHARMA EXCHANGE - a mix of discussion and educational programing;
downstairs dining room

PARENTS’ DHARMA EXCHANGE in Memorial Hall Chapel - discussion
among young adults and parents while children are in class.

TEMPLE TOUR an opportunity to ask questions

11:30 - 12:00 REFRESHMENTS and Social in dining room downstairs

Contact Us

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***Visit us on the web at
SeattleBetsuin.com***

Office Hours:

Mon-Fri 9am-4pm

Emergencies

***Call the temple
office for updated
recorded message.***

Wheel of the Sangha Editor
Irene Goto: newsletter@seattlebetsuin.com

Deadline is the third Monday each month at 8PM